

Fall 2022



RETURNING HOME

UIW Alumni Return to the Nest as Cardinal Parents



Mission Trip

"Being at the clinics, working hard every single day, feeling the adrenaline in my body, that was extremely awesome." That is how Gustavo Herrera Garcia, a UIW Nutrition major, recalls the mission trip he and 41 other faculty, staff and students took to Oaxaca, Mexico, from Sept. 3-11. The group, made up of community members from the Ila Faye Miller School of Nursing and Health Professions, the Feik School of Pharmacy, the Ettling Center for Civic Leadership and Sustainability, the Rosenberg School of Optometry, the School of Physical Therapy, Community Health, and Nutrition traveled to Oaxaca to provide medical services to the city's residents. They were joined by Sr. Adriana Calzada, CCVI, who represented the Sisters of Charity of the Incarnate Word on the trip. This was the first mission trip UIW has been able to take to Oaxaca since 2019 due to the COVID-19 pandemic.





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THE WORD

Dr. Thomas M. Evans and Mrs. Lisa Evans joined Red and the Student Government Association at the undergraduate pinning ceremony held Thursday, Aug. 18.

IN EVERY ISSUE

- 4 Up Front University news, here and abroad
- 10 Living the Word Celebrations and reflections on the **UIW Mission**
- 14 Class Notes Professional achievements from our alumni
- **18** University Collective Awards, achievements and publications from our faculty and staff
- **20** Cardinal Athletics Cheer on your teams, coaches and stellar student-athletes
- 23 Calendar Save the date
- 24 Parting Words A closing thought from the UIW community





FEATURES

- **Returning Home** 6 UIW alumni return to the Nest as parents
- 8 Heritage Day UIW honors employees for their years of service
- 12 Supporting Their Journey Baptist Health Foundation celebrates scholarships

ON THE COVER:

The Perales Family

Do you know someone interested in attending UIW? For more information on what UIW has to offer or to schedule a campus visit, go to uiw.edu/admissions



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FROM THE PRESIDENT

Dear Friends,

Welcome to the fall edition of *The Word Magazine*. Fall is by far my favorite season. Certainly, for the arrival of cooler weather after scorching summers, but also because it marks the return of full and bustling campuses. Students embark on the next leg of their academic journeys and our faculty and staff are excited to welcome them back and support them along every step of the way.

For many students, UIW is their home away from home. During their years with us, they grow in countless ways, becoming more and more of who God has called them to be. Here, they find friends (sometimes spouses), an appreciation for service, their career paths and a community that is almost like family. Sometimes, UIW and family are one in the same.

In this issue, you will meet alumni who returned to the Nest, this time as Cardinal parents. Graduates of the Class of 2020, School of Professional Studies alumni Roxanne and Eddie Ramos felt right at home at UIW – even while learning from afar. They had such a positive experience, they knew it was the right fit for their son Xzavier, now a first-year Cardinal.

There are many alumni with stories just like the Ramos' and I never tire of hearing them. These stories are living proof of a sentiment that I share with every graduating class since my arrival: No matter where your journeys take you, I hope you will consider UIW your home and I hope you consider us your family. As you go on to new adventures, know that there is a place for you here and you are always, always welcome.

Praised be the Incarnate Word!

Thomas Mr. Euro

Thomas M. Evans, PhD President





Patricia Ramirez Brings Wealth of Knowledge in Catholic Education to Program

UIW welcomed Patricia Ramirez as the new director of Brainpower Connection Programs. Ramirez brings more than two decades of Catholic school experience after spending 25 years at St. Anthony Catholic School where she rose from teacher to principal at the historic elementary school.

"UIW is extremely fortunate to have Ms. Ramirez leading our Brainpower Connection Programs," says Dr. Brandy Finck, associate vice president of Enrollment Management and Student Experience. "She brings a wealth of extensive Catholic education experience in working with students and their families. We look forward to her further realizing our shared vision of faith and curriculum that connects our pre-K to college."

Ramirez says she is looking forward to raising the visibility of the Brainpower Connection as a unique pre-K to higher education partnership and introducing additional collaborative programs between the member schools.

UIW Marks 14th Consecutive Year as a "Great College to Work For"

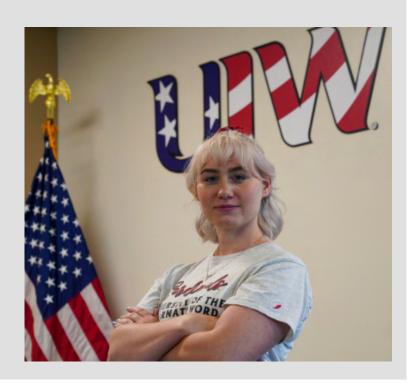
UIW is one of the best universities in the nation to work for, according to a recent survey by the "Great Colleges to Work For" program. This marks the 14th year in a row that UIW has been recognized with this designation and the 13th year, also consecutively, that the University is named to the publication's Honor Roll, which recognizes institutions who received top marks in multiple categories. Only 42 institutions nationwide made the Honor Roll. The results, collected by independent survey company ModernThink and released in a special insert of *The Chronicle of Higher Education*, are based on a survey of 212 colleges and universities. The recognition is based on specific best practices and policies.

"The University of the Incarnate Word is an exceptional institution because the people who form our community of faith and education make it so," says Dr. Thomas M. Evans, UIW president. "This great community demonstrates through words and actions their commitment to our University, to supporting one another along their academic journeys and to fostering an environment where all members can grow intellectually, spiritually and professionally. We live our Mission daily and further our great purpose to develop concerned and enlightened citizens."

UIW Earns Top 10 Ranking in Service to Military and Veterans

UIW is proud to announce that it has been ranked #6 in the nation by the online site *Military Times* in its 2022 Best for Vets list. Last year, UIW ranked #43 on the annual list.

Jonathan Lovejoy, UIW senior director for Military and Veterans Affairs, credits several factors for the jump in ranking on the list. Lovejoy says the main reason is the high military-connected GPAs, completion, retention and persistence rates. Another important factor is the military-specific resources, services, and events being done outside the normal services of the Military and Veterans Affairs office. That includes Veteran's Day celebrations, the Military Appreciation Football Game, the Veteran's Day Parade and other military student events.



UIW Receives Major Grant for Cardiovascular Research

Grant Also Meant to Introduce More Minority Scientists to the Field

UIW has been awarded a nearly half-million-dollar grant to the Feik School of Pharmacy for research on cardiovascular disease. The \$469,428 grant will be disbursed over the course of four years and is funded through the National Institute of General Medical Sciences of the National Institutes of Health via the Support for Research Excellence Program.

Organizers say the grant has two main goals. One is to support innovative research in biomedical sciences. The second is to support undergraduate and graduate students. Only minority-serving institutions are allowed to apply for this grant, and it is designed to expose and encourage students to conduct research and eventually pursue a career in science.



"This grant is not only awarded based on its scientific merit, but also has a strong research training component that will include our students," says Dr. Helmut Gottlieb, professor at the Feik School of Pharmacy. "My plan is to recruit five to ten students per year to conduct research in our

laboratory. Ultimately, we will not only develop new therapies for the treatment of cardiovascular disease (e.g., heart failure), but we will broaden our students' horizons towards a career in science. This can not only open their minds, but also open doors to graduate and/ or health care programs and contribute to the Mission of our University."

The research project, titled "CNS sites involved in the cardiovascular and renal effects of nociceptin in rats with heart failure," will study the effects of the peptide nociceptin, which is naturally produced in mammalian bodies, including humans. Gottlieb says, "nociceptin targets a specific receptor that, when activated, causes marked changes in cardiovascular and renal function which has implications in diseases that affect these organs. Understanding the role of this peptide/receptor is the first step and it is fundamental to the development of innovative approaches to treat diseases such as hypertension and heart failure."

U.S. News and World Report Released Annual Rankings

UIW is proud to announce that it has, once again, been ranked in several categories in the 2022-2023 Best Colleges list published by *U.S. News and World Report.* UIW ranked among the top 50 national universities promoting Social Mobility, coming in at No. 46 on the list. UIW was also ranked No. 206 among national universities in the Undergraduate Nursing category.

In addition, this year, UIW was once again ranked among the top 300 in the Best National Universities. This is just the fourth year that UIW has been ranked on the national list, as opposed to the regional list with many other local universities, and UIW is the highest ranked local university in that national category. UIW's improved average six-year graduation rate and the decrease in average federal student loan amount for graduates were both factors in the national ranking.



UIW Partners in Major \$2.5 Million Grant

UIW, along with St. Mary's University, Trinity University and Our Lady of the Lake University, have been awarded an almost \$2.5 million grant by the National Science Foundation. The goal of the grant-funded project from the Louis Stokes Alliance for Minority Participation program is to increase the number of historically underrepresented students and those from lower-income backgrounds who obtain bachelor's degrees in science, technology, engineering and math (STEM) fields.

"This program represents the first STEM alliance between the four predominantly undergraduate institutions in San Antonio. We have worked as a team for the past four years, initially garnering support for a pre-alliance award in 2020 that offered funding for a yearlong planning stage," said Dr. Veronica Acosta, UIW professor of Biology. "This Pre-Alliance award helped us identify challenges that each of us held in common and those that are unique to our institutions. We firmly believe there is power in working as a team of predominantly undergraduate institutions to help address the need for increased retention of diverse individuals in STEM." CARDINAL By Victoria Reyna Varville, MBA '21

UIW Alumni Return to the Nest as Parents

his August, UIW's newest students arrived on campus with parents and loved ones, ready to move into their new University home and begin their higher education journeys. Among them was freshman Xzavier Perales, a new UIW Nursing student who arrived on campus accompanied by his mom and dad, Roxanne and Eddie Perales, alumni of the University of the Incarnate Word. For the Perales family, UIW isn't just an institution of learning. It's their second home.



Though Eddie and Roxanne both graduated with their master's degrees from UIW in 2020, their story together began 25 years ago. The two met at Holmes High School in San Antonio's Northside Independent School District and quickly became high school sweethearts. With their love for one another guiding them, Eddie joined the Army in 2002, a decision he hoped would later provide the benefits needed to assist him in completing his higher education degree. Years later, that dream became a reality for both Eddie and Roxanne. As an employee of USAA, Roxanne also found the means to pursue her educational path, utilizing a tuition assistance program provided by her employer.

"Together, while raising our two sons and serving around the globe, we were able to finally see our educational goals come to fruition," explained Eddie.

Roxanne completed her undergraduate degree in Human Resources from UIW in 2018. Together they embarked on the journey to obtaining their Master of Administration degrees from UIW's School of Professional Studies, a popular route for students who require nontraditional classroom settings, typically virtual or remote, to earn their degrees in their adult lives. With Eddie's military career often taking the family to new places, most recently Elgin, Oklahoma, where Xzavier graduated from high school, taking advantage of UIW's SPS offerings was a natural decision.

"UIW is an excellent place for service members to acquire the formal education needed to excel at the next levels of organizational and strategic leadership, both in and out of the military," explained Eddie. "My professors provided valuable insight throughout my academic journey to open me up to new perspectives and problemsolving methodologies that translated to real world decision-making."

Though both parents look back on their time at UIW fondly, they agree that the most meaningful moment was when Xzavier made the decision to follow in their footsteps. "Our favorite memory was delivering our son to the steps of UIW. We know he is going to have a life-changing experience that will build upon the upbringing we provided, positively shaping him to be a future community leader," they shared.

Watching his parents attend school, Xzavier witnessed all the good UIW brought to their lives and realized it was that same culture that he wanted to be part of as a college student. He is now a student of UIW's longest-running program, Nursing. He made this decision to help others in need, just like his father did in the Army. Eddie's military background includes training to provide tactical combat casualty care as well as advanced medical imaging and therapeutic procedures in radiography and nuclear medicine. His healthcare background is something he is proud of, and he is honored that Xzavier is choosing a career path that will allow him to serve others as well. Perhaps the best part is that Eddie and Roxanne will have a front-row seat to Xzavier's college experience, just like he had to theirs.

"After two decades of military service and missing our family in the city of San Antonio, we knew that it was time to return home," explained Eddie. "We spent our adult lives on the move, growing up togeth-

er and raising a family, while trying to achieve our own goals with the hopes that one day we would return home. The timing to return is no coincidence, as we knew that we did not want to miss a single moment of the opportunities to share in the UIW community events and milestones that Xzavier will be a part of."

While the sporting events, holiday fanfare, and campus traditions are something that the whole family looks forward to, Xzavier's parents are most excited to watch him become who he was meant to be – a "concerned and enlightened citizen of the global community." "We hope that Xzavier meets a variety of individuals and learns about other cultures to reinforce the principle idea that our nation's greatest strength is the diversity of our people," they shared. "Our travels around the world have taught us that learning about others and sharing our cultura is what brings people together."

Our favorite memory was delivering our son to the steps of UIW. We know he is going to have a life-changing experience that will build upon the upbringing we provided.





HERITAGE DAY

HUNDER PRODUCTS

UIW HONORS EMPLOYEES By Michael Valdes

very October, the University of the Incarnate Word celebrates Heritage Week, a tradition that invites its employees to reflect on the foundation and the legacy of its founders, the Sisters of Charity of the Incarnate Word. One of the main events of this week was Heritage Day. Marked on Oct. 5 this year, it was a day to celebrate and acknowledge the work being done to manifest the Mission of the University by the dedicated employees who make up UIW.

On Heritage Day, the University recognized employees with five, 10, 15, 20, 25, 30 and 35 years of service. Then there is Dr. Holly Cassells. The dean of the Ila Faye Miller School of Nursing and Health Professions and the lone employee who was



honored for her 40 years of service to UIW.

It has been quite the journey for Cassells, who started as an instructor at Incarnate Word College, teaching in the BSN, MSN and DNP programs. Cassells also chaired the Graduate Nursing Program before becoming Dean.

"It is amazing that almost my whole professional life has been at UIW. That

would not have happened without the opportunities and support for me personally and for nursing as an important discipline to the Mission of the University. Combine all that with great students and wonderful staff and colleagues; it all contributed to a really satisfying work-life balance — I'm grateful."

UIW President Dr. Thomas M. Evans summed up the ceremony by acknowledging the work of the more than 1,000 employees who make up the University of the Incarnate Word.

"Every day, faculty, staff and administrators breathe life into our University," said Evans. "You engage eager minds, serve our students and one another, keep operations running, care for our campuses and tell our



stories. You ensure that we can continue offering transformational, Catholic education to learners from all over the world. The effort that takes is as great as its outcomes. To contribute to the formation of students into the kinds of people who meet the needs of our times with compassion and who have a real desire to enact positive change is to help make the world a better place. It takes a community of special people to do that."

In addition to the main event, the University came together for additional celebrations such as the Heritage Day Mass, a Heritage Day Meet and Eat with the Sisters, and the Heritage Day Remembering Ceremony.

MEET SOME OF THE HONOREES WHO CELEBRATED 20, 25, 30 AND 35 YEARS OF SERVICE.



RICHARD MARTIN, 20 YEARS Carpenter Facilities Management

When asked what he enjoys most about UIW, Martin mentioned his coworkers. He enjoys the relationships he has built with those he works with every day.



YSABEL ALVAREZ, 25 YEARS Associate Registrar for Records and Graduation Office of the Registrar

Ysabel shares that working at UIW over the last 25 years has been both rewarding and a blessing. The most rewarding aspect has been working with great colleagues and helping students achieve the goal of graduation. There is a sense of accomplishment that you are doing something good when you see the happiness and joy of students as they cross the stage at commencement. She appreciates the sense of family and sharing that with her two children who are currently attending UIW. She is forever grateful for the opportunity of working at UIW and looks forward to many more years.



WILLIAM "BILL" GOKELMAN, 30 YEARS Professor of Music College of Humanities, Arts and Social Sciences

Bill shares "I'm incredibly grateful to have been a part of the UIW family for so long. In particular, working and worshiping with the Sisters has been a spiritual highlight, and leading our students as they create beauty, in community, has been extremely rewarding."



DR. THERESA TIGGEMAN, 35 YEARS Professor H-E-B School of Business and Administration

Tiggeman shares that she has enjoyed 36 years as a volunteer for the Volunteers in Income Tax Program. To quote Sister Maria Goretti she shared "Love what you do and you will never work a day in your life."



Moment for Reflection MASS OF THE HOLY SPIRIT 2022

By Lena Gokelman, BM '85

n keeping with a long tradition dating from the founding of the great European universities in the Middle Ages, the University of the Incarnate Word celebrates the Mass of the Holy Spirit at the start of each academic year. We acknowledge that we are many parts of one body, not only as an institution but as a faith community whose Mission is to make tangible the Incarnate Word to those we meet. Together, we ask for the inspiration, guidance and presence of God's Spirit in all our campus activities.

As the largest Catholic university and the fourth largest private university in Texas, UIW's programs at the undergraduate, graduate, doctoral and professional levels span 11 schools and colleges, and over 90 undergraduate and 20+ graduate and doctoral degrees. Losing sight of our connectedness could easily become a reality, especially when trying to live our institutional Mission, inspired by the first Sisters of Charity of the Incarnate Word. Yet, one of the hallmarks of this liturgy – the opening procession of symbols representing each school and college – through text and music, paints a beautiful mosaic of our core values of faith, service, education, innovation, and truth. We witness how the Mission ebbs and flows throughout our University community. In the words of this year's participants:



During the opening procession, symbols representing each school and college were presented to the community.



SCHOOL OF PHYSICAL THERAPY SYMBOL: HUMAN HAND Presenter: Dr. Lisa McDougle

"The act of laying hands on the human body conveys warmth, provides comfort, and promotes healing as therapists seek to restore function, improve mobility, present or limit disability, and relieve pain."



SCHOOL OF OSTEOPATHIC MEDICINE SYMBOL: THE ROD OF ASCLEPIUS Presenter: Dr. Steve Mifflin

"The Rod of Asclepius is the symbol of the American Osteopathic Association. In the Bible, Moses fashioned a bronze staff around which a bronze serpent was wound. Anyone bit by a serpent needed only look at the staff to be healed of the snake's venom."



COLLEGE OF HUMANITIES, ARTS AND SOCIAL SCIENCES SYMBOL: THE LAUREL CROWN Presenter: Dr. John Kainer

"The Laurel Crown calls our attention to the resurrection of Christ and the triumph of humanity. It also came to symbolize the liberal arts, where its influence is still found in the words "baccalaureate" and "poet laureate."

LIVING THE WORD



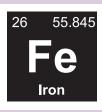
ILA FAYE MILLER SCHOOL OF NURSING AND HEALTH PROFESSIONS SYMBOL: HUMAN HANDS Presenters: Dr. Patricia Clark and Dr. Amanda Sheffield

"For the disciplines within the Ila Fay Miller School of Nursing and Health Professions – Nursing, Nuclear Medicine Technology, Kinesiology, Healthcare Sciences, Community Health Education and Sport Management – the hands are the vehicle for transmitting a caring ministry that promotes health and the provision of services to the ill through the combination of cognitive, psychosocial, and spiritual knowledge and expertise."



DREEBEN SCHOOL OF EDUCATION SYMBOL: LAMP Presenter: Dr. Grace Gutierrez

"Just as Solomon emphasizes the perfect guidance provided by God's Word, it acts as a lamp for one's immediate surroundings, showing where to step... the lamp serves as a light to blaze the trail ahead, so we, as believers can trust God regarding what lies in the future. It represents the courage of the students here at the University of the Incarnate Word, that they are compelled to be a light and trust that God is in control of both the present and the future, giving the believer peace and direction."



SCHOOL OF MATHEMATICS, SCIENCE AND ENGINEERING SYMBOL: THE ELEMENT OF IRON Presenter: Dr. Charles Fermaintt

"Iron is a metal characterized by its strength and is often used to build the skeleton of buildings and structures. In our body, from the moment we take our first breath, the iron inside hemoglobin carries oxygen to every single cell, allowing us to move, think, and live. In chemistry the two letters used to represent iron in the periodic table are Fe. Fé is also the Spanish word for faith. Like iron, faith is the material by which the framework of goodness, kindness, compassion and love is built... faith is a gift from the Holy Spirit. During these times of uncertainty, anxiety and confusion, we welcome you to be a beacon of goodness, kindness, compassion and love; and like iron that has paved the way to great advancement in humankind, allow faith to pave the way for better things."



H-E-B SCHOOL OF BUSINESS AND ADMINISTRATION SYMBOL: GLOBE Presenter: Dr. Halimin Herjanto

"The H-E-B School of Business and Administraton curriculum includes a global perspective and an emphasis on social justice and community service."



SCHOOL OF MEDIA AND DESIGN SYMBOL: STAR Presenter: Doris Palmeros-McManus

"Like hieroglyphics, icons communicate with visuals. It is a universal language of signs and symbols. The icon Seba, an Egyptian hieroglyphic representing stars and evoking a starfish, is linked with ideas of guidance, learning and new beginnings. Visual communication is embedded in our craft and disciplines. Connecting meaning visually through symbols and signs is our foundation. The five-pointed icon represents each of the five programs in SMD - Communication Arts, Animation and Game Design, Interior Design, Fashion Design and Graphic Design. A star icon exemplifies our faith, hope, excellence, leadership and spark for inspiration and creativity.



UIW COMMUNITY SYMBOL: "THE HEART OF UIW" Presenter: Beth Villarreal

"The image, 'The Heart of UIW', represents the entire UIW community. Through all our encounters, we - faculty, staff and students - come to know and bear the values of the Mission within our hearts. Faith, innovation, education, service and truth are our guide as we take our place as "enlightened citizens within the global community... making tangible the Incarnate Word of God".

Throughout this academic year, may the words of Saint Mother Teresa of Calcutta ring clearly, "I can do things you cannot. You can do things I cannot. Together we can do great things." And may the gifts of the Holy Spirit provide the energy for our Mission as we work together to build a more just society – caring for our global family and the world in which we live.

Supporting their Journey

Baptist Health Foundation Celebrates Scholarships

By Stephanie Denning

n Aug. 19, UIW was the selected host for the Baptist Health Foundation of San Antonio (BHF) scholarship reception and trustees meeting. This event brought 60 representatives from area colleges and universities to UIW. The welcome reception was held in the Student Engagement Center, followed by the board meeting and luncheon for the foundation's trustees, held in the Mabee Library Special Collections Room. Dr. Thomas M. Evans, UIW president, welcomed the guests and shared his gratitude for BHF's continued support as well as his enthusiasm for the start of the school year.

"Without the kind of scholarships and support that you provide, this journey – and all the good that comes from it – would not be possible. Thank you for helping us to lift the lives of our students, their families and their communities," shared Evans. "While I look forward to the start of every academic term, I find that this year, my excitement is matched by a deep sense of gratitude. Here, students will be formed in our Mission and in our spiritual heritage gifted to us by our founders, the Sisters of Charity of the Incarnate Word, to extend the healing ministry of Jesus Christ. They will be prepared, in all ways, to become the professionals that God has called them to be and to make significant positive impacts in the world, and particularly in our region, where many of our graduates stay and practice."

The Baptist Health Foundation has contributed over \$1.2 million in scholarships to UIW's health professions students over the years, and at this year's event, the special guest speaker was Olivia Hinojosa. Hinojosa is a student ambassador for the Feik School of Pharmacy and a Doctor of Pharmacy candidate for the class of 2023. She is the president of the American Pharmacist Associations' Academy of Student Pharmacists chapter. In addition, Hinojosa is a member of Rho Chi Pharmacy Honor Society and the Kappa Psi Pharmaceutical Fraternity. A Texas native, she hopes to begin practicing in San Antonio where she will specialize in diabetes and other conditions prevalent in the region. As a second-year recipient of the BHF

This is an opportunity for me to grow into the pharmacist I want to be. **99**





Olivia Hinojosa Doctor of Pharmacy candidate



Left to right: Vice President of UIW External Affairs Rick Kimbrough, President Dr. Thomas M. Evans, Doctor of Pharmacy candidate Olivia Hinojosa, and President and CEO of Baptist Health Foundation of San Antonio Cody Knowlton.

scholarship, Hinojosa was thrilled to share not only her gratitude, but also how she put those funds into action.

While in school, Hinojosa has utilized a portion of her scholarship to cover memberships in student organizations. She said, "These (memberships) have provided me with incredible opportunities to develop my leadership abilities, build connections with other student pharmacists, and participate in pharmacy-related volunteer efforts. I've been so humbled and fulfilled by these experiences as I've gotten to share what I am learning in school to help improve the health literacy of my patients. Most recently, I've had the chance to serve an elderly, Spanish-speaking group in Puerto Rico through UIW."

Hinojosa went on to share her most recent purpose for her scholarship funds.

"As I complete clinical rotations in my final year of pharmacy school, I am now using the biggest portion of my scholarship funds to pay for three (rotations) that are out of state. I signed up for two rotations with Indian Health Services in North Dakota and Oklahoma, along with a medical mission trip to Honduras on my elective rotation with Blessings International. I selected these sites because they'll allow me to experience different cultures, and I will learn about the innovative ways these organizations have brought access to care to the medically underserved. I had an amazing time in North Dakota working in the inpatient and ER setting and feel that the rotation was so beneficial for my personal and professional growth in gaining confidence, resourcefulness, and greater critical thinking skills."

The Baptist Health Foundation has touched the lives of many of UIW's health professions students, and we at UIW are grateful for the positive impact their support has on the lives of our students.

As Hinojosa went on to share, "My heart is filled with joy knowing what's in store for me this year. I'm taking a big leap of faith in embarking on this adventure but know this is an opportunity for me to grow into the pharmacist I want to be, and I am so blessed to be able to do this."

CLASS NOTES

Celebrate UIW success stories. Keep up with your class, and be part of The Word in print and online! Send your achievements to alumni@uiwtx.edu. Photos submitted for Class Notes may be included on the online alumni community site.

1980s

Felix Fierros, BA '81 Retired after 37 years in public education. For 36 years, Fierros has been involved with scholastic chess. He recently directed a scholastic chess tournament at St. Anthony de Padua which had over 130 students from all over San Antonio. Fierros currently holds chess classes at the Semmes Library on Thursdays.

1990s



Lynette Best-Gray, BA '93 Recently won gold at the National Senior Games in the age 50-54, 1500m Powerwalk and silver in the age 50-54, 1500m Racewalk in Florida. In March, Best-Gray was also awarded the Masonic Community Builder Award for La Vernia Lodge. The Stockdale Watermelon Jubilee this June will mark her 33rd year of parade announcing and her Prom Redeaux dress recycling program she founded in 2014 has officially handed out just over 1,800 dresses as of the 2022 prom season.

Kevin LeMelle, BSBA '98

Appointed by the Texas Organizing Group as a board member with the County Leadership Team of Bexar County. LeMelle has also been appointed by the San Antonio Independent Living Services (SAILS) for the disabled as a board member who assists in decision making.

2000s



Rebecca Minjarez Villarreal, MA '02 Elected as the president of the Texas School Public Relations Association. She earned her Accreditation in

Public Relations and was named the 2021 Public Relations Professional of the Year by the San Antonio Chapter of the Public Relations Society of America. She is currently working as the executive director of Communications for New Braunfels ISD.



1965 Norma Elia Martínez Rogers BSN '65, PhD, RN, FAAN has been selected to be a Living Legend of the American Academy of Nursing. The Living Legend designation from the American Academy of Nursing is bestowed upon a very small number of nurses "in recognition of the multiple contributions these individuals have made to our profession and our society and in recognition of the continuing impact of these contributions on the provision of health care services in the United States and throughout the world." Each Living Legend has been a Fellow of the American Academy of Nursing (FAAN) for at least 15 years. While over 2,000

nurses have achieved the FAAN designation, only a few dozen have been named Living Legends. Rogers will receive the award in Washington, D.C., She is the second Latina to receive the award.

2010s



Adriana Gutierrez, BBA '14, MSODL '19

Recently accepted a position as campus recruiter, senior associate at Ernst & Young (EY). With seven years of experience in higher

ed, Gutierrez will be transitioning to the private sector by connecting recent grads to careers at EY. She has worked with college students during every phase of their college experience. Now, she is excited to help them with what comes next!



BA '14 Accepted a position as a reporter for Axios. Axios is set to launch

soon in San Antonio under the leadership of Jamie Stockwell, who most recently served as deputy national editor at the New York Times. Mendoza is leaving her position as Food and

Culture editor of MySA. She started her career eight years ago at the San Antonio Express-News after graduating with a Journalism degree from UIW. She has cultivated local sources and was one of the city's biggest social media influencers.



Andres Farias, BA '16

Promoted to assistant vice president at Frost Bank on April 27, 2022. Previously, Farias served as community

development officer in the San Antonio-area market and has been with Frost Bank for 3 years now in the CRA Department.

ENGAGEMENTS & WEDDINGS



Kimberly Feucht, BSN '20 and Joshua Zozaya, BS '20 Are engaged and set to be married in May 2023. Zozaya pole vaulted with UIW track and

field and was involved in the math club while studying for his BS in Engineering. Feucht studied nursing and became heavily involved in Greek life by way of joining Alpha Sigma Tau. The two finally met with the help of a mutual friend, and the rest is history!



Amanda Maria Alonzo, BA '15 and Ryan Ibarra, BA '15 Are engaged and will be getting married this fall at the Chapel of the Incarnate Word. Their

love story began at UIW where they met on campus as student volunteers at KUIW radio station. They have been together ever since!



Alejandra Escobar, BA '18, MS '20 & Alexander Martinez, BS '15, OD '19 Got engaged on July 16, 2022, in Fredericksburg, Texas and plan to get married in Fall

2023. The couple met while volunteering on the Los Quijotes Medical Mission trip in Oaxaca, Mexico, in September 2019. The Oaxaca mission trip provides UIW students and faculty the opportunity to volunteer and serve the citizens and provide pro bono services.



Peter Reininger and Nancy Reininger BA '74, MA '92

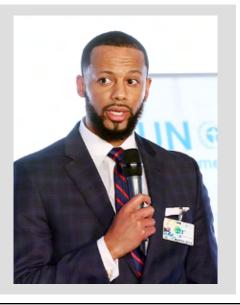
Celebrated their 50th wedding anniversary on Aug. 25, 2022. In honor of this occasion, they visited the chapel where they married and then enjoyed a lovely anniversary dinner.

2017 Dr. Jonathan Everhart, MSA '11, DBA '17, CPA, Esq., MCSI

Recently appointed to the United States Investment Advisory Council by U.S. Secretary of Commerce Gina Raimondo. Additionally, Dr Everhart has been invited to join the Bretton Woods Committee as a member, which is the preeminent organization of global leaders in finance and economics dedicated to effective global economic and financial cooperation.

IN MEMORIAM

Joyce B. Anderson, BSN '54 Mary Campbell, BS '54 Sylvia Cardenas, BSN '60 Barbara Virginia Seale Condos, BSN '46 Mary V. Piper, BSN '51 Craig Barrett Brown, Donor James "Jim" R. Dublin, Donor Betty Kelso, Donor Hazel Flanagan Coughran, BA '97 Kathleen Higgins Micheletti, BA '74 Judith Lynn Swan, BS '76 Diane Bennack, Donor Sr. Shelia Conlon, CCVI Rosa E. DeLeon, BS '67 Adam Guerrero, BA '11 Maxine Pastor Johnson, MA '69 Selma Annette Luna, BA '07 Nicholas Quaid Pedrotti, BA '20 James Roy Ryan, BA '76 Robert Caldwell Crosby, Donor Billy Carlton Walker, Donor Sr. Michaelanne Estoup, MA '74 Nicola Varelas "Nicki" Frey, MA '74 Yvonne Marie Gonzalez, BA '59 Bernadeet Elise Fretz Reese, BA '49 Kiska H. Varela, MSN '95 Mary Wade, BS '50 Mary Busby Muchen, Donor





UIW GRADUATE NAMED CLINICAL TEACHER OF THE YEAR

By Michael Valdes

he biggest lesson from UIW that I took with me is that it truly takes a village to raise a child. Don't be afraid to ask for help. You can't do it all by yourself." Micah Hunter admits it has taken a little while to get used to her new job as a first-year teacher of fourth graders at Woodlawn Academy in the San Antonio Independent School District (SAISD), but it hasn't taken her long to find success in her field.

Hunter just graduated from the UIW Dreeben School of Education's Teacher Education Program in May 2022 with a Bachelor of Arts in Elementary Education. Earlier this year, the Texas Directors of Field Experience recognized Hunter as the 2021-2022 Texas Clinical Teacher of the Year. This state award recognizes clinical teachers who have demonstrated, during their clinical teaching experience, an outstanding ability to plan and implement instructional strategies that support the learning needs of all students; develop a repertoire of classroom management skills; establish effective interpersonal relationships with students, parents, faculty and staff; and reflect upon the teaching and learning process.



"I was shocked and excited when I first heard the news," says Hunter. "I was very grateful for all of the support that I had received from my mentors and my professors."

According to Dr. Elda Martinez, UIW director of Teacher Education, "Micah's nomination for this award was supported by the Teacher Education faculty in recognition of her culturally responsive instructional practices, high expectations for learning, an additive approach to supporting high-need communities and her commitment to continued professional development." Hunter says it is the welcoming community she has found at Woodlawn Academy that keeps her striving to do her best.

"I love hearing the different ideas and experiences that my students have and bring with them to class," says Hunter. "I also love speaking with my students' families and hearing about their lives outside of school."

Hunter completed her clinical teaching under the direction of Ms. Patricia Maldonado Lopez at Franklin Elementary School in SAISD. Hunter was recognized by the Texas Directors of Field Experience at the Consortium of State Organizations for Texas Teacher Education's state conference in October. But it's the recognition Hunter gets every day in class that she cherishes the most, and she has some advice for those who might want to follow her path.

"The teaching profession is hard, however, there are so many different types of ways that you can support children within a school," she shared. "Don't be afraid to try new things. There are so many different grades and content areas to teach. I took a chance on teaching a grade that I never thought I would, and I love it!"

Giving Family Medicine a New Meaning

Nadia (learner) and Scheel (faculty member) Nayar reflect on what it meant to them to be part of UIWSOM's inaugural cohort together

By Cari Gold

"I t's the kind of thing we all dream about. Father and daughter working together, but this was father and daughter studying together. This was trying to learn together."

Those are the words of Scheel Nayar, DO, associate professor and OB/GYN Clerkship Director at the University of the Incarnate Word School of Osteopathic Medicine (UIWSOM). Scheel's daughter, Nadia Nayar, is a two-time graduate from UIWSOM. She first earned a Master of Biomedical Sciences and was later part of the school's inaugural Doctor of Osteopathic Medicine graduating class.

Nadia grew up watching her father work as an obstetrician. She witnessed the long hours and hard cases, and was unsure if that lifestyle was for her. But the closer she came to starting a career, the more she realized she wanted to follow in her father's footsteps and pursue a medical degree. Instead of turning her away from the profession, watching her father all those years ultimately helped prepare her for the grueling task ahead.

"I was able to see both the pros and the cons of a medical lifestyle in person from an early start," said Nadia. "Unlike a lot of my peers who may have only seen the positives, the glory, the lifestyle, etc., I also saw the hardships, the long hours, the frustrating nights. I feel like his career helped me make a more educated decision to pursue a career in medicine."

After being part of the UIWSOM MBS class and experiencing a faith-based medical program first-hand, Nadia knew she wanted to return as a student in the new DO program as well. Her father, who was working as a local site director tutoring medical students from various universities, was also interested in joining the UIWSOM family, but as a faculty member. To ensure Nadia was accepted based on her own merits, Scheel waited until she received her acceptance letter before submitting his own job application.

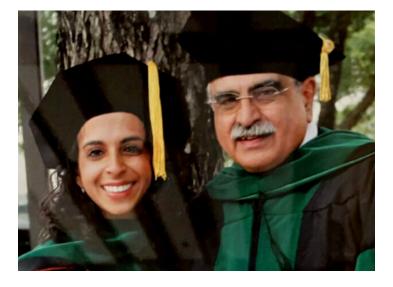
Scheel and Nadia enjoyed being at UI-WSOM together, learning and helping the program grow. Although they were careful to ensure Nadia did not have any classes or tests with Scheel, they both liked having a familiar face at the school.

"We were all a tight-knit family and our faculty always supported us, but just to know that there was someone from my family who was watching out for me and would always have my back was comforting," Nadia explained.

"Nadia went from being like any medical student in the first year – a little green behind the gills and growing up – to being a full-fledged physician who could look me square in my eyes and be able to give me a run for my money," added Scheel. "That was a big deal, just to see her grow, see her go through the process. Every day there was something else to be proud of."

Scheel was not surprised his daughter chose UIWSOM. Although he knew a startup medical school would be different, he also trusted that she was up for the challenge. He was excited to see Nadia be part of a new local cohort of medical professionals.

"UIWSOM is hoping to have a new generation of physicians who are going to practice locally," commented Scheel. "With San Antonio being home for Nadia, and where she grew up, went to school, prepared for her medical school applica-



tion ... I think she would be a good fit as a local physician for the community."

Nadia is currently doing her residency with CHRISTUS Spohn Hospital Corpus Christi. Working within the faith-based CHRISTUS system has allowed Nadia a smooth transition from UIWSOM, and she is excelling in her chosen career. She was selected as her program's Resident of the Year, an honor that is bestowed to one resident who exhibits a positive attitude and to providing the best patient care.

"Being named Resident of the Year was an incredible honor," shared Nadia. "To be told that I have a good bedside manner and patient dedication was incredibly humbling. I know it's a little cliché to say, but I think everybody in residency deserves that kind of an award, because it is incredibly tough, and we all work so hard."

Ultimately, being part of the inaugural UIWSOM cohort prepared Nadia for life as a resident. Although there were challenges throughout medical school, Nadia and Scheel were happy they faced them together.

"It was definitely exhilarating being part of the inaugural class and creating history," concluded Nadia. "I think everybody – my classmates, my faculty – they all share the same sentiment. But for me, to be able to go through that with my dad and share that momentum with him was incredible."

"It felt like, you know when you would hold your daughter's hand and jump in the deep end ... you take a deep breath and hope you both come out of it. It was that exhilarating feeling," added Scheel.



Dr. Michael D. Moon Professor, Ila Faye Miller School of Nursing and Health Professions



Recipient of the Emergency Nurses Association (ENA) Lifetime Achievement Award. Moon, a professor, advanced practice registered nurse, and certified emergency nurse at the University of the Incarnate Word, was awarded the ENA's Lifetime Achievement Award in Denver, Colorado at the ENA Annual Meeting on Sept. 30 - Oct. 3., 2022.

Those who receive the Lifetime Achievement Award are inducted into the ENA Hall of Fame, created in 1995. The Lifetime Achievement Award reflects a career of dedicated service, accomplishments and contributions to emergency nursing. The special significance of this award is the enduring nature of the

achievements, and that the accomplishments and contributions have value to emergency nursing beyond the recipient's lifetime.

"This is truly a special honor to be recognized by my peers," says Moon. "There are so many wonderful people who are trying to make a difference in the lives of our patients every day. I am just grateful that I have had the opportunities and support to do what I am passionate about. I hope that I can continue to help mentor others in advancing the profession."





Visiting Professor of Graduate Studies, Dreeben School of Education

Has been named a fellow in the

Hispanic Association of Colleges and Universities (HACU) Leadership Academy/La Academia de Liderazgo for the 2022-2023 academic year.

community, Fr. Hector Kalaluka, by University Mission & Ministry. At UIW, he also puts his love of teaching to use as a part-time

"I am very impressed by Dr. Grace Gutierrez's academic merit and promise that earned her the HACU fellowship," said Dr. Denise Staudt, dean of the Dreeben School of Education. "I have witnessed firsthand her hard work, patience and dedication, and I am certain that the project she develops for the Dreeben School of Education will be beneficial to the administration, faculty and students. We are privileged to play a part in Dr. Gutierrez 's fellowship program."

Gutierrez joins a cohort of leaders who will be mentored by nationally recognized administrators. The fellows will also develop a project that benefits their home institution. The one-year fellowship program is designed to prepare the next generation of culturally diverse leaders for executive leadership roles in higher education at Hispanic-Serving Institutions.

UNIVERSITY COLLECTIVE



Dr. Gonzalo Parra Assistant Professor of Cyber Security, School of Mathematics, Science and Engineering

Received \$95,000 as part of a grant from the National Science Foundation for the project Collaborative Research: CISE-MSI: Active and Passive Internet Measurements for Inferring IoT Maliciousness at Scale, which focuses on cybersecurity. Parra is collaborating with UTSA and the San Diego State University Foundation (SDSU) on the project. The total grant provided the trio of Hispanic-Serving Institutions with \$600,000.

"I'm grateful for my partners at UTSA and SDSU who put their trust in me to spearhead this," said Parra. "I'm also thankful for those at UIW who have helped me, from Dean Dr. Carlos Garcia to professors in the engineering department who have had these experiences before. They have all been a huge help through this process."



Dr. Yi Liu Assistant Professor of Management Information Systems, H-E-B School of Business Administration

Published his manuscript, "Connecting Perceived Effectiveness of App Evolution to App Engagement: A Technology Identity Perspective" in Information Technology and People. Liu worked with co-authors Dr. Xinlin Tang (Florida State University), Peigong Li (Shanghai Lixin University of Accounting and Finance), and Xuan Wang, (University of Texas Rio Grande Valley) on the paper.

"It's my duty to publish papers in good journals," said Liu. "UIW offers high-quality education to our students. It is important for us to publish papers in internationallevel journals, especially good journals. By publishing in a good journal, we can prove that we are keeping pace with current research and knowledge trends and have the ability to provide knowledge to our students."



(Left-Right): Mrs. Gwyn Creagan, former first lady and Secretary of State Hillary Rodham Clinton and Dr. James F. Creagan

Ambassador Dr. James F. Creagan Ambassador in Residence, professor of Political Science and fellow at the Liza and Jack Lewis Center of the Americas

"Ask not what your country can do for you – ask what you can do for your country."

Those famous words spoken by President John F. Kennedy had a profound impact on Ambassador Dr. James F. Creagan, who served under nine U.S. Presidents in a diplomatic career that spanned three decades. He returned to UIW in the Fall 2022 semester as Ambassador in Residence, professor of Political Science and fellow at the Liza and Jack Lewis Center of the Americas.

He is scheduled to teach one class to start, focusing on topics like globalization and supply chain.

Although he is excited to be back on campus teaching classes and seeing his old friends/colleagues, it is his position with the Liza and Jack Lewis Center of the Americas that truly drew him back.

"What intrigued me most about coming back is the establishment of the new Center of the Americas," said Creagan. "My career in government and in academia has very much been focused on Latin America. I was the Ambassador to Honduras, I spent four years in Brazil, ran our embassy in Bolivia, and I spent 12 years in Italy overlooking Latin America; I have lots of Latin American experience. That experience was intriguing when I came back and looked at possibilities to start working again."

A CINDERELLA STORY: THE FULGENZI SISTERS BRING HOME ITA TEXAS REGIONALS DOUBLES TITLE

By Alexa Low

B randelyn and Lauren Fulgenzi from the University of the Incarnate Word women's tennis team shattered record books as the pair brought home the ITA Texas Regionals Doubles Title on Sept. 22 at TCU. This is a first in UIW program and Southland Conference history.

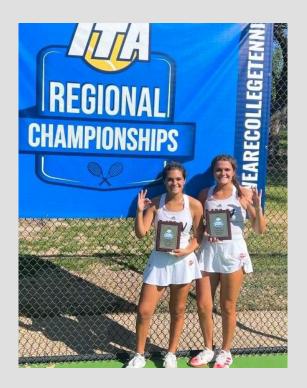
"Put simply, this is an incredible and fully deserved victory for Brandee and Lauren," head coach Tom Rees said. "They have worked hard since they were young and fought through much adversity to become one of the best pairs in the country. They have rightfully now earned a chance to play for a national championship; an unprecedented moment for the program, UIW, and the Southland Conference, which truly puts us on the national map."

Despite a stellar career at UIW to date, the Fulgenzi sisters came out of high school as zero-star recruits and are currently unranked, making this victory potentially one of the greatest upsets in NCAA DI women's tennis history. "Everything we've worked for is starting to come together," Brandelyn said. "It took a while, but we never gave up and now it's coming true."

The Texas region is widely regarded as one of the strongest in the country as it includes No. 1 Texas, the reigning national champion, as well as five other nationally ranked teams in No. 7 Texas A&M, No. 25 Baylor, No. 31 Texas Tech, No. 44 SMU, and No. 54 Rice University.

With the win, the Fulgenzi sisters qualified for and competed in the ITA Fall National Championships in San Diego. The duo fell to a doubles pair from the University of New Mexico on Nov. 2.

"I, along with our staff, their teammates, friends, and family, could not be prouder of the sisters," Rees stated. "Watch, because the Fulgenzi fight is just beginning."





FOOTBALL AND A VEGAN LIFESTYLE

HOW KELECHI ANYALEBECHI Changed his diet to Improve his life

By Cari Gold



When Kelechi Anyalebechi, UIW football's single-season and career record holder for tackles, runs towards an opponent on the field, you can see the determination on his face. In 2020, that same tenacity helped the 6-0 tall, 240-pound linebacker change his life in a big way.

Throughout high school and early into college, Anyalebechi says he never felt "comfortable" in his own skin. He used to wake up in the morning with mood swings and an achy body. When he was moved from defensive end to linebacker in 2020, his dream position, he knew something had to change.

"I told myself 'this is something you've wanted your whole life," shared Anyalebechi. "When I asked to play linebacker in high school, I was turned down because I was the biggest person on the team. So when the opportunity came in college, I knew I had to flip the switch on the way I ate to make the most of this opportunity."

Flip the switch he did. He immediately moved to a vegan diet, but the transition included a learning curve, Anyalebechi noted. It was a rough start and at first, he grew a little weaker as he worked to learn the balance of proper vitamins and enough protein to sustain his football lifestyle.

He shared that in the beginning, Bret Huth, assistant athletic director of Strength and Conditioning, was concerned with how the transition would affect Anyalebechi. Would he be hydrated during workouts? Would he perform on the field? But as Anyalebechi grew more knowledgeable, his performance did not diminish; it improved.

"At first, I lost weight and felt weaker, but when I finally got the details down of what I needed, I shredded down 20 pounds," said Anyalebechi. "Huth and I thought it would affect my strength, but instead it helped me. I was lifting more and running faster than I ever had before."

Although it was a rocky start, Anyalebechi says he did not consider it a challenge after other life events he has endured. He spent ages 9-11 away from his parents at a boarding school in Nigeria and says that prepared him for any obstacle in life.

Now, his coaches are on board and Anyalebechi "feels good after everything" he does. He enjoys eating oatmeal with vegan pea protein, vegan pancakes, vegan protein bars and more. He no longer wakes up with a bad attitude, either.

"The best part is the opportunity to wake up every morning with no complaints, no bad attitude," said Anyalebechi. "I wake up every morning with energy. I don't yawn. I don't get tired. I wake up and my body feels good."

Overall, Anyalebechi has found this journey very rewarding, and he is happy with his decision to transition to a vegan lifestyle.

"I feel like once you are disciplined about what you are putting in your body, you can be disciplined about anything else in life," said Anyalebechi. "I know now how to use my energy and happiness towards football and everything I do, so it's been the best thing I've ever done for myself."



The success of so many is made possible by your generosity. Join me and my family this joyous season by making a gift to our beloved University, influencing the trajectory of students and changing lives.

> Kathie Gomez BA in Sociology '00 and MAA in Communication Arts '17





ALUMNI EVENTS

ANNUAL CARDINAL COUPLES MASS Sunday, Feb. 12, 2023 Our Lady's Chapel, 11 a.m. – noon

ANNUAL EASTER EGG HUNT Saturday, April 1, 2023 McCracken House, 10 – 11:30 a.m.

7TH ANNUAL RING CEREMONY, PRESENTED BY HERFF JONES Sunday, April 16, 2023 Rosenberg Skyroom, 1:30 – 2:30 p.m.

ARTS, MUSIC AND THEATRE PERFORMANCE

FASA ANNUAL EXHIBIT
Nov. 6 – Dec. 9
Semmes and Condos Gallaries
Opening reception: Sunday, Nov. 6, 3 – 6 p.m.
Exhibit on display: Nov. 6 – Dec. 9

CARDINAL JAZZ BAND Thursday, Dec. 1 Diane Bennack Concert Hall, 7:30 p.m.

ORCHESTRA OF THE INCARNATE WORD

Saturday, Dec. 3 Diane Bennack Concert Hall, 8 p.m. Admission: Adults - \$15, Children - \$10, UIW Faculty, Staff and Students – Free with UIW ID **CARDINAL SINGERS CONCERT Sunday, Dec. 4** Chapel of the Incarnate Word, 3 p.m. Free Admission

ELIZABETH RODRIGUEZ Jan. 13 – Feb. 10, 2023 Semmes and Condos Galleries Opening reception: Friday, Jan. 13, 6 – 8 p.m. Exhibit on display: Jan. 13 – Feb 10

"HOMELESS IN SAN ANTONIO" FR. GUY BLAIR, SCJ Feb. 17 – March 17, 2023 Semmes Gallary Opening reception: Friday, Feb. 17, 6 – 8 p.m. Exhibit on display: Feb 17 – March 17

EURYDICE, A UIW THEATRE PRODUCTION BY SARAH RUHL DIRECTED BY LIZ FISHER Feb 24-26 & March 1-3, 2023 Elizabeth Huth Coates Theatre Building Wednesdays and Thursdays at 7 p.m. Fridays and Saturdays at 8 p.m. Sundays at 2 p.m.

ORCHESTRA OF THE INCARNATE WORD

Saturday, Feb. 25, 2023 Diane Bennack Concert Hall, 8 p.m. Admission: Adults - \$15, Children - \$10, UIW Faculty, Staff and Students – Free with UIW ID WIND ENSEMBLE CONCERT Sunday, Feb. 26, 2023 Diane Bennack Concert Hall, 3 p.m.

SAISD SHOWCASE

March 24 – April 14, 2023 Semmes and Condos Galleries Opening reception: Friday, March 24, 6 – 8 p.m. Exhibit on display: March 24 – April 14

ART DEPARTMENT SENIOR CAPSTONE EXHIBITION

April 28 – May 26, 2023 Semmes and Condos Galleries Opening reception: Friday, April 28, 6 – 8 p.m. Exhibit on display: April 28 – May 26

Please visit UIW Box Office to purchase tickets for theatre productions.

SPECIAL EVENTS

LIGHT THE WAY Nov. 19, 2022 – Jan. 6, 2023 Don't miss the lights! Light the way ends January 6, 2022, University of the Incarnate Word

GRADUATION

Saturday, Dec. 10 Celebrate the 2022 Graduates at Freeman Coliseum.

SPECIAL SERVICES

BACCALAUREATE MASS Friday, Dec. 9 Celebration of Mass for the Fall 2022 Graduates.

Please check the UMM Events Calendar for updates and information on additional services, times, and locations.

NOTE: UMM Events Calendar: https://my.uiw.edu/ministry/calendar-ofevents.html

Events Registration Page: https://my.uiw.edu/ministry/events-registration-page.html

UIW Box Office Page: https://buy.ticketstothecity.com/venue. php?org_id=683

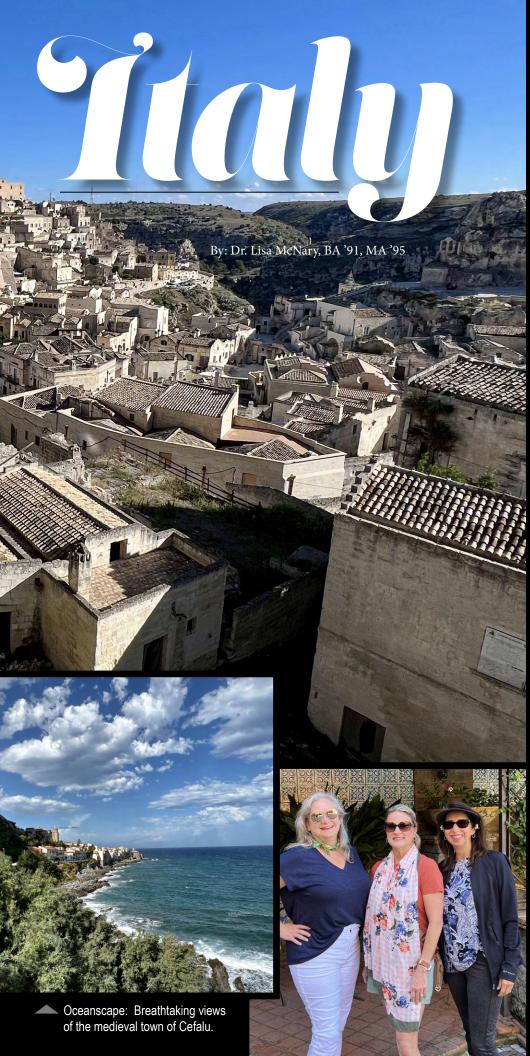
FLYING CARDINALS TRAVERSE



Above: The Flying Cardinals toured a local vineyard and winery in Masseria Crocco – Montalbano.

Right: Alison Whittemore, PhD '08 samples Italian cuisine in the hilltop city of Agrigento.

PARTING WORDS



B reathtaking landscapes, rich history, hidden treasures and delectable cuisine awaited the UIW Flying Cardinals on our alumni trip to Sicily and the Amalfi Coast. More than a dozen Incarnate Word alumni and friends took flight on a journey through ancient cities and the vast countryside, indulging in the Italian culture, charm and hospitality.

Over the course of 13 days, we journeyed through a crossroad of civilizations in Sicily and along the spectacular coastlines of Southern Italy. While uncovering Sicily's capital city of Palermo and its Moorish and Norman influences, we heard Mafia legends and stories of how Sicilians have worked hard to remove its influences from their beloved region.

We traveled to historic hilltop towns and lush gardens along southern Italy and ventured to UNESCO sites filled with ancient history and charming villagers. We walked in the footsteps of ancient Romans in the excavated, once-hidden city of Pompeii and got a glimpse into the age-old culture comprised of ancient monuments and preserved artifacts. While transported into another time, we explored Italy's preserved buildings and imagined life centuries ago. Experiencing the blended world between the ancient past and modern influences, we gained a new appreciation for the Sicilian people, their rich history, delectable cuisine and Sicilian charm.

Please contact alumni relations at alumni@uiwtx.edu, if you would like to join the Flying Cardinals on our next adventure.

Cityscape: Sassi di Matera (UNES-CO), an ancient settlement of carved cave dwellings and the site where The Passion of Christ was filmed.

Left: Elizabeth King '88, dean of alumni relations Lisa McNary '91, '95 and Leticia Vacek '09, '12 take in the beautiful sites of Sorrento, Italy.



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