

THE TRiO TIMES

Spring 2022 Newsletter



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Words to Live By...

"Happiness is not achieved by the conscious pursuit of happiness; it is generally by the product of other activities."

-Aldous Huxley

Hello Again!

Greetings from TRIO Student Support Services!!

And just like that, the Spring 2022 semester is nearing an end! As the Spring season symbolizes growth and new beginnings, we hope your semester has allowed you the opportunity to grow and learn. We wish you luck in the next few weeks, as you focus on final exams and wrapping up another semester at the Nest, and with TRIO.

Also, remember that the TRIO Lab is NOW OPEN! Over the next few weeks, please feel free to stop by for a quiet place to study, a chance to relax and refocus, or simply to see friendly faces for support and encouragement! Finish strong!! Looking forward to seeing you soon.

Mrs. Wynette Keller, TRiO Program Director
wkeller@uiwtx.edu or 210-829-3938

Welcome to TRIO

TRiO is excited to welcome the newest members of the TRiO Team



Ms. Darianne Gutierrez- TRiO Program Counselor

Darianne is a proud alumnus of the University of the Incarnate Word, where she earned both her undergraduate and graduate degrees. As a first-generation student herself, Darianne is passionate about advocating for students to reach their academic goals. During her free time, Darianne loves taking road trips with her dog and friends to the beach.



Ms. Sarah Adame- TRiO Program Leader

Sarah graduated from Angelo State University in Dec. 2019, where she received a Bachelors in Health Science Professions, with a concentration in Public Health. Being a first-generation student who grew up in a low socioeconomic household, Sarah has made it her mission to help advocate for underserved populations. Sarah is currently pursuing a Master's Degree in Organizational Development & Leadership at UIW. On her free time, Sarah enjoys dirt bike riding and spending time with her loved ones.

Important Dates to Remember

April 7- 14 - Online Registration begins for Summer/ Fall 2022

April 22- Last day to drop course with a W or withdraw from UIW for Spring

May 1- Priority Deadline for Dec. 2022 Graduation Priority Deadline

May 2-6- Final Exams Week

May 6- Baccalaureate Mass

May 7- *Spring 2022 Commencement*

May 31- Summer 1 begins

June 3- Last day to add, drop, or change for Summer 1 & 2

June 3- Financial Deadlines for Summer 1 & 2

June 17- Last day to drop course with a W or withdraw from UIW for Summer 1

June 20- Juneteenth (June 19) Holiday; No classes. UIW Closed

July 1- Summer 1 Ends

July 4- Independence Day; No classes. UIW Closed

July 5 - Summer 2 Begins



A Look Back at Spring 2022 with TRiO...



TRiO at Alamo Heights Night
April 2022



Fiesta decorations handcrafted by TRiO
Students



Celebrating 20 years
of friendship and service



Behavioral Services meets
with TRiO



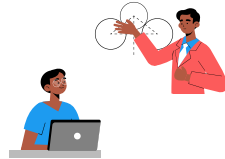
Preparing for Finals



- Prepare your own study guide
- Ask your professor for clarification on any material
- Attend or start a review session
- Start studying early, do not cram the night before
- Prioritize your study time by test dates or material
- Pace yourself to avoid burnout
- Find a good study spot... like the TRiO Lab!
- Take breaks to give your brain and body a chance to refresh
- Treat yourself to stay motivated
- When it is all over, take a moment to be proud of accomplishing another semester at the NEST



Need after hour tutoring?



Use Smarthinking, an online tutoring service available to all UIW students, 24/7. Smarthinking offers both live & asynchronous writing assistance. To access Smarthinking, search for it on Cardinal Apps.



Remind:

TRiO students can contact our staff about being added to Remind



Twitter:

@UIWTRiO

Follow Us!

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TRiO Student Support Services is a grant program, federally funded by the U.S. Department of Education, designed to serve 200 students from 2020- 2025.