

JULY 28

WHAT'S THE
WORD

**CAMPUS ENGAGEMENT
VIRTUAL EVENTS**

COMMUNITY MESSAGES

**CAREER SERVICES
VIRTUAL CAREER EXPO**

SUMMER MOVIES - JULY

SUMMER 2020
UNIVERSITY OF THE INCARNATE WORD

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Message from Campus Engagement

What's the Word is produced for you, our UIW students, as a way to help keep you up to date on the latest from your University. The start of the fall semester is less than a month away now, and the Campus Engagement team remains hard at work preparing new ways to stay engaged with you as we wrap up the summer and begin a new academic year. Visit uiw.edu/cardinalflightplan for the latest updates on the upcoming semester.

This week in What's the Word, we invite you to participate with other students at a movie /chat night and enjoy our POP-UP bingo. There is so much we can still do together from home. We hope you enjoy exploring our online magazine. Let us know what you want to see in the next edition. Remember to stay engaged by logging in to Cardinal Apps, where you can find information on fun events, chances to win prizes and more!

"Patience is not the ability to wait but the ability to keep a good attitude while waiting."

Joyce Meyer

Praised be the Incarnate Word!

UIW ENGAGE



YOUR INVITATION TO EVERYTHING CAMPUS ENGAGEMENT IN 3 EASY STEPS

STEP 1

Visit uiw.edu
and log in to
"Cardinal Apps"

STEP 2

Click on the **ENGAGE** tab. Use
the search bar to find an
organization or view events
that are listed.

STEP 3

Click on the event and enjoy!
Win prizes and swag and have
fun!

WHAT WILL YOU FIND?

- Participate in competitions for awesome prizes
- Search over 100 student organizations to become involved
- Stay connected with Student Government and Campus Activities Board
- Movie night with your friends. CHAT ROOM AVAILABLE
- DIY step by step interactive activities
- Opportunities to meet other students
- LIVE talent shows and music concerts
- POP UP shops, POP UP giveaways and POP UP karaoke

CAMPUSENGAGEMENT@UIWTX.EDU

210-829-6043

ZOOMIN' WITH THE ADVISORS

Join the University
Advising Center for
Zoomday!

Starting in July, UIW advisors will be available to
address your questions & concerns using Zoom.
The Zoom App is accessible through Cardinal Apps.



UIW

Summer Zoomday Schedule

- Wednesday, July 15 from 10 - 12 p.m. & 2 - 4 p.m.
- Friday, July 24 from 10 - 12 p.m. & 2 - 4 p.m.
- Wednesday, July 29 from 10 - 12 p.m. & 2 - 4 p.m.
- Wednesday, August 5 from 10 - 12 p.m. & 2 - 4 p.m.
- Friday, August 14 from 10 - 12 p.m. & 2 - 4 p.m.



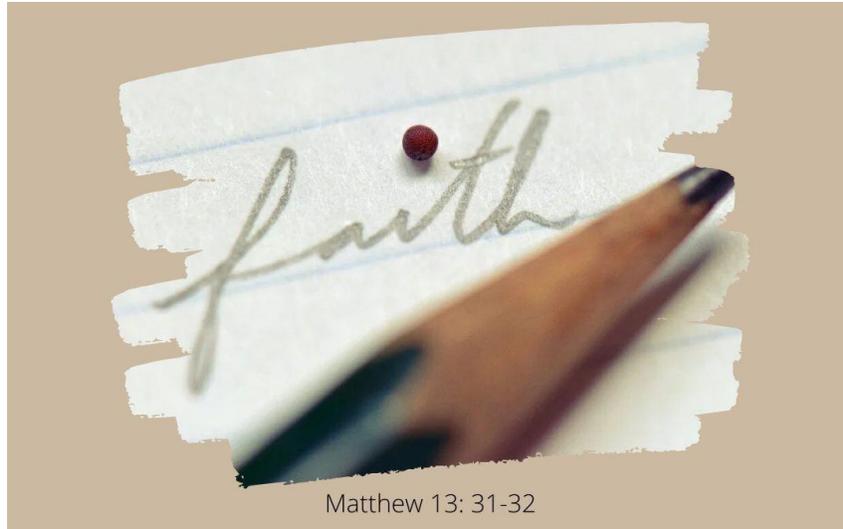
For additional information, please visit the [UAC Website](#).

When This is Over, Again | Cuando esto termine, otra vez

When this is over,
May we never again
take for granted
a handshake with a stranger
full shelves at the store
conversations with neighbors
a crowded theatre
Friday night out
the taste of communion
a routine checkup
the school rush each morning
coffee with a friend
the stadium roaring
each deep breath
a boring Tuesday,
life itself.

When this ends,
May we find
that we have become
more like the people
we wanted to be
we were called to be
we hoped to be
and may we stay
that way – better
for each other
because of the worst.

Laura Kelly Fanucci (c)



Dear Jesus, we know you are present in the little things of life. We sense that the seeds of faith which you continue to plant within us will grow, even without our awareness, sometimes despite us. When we are discouraged today, remind us again of this story, this image of growth, that we might take the longer view, we might see the bigger picture, and we might be strengthened by the good news that you are not yet through with us.

In Jesus' name.

Amen.

Prayer taken from: <https://revkerry.com/2017/10/23/matthew-1331-32/>



ministry@uiwtx.edu | 210-829-3128

STRONGER TOGETHER

ECCLESIASTES 4:12

WE ARE ALWAYS HERE FOR YOU!



WHETHER YOU WANT TO LEARN HOW TO BEST SET GOALS,
OR NEED HELP MANAGING YOUR ANXIETY,
THERE ARE OPTIONS FOR YOU TO GET HELP!

UIW[®]

YOU OK?

www.uiw.edu/counseling

UIW COUNSELING SERVICES

Zoom or phone sessions for UIW students residing in Texas
210-832-5656

CareConnect Hotline
888-857-5462

In Case of Emergency...

EMERGENCY SERVICES
Call 911 or go to the nearest Emergency Room

NATIONAL SUICIDE PREVENTION LINE
1-800-273-8755

SPORTS AND WELLNESS INFO & Q&A SESSION

ZOOM OPEN FORUM

INFO ON FALL
PROGRAMMING & SERVICES

Intramurals ·	·	Wellness Center
Club Sports ·	·	Natatorium
Student Wellness ·	·	Fencing Center

DATE

TUESDAY, AUGUST 11
THURSDAY, AUGUST 13
4:00 PM - 5:00PM

Zoom Meeting ID: 919 8216 4286



HOME WORKOUT

RANDALLE WILLIAMS-DIAZ, ATC, LAT

SUPINE BRIDGE

3 SETS
10 REPS
5 SEC HOLDS



CLAMSHELL

3 SETS
10 REPS
3 SEC HOLDS



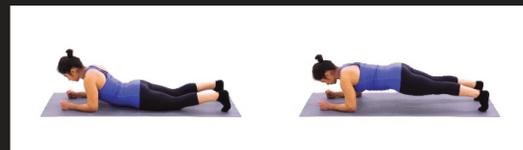
SHOULDER ROTATION AND
SCAPULAR RETRACTION

3 SETS
12 REPS
5 SEC HOLDS



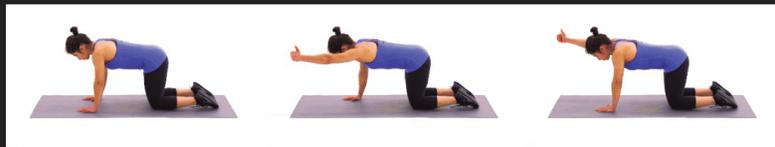
STANDARD PLANK

3 SETS
10 REPS
5 SEC HOLDS



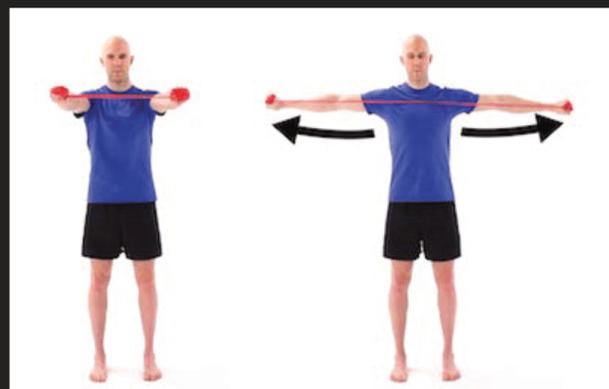
QUADRUPED ALT. ARM LIFT

3 SETS
10 REPS
2 SEC HOLDS



STANDING SHOULDER HORIZONTAL
ABDUCTION WITH RESISTANCE

3 SETS
10 REPS
5 SEC HOLDS



 **UIW**
SPORTS & WELLNESS

CHECK OUT THE FULL DETAILS OF THIS WORKOUT &
MORE WORKOUTS AT UIW.EDU/WELLNESS

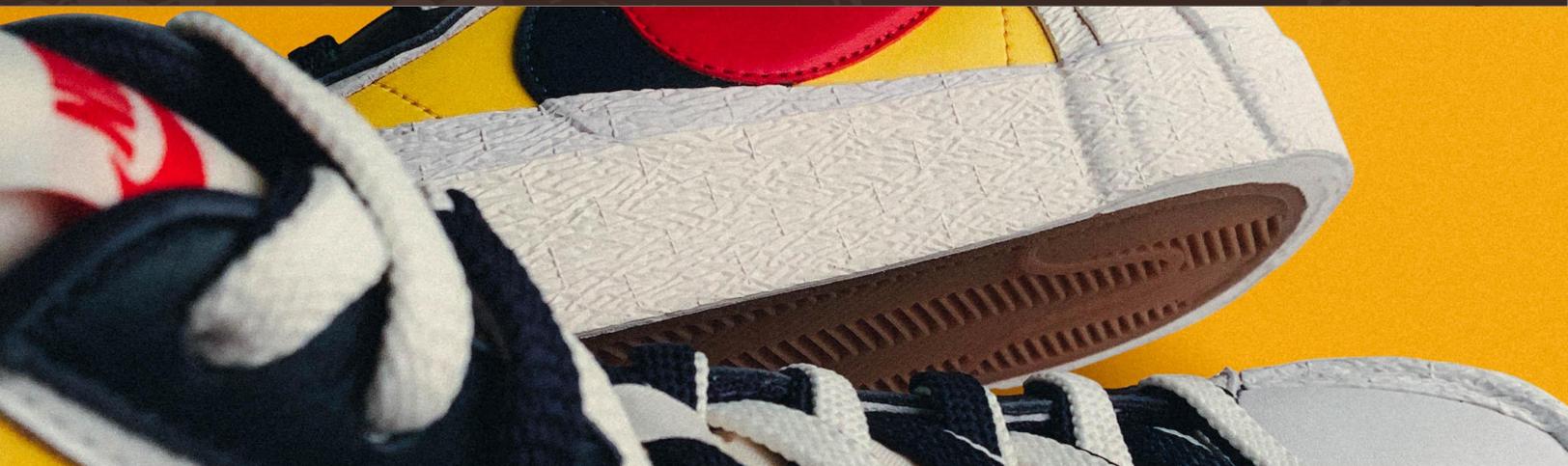
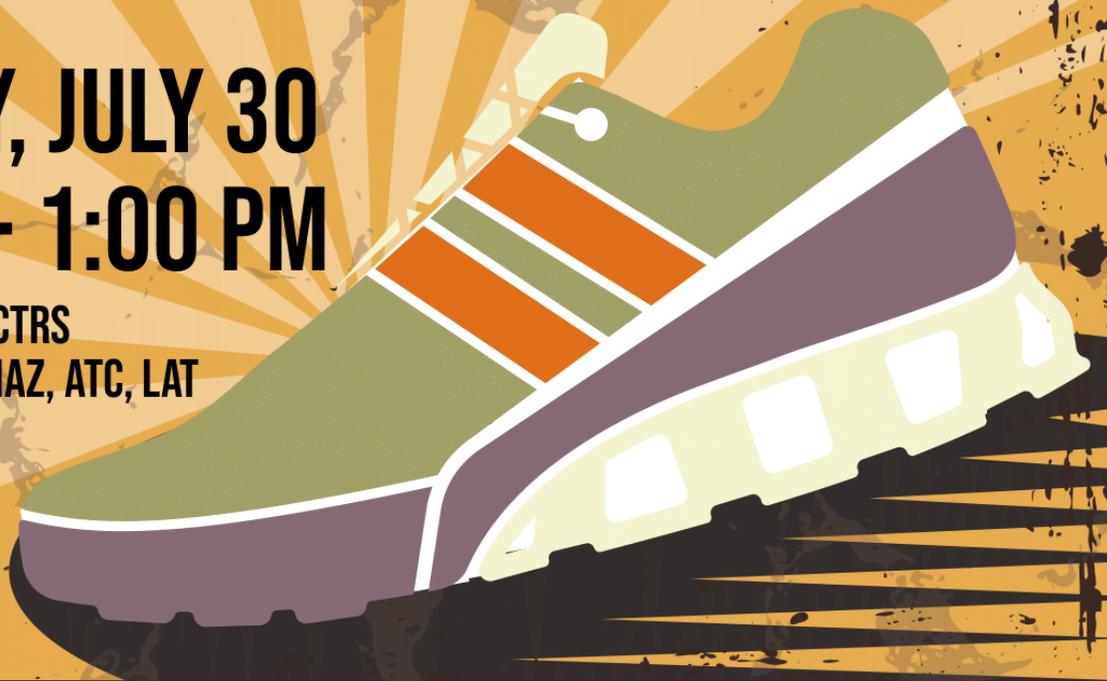


HOW TO PICK THE RIGHT SHOES FOR YOU

ZOOM MEETING ID: 978 0179 6532

THURSDAY, JULY 30
12:00 PM - 1:00 PM

SCOTT LEBLANC, MAA, CTRS
RANDALLE WILLIAMS-DIAZ, ATC, LAT



LOOKING FOR A NEW CAREER OPORTUNITY?

GREATER SAN ANTONIO VIRTUAL CAREER EXPO

AUGUST 4, 2020

An efficient way to meet with Recruiters

- Save time and meet with recruiters online
- Event is free for job seekers to attend
- Full-time, Intern, Co-op, Seasonal, & Part-time jobs

Register at CareerEco.com/Events/SanAntonio

For details: [770.980.0088](tel:770.980.0088) | SanAntonio@CareerEco.com



UIW is collaborating with institutions across San Antonio to create an opportunity for students and alumni to network from home via the Greater San Antonio Virtual Career Expo.

Students will have the opportunity to virtually connect with employers from across the nation. Students and alumni can prepare for the expo, scheduled for August 4, by reviewing the attending employers prior to the event and preparing to interact with them through a chat, rather than a face-to-face interaction like they would at a traditional career fair. Participants should review what time each employer will be online to ensure that they will be in the expo while a particular employer is online. Once a participant has connected with an employer in the general chat, employers can invite participants to a private chat, where they can ask more specific questions about a participant's experience and qualifications.

[Register here](#) and learn how to participate in the career expo.

Participants can also prepare for the expo by reviewing their résumé and utilizing the UIW Career Services Office resume resources page, uploading their résumé to Optimal Resume for immediate feedback or by scheduling an appointment with the Career Services Office via Handshake. Career Services can also be reached at careers@uiwtx.edu or **210.829.3931**.



Cardinal Online Learning Orientation

This module will help you understand what to expect and prepare you to be successful in your online journey. You will find information on technology requirements, the basics of how online courses at UIW work, ways to be successful, and what is expected of you as a student. Finally, you will find ways to reach out any time you need help. Find instructions for accessing the orientation on the Tutoring Services webpage:

<https://my.uiw.edu/tutoringservices/>.

#StopTheSpread

How to use a mask

Source: World Health Organization



Before Putting on a Mask:

Clean hands with **alcohol-based hand sanitizer** or **soap and water**.



While Wearing a Mask:

1. **Cover your mouth and nose.** Make sure there are no gaps between your face and the mask.
2. **Avoid touching the mask.** If you do, clean your hands with alcohol-based hand sanitizer or soap and water.
3. **Do not re-use single-use masks.** Replace the mask with a new one as soon as it is damp.



To Dispose of the Mask:

1. Remove the mask from behind using the strings. **Do not touch the front of the mask.**
2. Discard the mask **immediately** in a closed bin.
3. **Clean hands with alcohol-based hand sanitizer** or **soap and water**.



I wear a mask for...

Practice compassion and share who you wear a mask for!

Practicing compassion can take shape in many ways, including wearing a face mask. This campaign is intended to inspire and educate the public on the importance of wearing a mask/face covering to help minimize the spread of COVID-19, which some research reveals may mitigate the spread of the virus by 40%. For more information, please visit the CDC website at <https://www.cdc.gov/>

Students may earn up to one hour of community service hour for submitting a video or picture sharing "I wear a mask for..."

Please follow these steps to earn up to one hour of community service:

- Register and add impact using this designated event <https://givepul.se/2w6i84>
- Submit a 15-30 second video or picture answering the phrase, "I wear a mask for..."
- Complete reflection questions
- By completing this activity and submitting your project to the Ettlign Center, you are authorizing and giving the Center permission to post and distribute your submission on their social media platforms



Should you have any questions or need additional information, please call (210) 832-3208 or email us at ccl@uiwtx.edu.

Ettlign Center for Civic Leadership & Sustainability
(210) 832-3208
ccl@uiwtx.edu



2020-2021 CARDINAL COMMUNITY LEADERS PROGRAM

DEVELOPING LEADERS WHO PROMOTE SOCIAL JUSTICE IN
PARTNERSHIP WITH DIVERSE LOCAL & GLOBAL COMMUNITIES

WHY BECOME A CARDINAL COMMUNITY LEADER?

- GIVE BACK to your COMMUNITY
- Apply & learn SOCIAL JUSTICE leadership through a local, national, regional or international service experience
- Develop your LEADERSHIP skills through service & mentoring

PROGRAM REQUIREMENTS

- UIW undergraduate freshman, sophomore, or junior
- Cumulative GPA of 2.75
- Completed 12 hours of coursework or in progress (must have completed a Level I Religious Studies class or currently enrolled)
- Participate in a required Cardinal Community Leaders Orientation
- Participate in at least one Ettling Center Service Mission Trip (local, regional, national, or international)
- Commit to a minimum of 10 hours of service each fall and spring semester
- Commit to serve and assist in 5 Ettling Center events per academic year (this can include voter registration drives, volunteer fairs, community service days, lectures/presentations)
- Selected students will be required to enroll in RELS 3399 Social Justice Leadership course for Fall 2020
 - This is a Level II Religious Studies class and has a prerequisite of a Level I Religious Studies class. This class can fulfill the undergraduate UIW Core Curriculum requirement of an upper level Religious Studies or Philosophy class. Please consult with your academic advisor to review your degree plan.
- Commit to serve as a Cardinal Community Leader for 1-2 consecutive academic year(s).

HOW TO APPLY?

- For complete program requirements & application:
 - <https://uiw.campuslabs.com/engage/submitter/form/start/415403>

For more information on the program requirements and application process, please email or call Yesenia Caloca, Assistant Director, at caloca@uiwtx.edu or 210-805-2547.

APPLICATION

DEADLINE:

FRIDAY,

AUGUST 7



**UNIVERSITY OF THE
INCARNATE WORD.**

ETTILING CENTER FOR
CIVIC LEADERSHIP
& SUSTAINABILITY



HAVE QUESTIONS ABOUT
COMMUNITY SERVICE HOURS?

Schedule a Virtual Appointment!

We would love to hear from you and answer any questions you may have regarding community service hours or how to track your hours on the UIW ENGAGE/GIVEPULSE system.

Please call us at (210) 832-3208 or email us at ccl@uiwtx.edu to schedule a Zoom appointment.

ETTLING CENTER FOR CIVIC LEADERSHIP &
SUSTAINABILITY
(210) 832-3208
CCL@UIWTX.EDU



CAMPUS ENGAGEMENT VIRTUAL EVENTS

TUESDAY

28



THURSDAY

30

BINGO NIGHT LOTERIA

LOG ON TO
ENGAGE FOR
EVENT DETAILS

WEEK 26-1

FRIDAY

1

CAMPUS ENGAGEMENT MOVIE NIGHT

LOG ON TO ENGAGE
FOR ZOOM LINK

CHAT ONLINE

WEEK 2-8

WEDNESDAY 5

BINGO NIGHT LOTERIA

LOG ON TO
ENGAGE FOR
EVENT DETAILS

FRIDAY 7

SHOW US YOUR MASK



Add your mask picture on
social media
and tag us
[@uiwcampusengagement](https://www.instagram.com/uiwcampusengagement)

SATURDAY 8

CAMPUS ENGAGEMENT MOVIE NIGHT

LOG ON TO ENGAGE
FOR ZOOM LINK

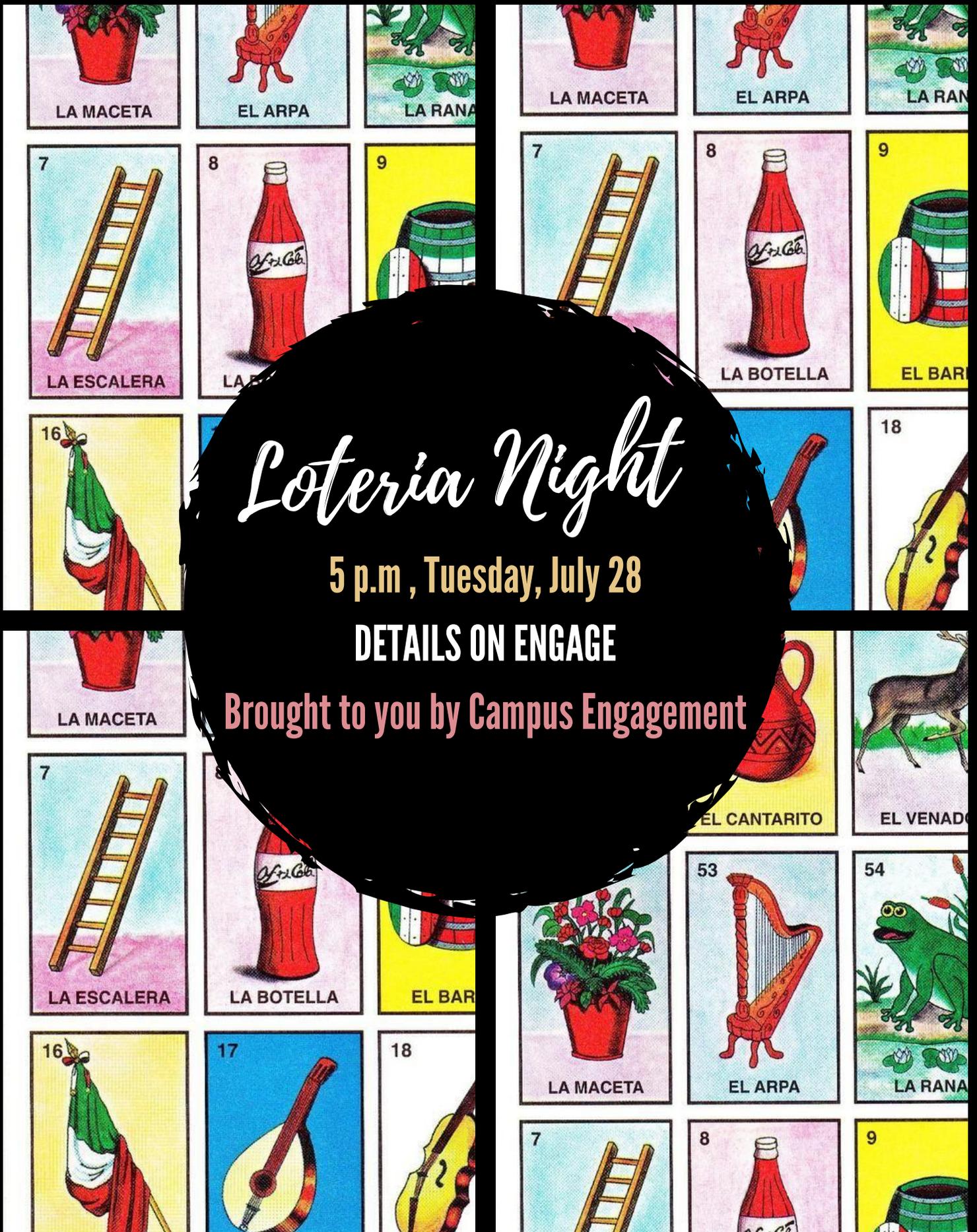
CHAT ONLINE

Loteria Night

5 p.m., Tuesday, July 28

DETAILS ON ENGAGE

Brought to you by Campus Engagement



MOVIE NIGHT

BROUGHT TO YOU BY CAMPUS ENGAGEMENT



PLEASE LOG INTO ENGAGE FOR MORE DETAILS



★ **TOP 5 JULY
NETFLIX MOVIES** ★

1 PATRIOTS DAY

2 DESPERADOS

3 DANGEROUS LIES

4 ONLY

5 ZODIAC



★ **TOP 5 JULY
NETFLIX SHOWS** ★

1 THE LAST DANCE

2 ALL AMERICAN

3 DOWN TO EARTH

4 YOU

5 BLACK MIRROR



DID YOU KNOW?

August 2

National Friendship Day

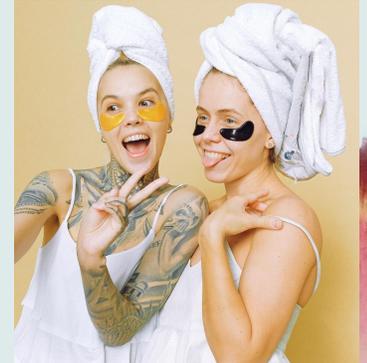
National Friendship Day occurs every year on the first Sunday of August and celebrates the importance of loving, platonic relationships.



August 2

National Sisters Day

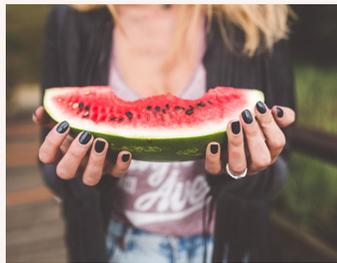
When the group, Sister Sledge, sang "I've got all my sisters with me," it could have been an ode to National Sisters Day, which is always celebrated on the first Sunday of August — this year it falls on August 2.



August 3

National Watermelon Day

Did you know that watermelon is 92% water? No wonder it's so refreshing! People have been digging into this tasty, juicy fruit for millennia and it all started in Ancient Egypt.



August 8

International Cat Day

August 8 is International Cat Day - a day to celebrate one of man's most common and ancient pets. They have even been worshiped as gods (we see you, Egypt). Well, it is not surprising. Cats are one of the coolest beings on the planet: they are independent, inquisitive, adventurous, have an amazing physiognomy, and have the power to heal by themselves - at least most of the time.



August 9

National Book Lovers Day

Books are the purest form of escapism. They can take you to any time, place, or culture. In honor of National Book Lovers Day August 9, we put away our smartphones, pull out a good book and simply read.



August 18

National Fajita Day

It's a day to celebrate the authentic taste of the Southwest with the fiesta of flavor known as the fajita. Throw in some awesome black beans or even add a little hot sauce, guacamole, sour cream, or cheese.



August 12

National Vinyl Record Day

National Vinyl Record Day on August 12 is your chance to go old school. Spin music lovers all around the world have disagreements on a number of things, but one thing we think everyone can agree on is that vinyl records are here to stay.



August 26

National Dog Day

Can you believe that our furry friends have been with us for at least 14,000 years? Thank goodness for that because what would we do without man's best friend?



August 20

National Lemonade Day

Participating cities will have the chance to teach youth about setting up their own lemonade stand and running their own company. It's a great way to meet people in your city, sip on a refreshing beverage and put your money to a good cause.



Holiday Countdown



102 DAYS UNTIL HALLOWEEN



128 DAYS UNTIL THANKSGIVING



157 DAYS UNTIL CHRISTMAS



163 DAYS UNTIL NEW YEAR

COMMUNITY

MESSAGES

- **UIW EMERGENCY AID PROGRAM**
- **COVID-19 REMINDERS**
- **UIW CAMPUS HEALTH PROTOCOL**
- **FROM UIW BEHAVIORAL HEALTH SERVICES**

COMMUNITY MESSAGES

Message from the Office of the Provost **UIW Emergency Aid Program**

These unprecedented times have brought about many challenges that have impacted every one of you. For some, this may mean extra strain on your families, finances and college experience.

We remain committed to supporting you academically, spiritually and in times of need. This month, the University of the Incarnate Word launched an Emergency Aid program to help students overcome temporary financial hardship and difficulty covering expenses such as food, housing, course materials, healthcare, childcare, tuition and fees due to COVID-19.

The Emergency Aid program awards funds up to \$800 for qualifying expenses and is funded through the federal CARES Act and UIW's Emergency Impact Fund. Awards based on need, qualifying expenses and aid are available.

Students currently enrolled in Spring 2020 are eligible to apply, but priority will be given to those demonstrating hardship due to disruption of campus operations and/or changes to their course delivery platform due to COVID-19. Per the U.S. Department of Education, only enrolled, Title IV eligible students experiencing hardship and campus disruption due to COVID-19 may receive CARES Act funds, however all enrolled students experiencing COVID-19 hardships may apply for UIW Emergency Impact Fund awards.

Please visit <https://www.uiw.edu/finaid/emergency-aid.html> for more information about the application, qualifying expenses, special circumstances and additional resources. You may access and submit the application directly on the site.

We hope this program will assist you in navigating these trying times. If you have additional questions not addressed on the webpage or application, please contact the financial aid office at finaid@uiwtx.edu.

Stay safe, Cardinals.

Sincerely, Sandy McMakin
Associate Provost, Academic Support Services

COMMUNITY MESSAGES

COVID-19 Reminders

Members of our campus community are reminded to take precautions to slow the spread of COVID-19. The best way to prevent infection is to take precautions to avoid exposure to this virus, which are similar to the precautions you take to avoid the flu. CDC always recommends these everyday actions to help prevent the spread of respiratory viruses:

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer. Avoid touching your eyes, nose, and mouth with unwashed hands. Avoid close contact with people who are sick. Stay home when you are sick. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces.

For more information, please visit the [CDC's Coronavirus website](#).

To stay up to date on the City of San Antonio's COVID-19 updates, [click here](#).

We will continue to monitor and update our campus community on the coronavirus outbreak as needed.

[Click here](#) for the latest UIW COVID-19 updates.

If you have any questions about UIW's response to COVID-19, [please fill out this form](#).

COMMUNITY MESSAGES

UIW Campus Health Protocol

In our continuing effort to protect members of the UIW community, offices will remain closed until further notice, and employees will continue working remotely. We will continue to monitor the situation and provide updates as appropriate.

Effective Friday, May 1, 2020, there will be a check-in station at all UIW campuses. In accordance with Gov. Abbott's directives for businesses, before admittance to campus, all employees and guests, working or visiting, will have their temperatures taken and will need to indicate if they have any of the following new or worsening signs or symptoms of possible COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
- Known close contact with a person who is lab confirmed to have COVID-19

Please note that admittance to any UIW campuses will not be permitted if you have any COVID-19 symptoms. Employees also have a responsibility to self-report if they have any of the above symptoms directly to HR, their supervisor, or by completing the [online reporting illness form](#). Out of an abundance of caution for members of our community during this pandemic, employees and visitors are reminded to stay home if they are sick.

As a reminder, UIW requires all employees working on and visiting campus to comply with the face coverings directive issued by San Antonio Mayor Ron Nirenberg. For the safety of all employees, please ensure that proper safety precautions are followed. All employees and guests should wash or sanitize their hands upon entering the business and maintain at least 6 feet of separation from other individuals. If such distancing is not feasible, other measures such as face-covering, hand hygiene, cough etiquette, cleanliness, and sanitation should be rigorously practiced.

Additionally, UIW requires all employees to display their UIW ID or nametag when working on and visiting campus.

For more details on the new statewide measures, please read the Governor's "[Texans Helping Texans](#)" report.

COMMUNITY MESSAGES

From UIW Behavioral Health Services

UIW Behavioral Health Services continues to offer counseling to students who are **physically in Texas** using Zoom or phone. To initiate counseling, please call us at **(210) 832-5656** between 8 a.m. and 5 p.m. and we will assist you in completing needed paperwork and getting scheduled immediately and seen as quickly as possible. Counseling is offered by appointment, 8 a.m. – 5 p.m., Monday through Friday. Some appointments are offered after 5 p.m. based on clinician availability. At this time, we do not provide services on weekends or holidays, but we are happy to direct you toward any needed weekend resources.

If you call us and leave a message outside of business hours, please be aware that we will return your call within 24 hours. If you contact us on the weekend or during a holiday, we will return your call the next business day.

If you are a faculty/administrator/staff member with concerns about classroom issues, in need of resource information, or inquiring about professional development/student presentations, please contact Director of Behavioral Health Services, Dr. Christie Melonson directly at (210) 829-3129 or via email at melonson@uiwtx.edu.

Should you have a serious concern about a particular student with possible mental health issues or if you have observed a behavioral incident, you are encouraged to make an online report at this link and to contact Mr. Matt Carpenter, director of student conduct and community standards at (210) 805-5864.

Here are some tips for managing anxiety at this time:

- Do things you enjoy, no matter what they are. You could read through the pile of books you've been accumulating or play video games if it keeps your mind from worry mode and makes you happy!
- Virtually hang out with friends. There are tons of apps you can use to hang out with your friends and family. You can have a virtual meetup with Zoom, play games together on Discord, and FaceTime or Skype with your older family members.
- Engage in physical activity and workouts, as well as in activities involving deep breathing, stretching, and meditation. Take a walk around your neighborhood or stream yoga and attempt that pose you've always been wanting to do.
- Engage in spiritual practices and virtual spiritual gatherings. Many churches and other places of worship are live streaming services throughout the week. They are also offering virtual bible studies and prayer sessions.
- Create routines for yourself and set small goals for what you would like to accomplish daily.
- Remind yourself that this time of quarantine is temporary and we are all doing the best we can!

Helpful Behavioral Health Resources:

- [Taking Care of your Behavioral Health from SAMSHA](#)
- [Stress and Coping from the CDC](#)
- [National Suicide Prevention Lifeline: 1 \(800\) 273-8255 \(24 hours a day\)](#)
- [Family Violence Prevention Services Domestic Violence Hotline: \(210\) 733-8810 \(24 hours a day\)](#)
- SAMHSA's National Helpline for mental health or substance abuse concerns: 1-800-662-HELP (4357)

If you are a student and feel that you are having a behavioral health emergency outside of clinic hours, please do the following:

- If you live on campus, please notify Campus Police, dorm staff or an administrator
- For students living off campus, call 911 or go to the nearest Emergency Room or Behavioral Health Hospital.



A Reminder from Title IX Department and the Student Conduct Office

**THE STUDENT CODE OF CONDUCT AND THE SEXUAL
MISCONDUCT POLICY STILL APPLY TO VIRTUAL LEARNING.**

**IN ALL YOUR INTERACTIONS AS A
STUDENT, (EMAILS, BLACKBOARD MESSAGE
BOARDS, ZOOM MEETINGS, ETC.) THE FOLLOWING ARE JUST
SOME OF THE BEHAVIORS THAT WOULD VIOLATE THESE
POLICIES:**

- **HARASSMENT (CAN BE SEXUAL OR NON-SEXUAL IN NATURE)**
- **DISRESPECTFUL, DISORDERLY, DISRUPTIVE OR
INDECENT CONDUCT**
- **STALKING**
- **BULLYING/INTIMIDATION**
- **VERBAL OR WRITTEN ABUSIVE STATEMENTS**
- **DISCRIMINATORY OR INFLAMMATORY STATEMENTS (RACIST,
SEXIST, ETC.)**
- **ACADEMIC DISHONESTY**
- **FALSIFYING DOCUMENTS**
- **VIOLATING THE UIW RESPONSIBLE COMPUTING POLICY**

**IF YOU FIND YOURSELF NEEDING TO FILE A REPORT FOR A
STUDENT CODE OF CONDUCT OR SEXUAL MISCONDUCT POLICY
VIOLATION, PLEASE GO TO: WWW.UIW.EDU/REPORT.**

UIW CARE TEAM

If you or someone else is exhibiting behaviors of concern, please know that the UIW CARE Team is here to help with:

- Anxiety
- Depression
- Suicidal/homicidal thoughts
- Hopelessness
- Emotional swings
- Dramatic change in “typical” behaviors
- Concerns about or a positive test for COVID-19
- Falling behind with coursework
- Lack of motivation



Fill out a referral at
www.uiw.edu/report

or call us at
(210) 805-5864



REMEMBER! REMEMBER! REMEMBER! OFFICE OF CAREER SERVICES

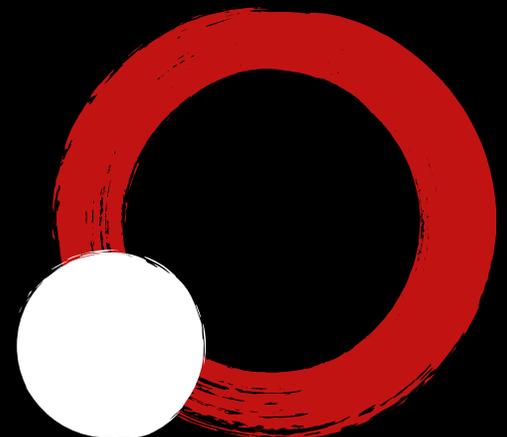
WE ARE HERE TO HELP!

In light of the current COVID-19 pandemic, the Office of Career Services will now be assisting students virtually through Skype/Zoom, email/chat, and phone. Please make your appointment via Handshake or by calling our office. Visit our [website](#) for more information.

HOW CAN WE HELP?

- Résumé Review
- Cover Letter Review
- Mock Interview
- Career Assessment
- Online Job Database
- Career Counseling
- Job Fairs
- Professional Development

Student Engagement Center, Suite 3030
210-829-3931 | careers@uiwtx.edu



Campus Engagement

campusengagement@uiwtx.edu

210-829-6034

FOLLOW US ON SOCIAL MEDIA CHANNELS FOR DAILY UPDATES



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UIW GREEK LIFE

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