

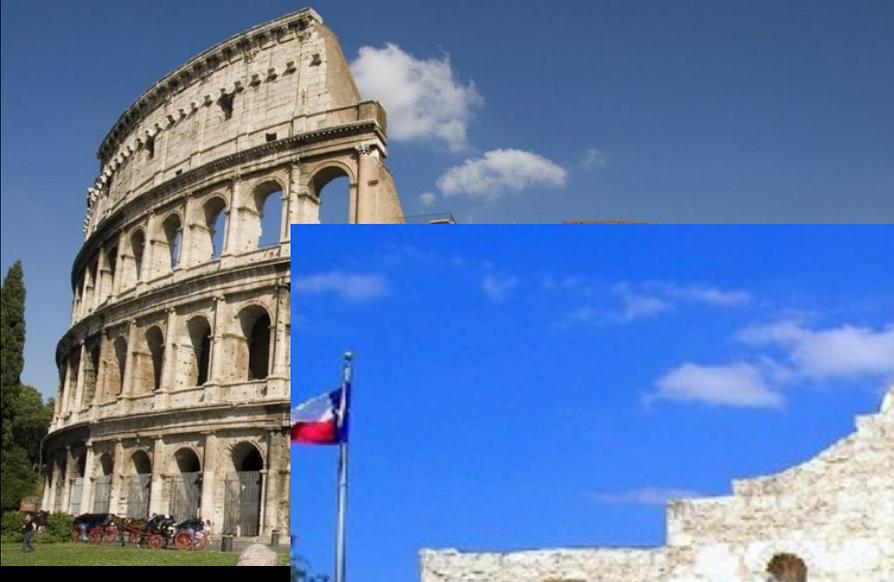


"Travel is more than the seeing of sights; it is a change that goes on, deep and permanent, in the ideas of living." – Miriam Beard

"A journey is best measured in friends, rather than miles." –Tim Cahill



REENTRY SESSION





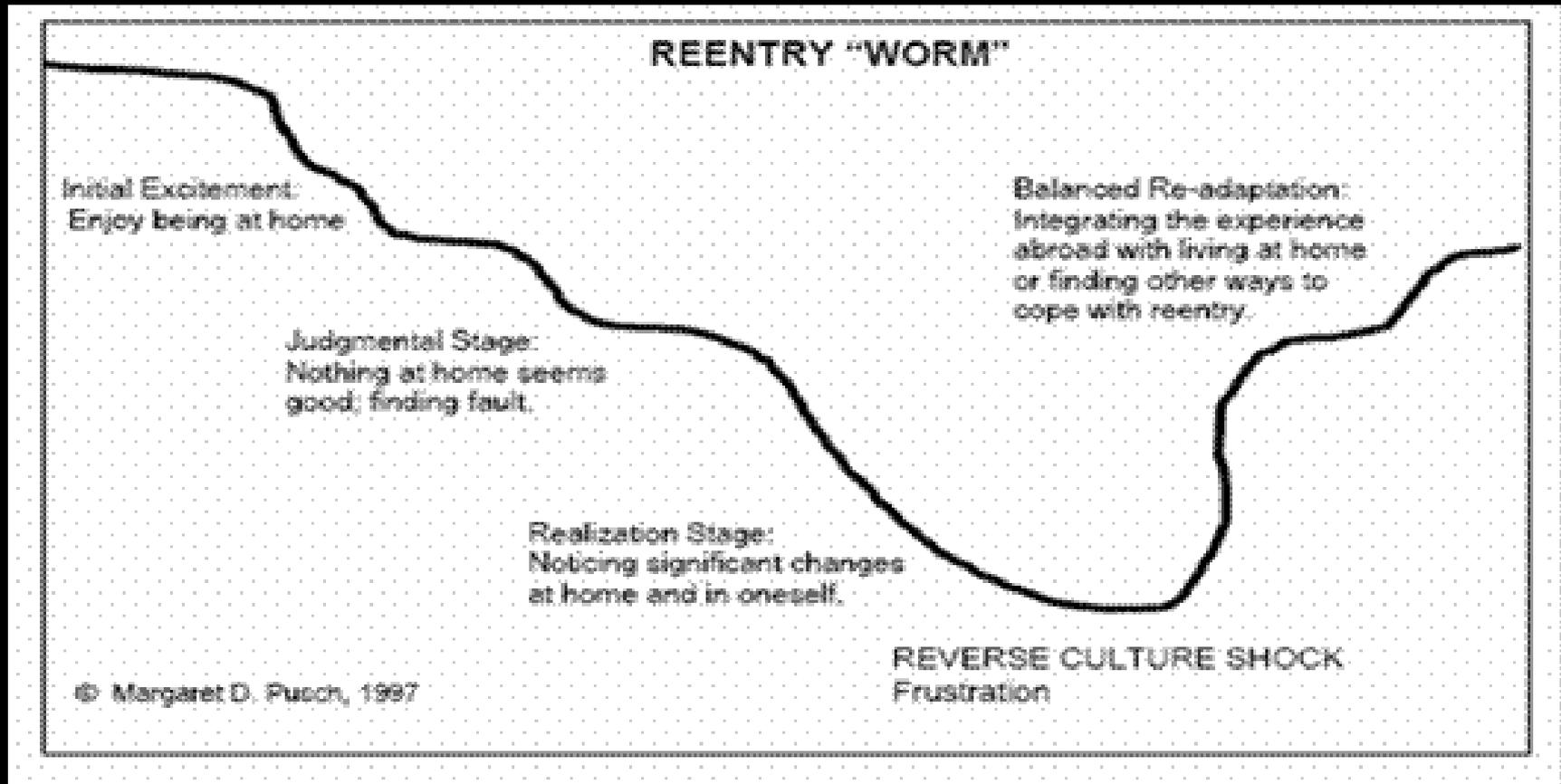
What's next?

What is Re-entry?

- Returning “home”
- When you arrive “home” (your community/ country) again after studying or living abroad you may face some emotional challenges.
- To overcome these challenges and readjust to life, you may need to:
 1. connect with others
 2. integrate your new experiences into your academic and professional life
 3. find ways to continue to have “international experiences”

Source: www.ourworld.worldlearning.org

Reentry “WORM”



•Note: NOT all students' experiences fit into these categories. These emotions can happen at any point during your re-entry.



Common Feelings

- No one understands.
 - Nobody cares.
 - Nothing is the same as when I left.
 - Americans are so...
 - This isn't real cheese, in France...
 - I want to go back.
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Difficulties you may face...

- Pace of Life
 - *"People in the US are far too tense, selfish and in a hurry."*
- Consumerism
 - *"Then Christmas hit. The extravagance was overwhelming and depressing to me – the waste, the excess."*
- Personal Communication
 - *"I felt like I was unable to really communicate to people what my semester abroad meant. Few people want to take the time to hear about what really touched your heart and changed your perspective."*

Difficulties you may face..

(cont'd)

- Returning to School

- *"When I went back to school I was hit with the reality that the lives of my friends had changed and I was no longer a part of the close knit circle I had had before."*

- Worldview

- *"One hard thing for me was finding myself among peers who don't share the same global consciousness that I had acquired while I was away. I wanted to smack a lot of people and tell them to wake up and look around them, even though I could easily have been one of them four months before."*

- Self Image

- *"I definitely felt the shock of "being normal."*

“International Experience”

That means global companies are increasingly looking for **adaptable** employees who can show they are able to work for short periods in a variety of countries and work cultures.

“No longer are business simply looking for the Asia specialist or the Latin America specialist,” Hachey told CNN.

“What they are especially interested in is that you can demonstrate that you have **crossed over various cultures** at various times, and you have a set of skills that mean you can quickly be up and running in new cultures.”

“If you can demonstrate to future employers that you **understand international work environments**, that you can **function in a culture** other than your own, away from the support units and friends, then you have the prerequisites for working abroad,” he said.

Marketing your Study Abroad Experience

- Resume
- Cover Letter
 - it is appropriate to mention your International experience in your cover letter to highlight a skill
 - Remember to keep your cover letter on point though, and not to ramble on about your experience.
- Interview
 - remember to only use stories from abroad that highlight a skill or help to answer a question about you

Incorporate your international experience into your resume

■ **Format Your Resume**

- Include your semester abroad in the Education section of your resume.
- Create a separate category named International Education if you have had more than one international experience.

■ **Describe What You Did While Abroad**

- In addition to listing the details of where and when you studied, add several statements with action verbs.
- Examples:
 - Immersed in a six month intensive language program.
 - Conducted all coursework in Spanish.
 - Demonstrated the competence and flexibility to function well in cross-cultural situations.

Examples of skills gained through Study Abroad that you can put on your Resume:

- Interpersonal Skills
- Intercultural Communication Skills
- Global Business Practices
- Diversity Training
- Overcoming Adversity
- Networking Opportunities
- Self-reliance
- Self-confidence
- Language Skills

Returning overseas: post-graduation

- Study abroad again
 - Cannot study abroad more than 30 hours
 - Cannot go abroad the semester you intend to graduate
- Graduate school abroad
- Volunteer Abroad
 - Peace Corps
- Work Abroad
- Teach Abroad
 - JET
 - Dave's ESL Cafe – eslcafe.com



Get Involved

- Events:
 - Information Sessions
 - Study Abroad Fair
 - Wed, Sept. 11, 10a.m.-1p.m., Dubuis Lawn
 - Intl Food Festival – late Sept/early Oct
 - Asian New Year – Jan/Feb
- 



Get Involved

- Other Ways:
 - Write about your experience
 - For the website
 - On study abroad websites
 - Study Abroad Club
 - Study Abroad Alum Facebook Page
 - “What I wish I knew when I was a freshman”
brown bag lunch