

# CONTINUING EDUCATION 2026

DATES: JUNE 8-12  
2026

YEAR:  
2026

*Fashion Teaching Toolkit: Pick and Choose the Courses You Need Most*

	MON 6/8	TUE 6/9	WED 6/10	THURS 6/11	FRI 6/12
9AM-12PM	<p><u>Fashion Sketching (6 hours)</u> <i>Theresa Alexander</i></p> <p>-----</p> <p><u>Fashion History Through the Decades (3 hours)</u> <i>Melinda Adams</i></p>	<p><u>Fashion Sketching (6 hours)</u> <i>Theresa Alexander</i></p> <p>-----</p> <p><u>Fashion Show Production (3 hours)</u> <i>Melinda Adams</i></p>	<p><u>Pattern Basics (6 hours)</u> <i>Theresa Alexander</i></p> <p>-----</p> <p><u>Textile Foundations (3 hours)</u> <i>Jessie Liu</i></p>	<p><u>Pattern Basics (6 hours)</u> <i>Theresa Alexander</i></p> <p>-----</p> <p><u>Fashion &amp; Film Analysis (3 hours)</u> <i>Lalon Alexander</i></p>	<p><u>Adobe Illustrator – Fashion Logo (6 hours)</u> <i>Lalon Alexander</i></p>
12PM-1PM	Lunch	Lunch	Lunch	Lunch	Lunch
1PM-4PM	<p><u>Photoshop - Mood Board (6 hours)</u> <i>Theresa Alexander</i></p> <p>-----</p> <p><u>Repair, Mend, &amp; Care – Extend your Wardrobe (3 hours)</u> <i>Lalon Alexander</i></p>	<p><u>Photoshop - Mood Board (6 hours)</u> <i>Theresa Alexander</i></p> <p>-----</p> <p><u>Curriculum Makeover (3 hours)</u> <i>Lalon Alexander</i></p>	<p><u>Fashion Careers &amp; Industry Exploration (3 hours)</u> <i>Lalon Alexander</i></p> <p>-----</p> <p><u>Sustainability in Fashion (3 hours)</u> <i>Jessie Liu</i></p>	<p><u>Fabric Techniques – Tucks (3 hours)</u> <i>Lalon Alexander</i></p>	<p><u>Adobe Illustrator – Fashion Logo (6 hours)</u> <i>Lalon Alexander</i></p>

# COURSE DESCRIPTIONS

## 3-Hour Course Options:

- **Fashion History Through the Decades:** Monday morning, June 8, 9 AM – Noon, Taught by Melinda Adams
  - *We will cover 20,000 years of fashion, from ancient Mesopotamia to the present.*
- **Repair, Mend, & Care – Extend Your Wardrobe:** Monday afternoon, June 8, 1 – 4 PM, Taught by Lalon Alexander
  - *Learn practical garment repair techniques, visible mending as creative expression, and proper care methods that you can immediately teach to help students build lifelong skills in clothing maintenance and sustainability.*
  - **Supplies:** *bring 1-2 garments that need repair, basic hand sewing needles, a thimble, and small sharp snips*
- **Fashion Show Production:** Tuesday morning, June 9, 9 AM – Noon, Taught by Melinda Adams
  - *Learn the basics of producing a fashion show from start to finish.*
- **Curriculum Makeover:** Tuesday afternoon, June 9, 1 – 4 PM, Taught by Lalon Alexander
  - *Transform your existing fashion curriculum with fresh teaching strategies, updated projects, and TEKS alignment support—walk away with a revitalized semester plan and ready-to-use resources that re-energize both you and your students.*
- **Textile Foundations:** Wednesday morning, June 10, 9 AM – Noon, Taught by Jessie Liu
  - *Build essential textile knowledge through hands-on lab activities exploring fiber identification, yarn processing, fabric construction and finishing—designed to strengthen core skills you can directly integrate into classroom textile units.*
- **Sustainability in Fashion:** Wednesday afternoon, June 10, 1 – 4 PM, Taught by Jessie Liu
  - *Explore sustainability in fashion through stakeholder analysis and lifecycle assessment, learning practical frameworks to evaluate environmental and social impacts and guide students toward more responsible design and sourcing decisions.*
- **Fashion Careers & Industry Exploration:** Wednesday afternoon, June 10, 1 – 4 PM, Taught by Lalon Alexander
  - *Discover engaging activities and research projects that expose students to diverse fashion career paths beyond design, connecting classroom learning to real-world opportunities and helping students envision their futures in the industry.*
- **Fashion & Film Analysis:** Thursday morning, June 11, 9 AM – Noon, Taught by Lalon Alexander
  - *Explore how costume design drives storytelling and character development through engaging film analysis activities that blend fashion history, visual literacy, and critical thinking—perfect for interdisciplinary connections that captivate students.*
- **Fabric Techniques – Tucks:** Thursday afternoon, June 11, 1 – 4 PM, Taught by Lalon Alexander
  - *Master the art of tucking as both a structural and decorative technique through hands-on sampling and pattern manipulation, gaining professional skills and student-ready projects that elevate garment construction and design sophistication.*
  - **Supplies:** *bring fabric scissors, thread snips, sewing pins, a ruler, pencil, and plain woven scrap sewing fabric such as muslin or quilting fabric (no smaller than 10"x10") for samples.*

## 6-Hour Course Options:

- **Fashion Sketching:** Monday and Tuesday mornings, June 8-9, 9 AM – Noon, Taught by Theresa Alexander
  - *Learn how to draw clothes on a basic croquis figure and how to teach sketching.*
  - **Supplies:** *bring a pencil, good eraser, ruler, and any type of drawing paper (copy paper is fine).*
- **Photoshop – Mood Board:** Monday and Tuesday afternoons, June 8-9, 1 -4 PM, Taught by Theresa Alexander
  - *We will cover how to teach the basics of Adobe Photoshop using a fashion Mood Board Project. Learn what to cover and how to problem-solve student issues.*
- **Pattern Basics:** Wednesday and Thursday mornings, June 10-11, 9 AM – Noon, Taught by Theresa Alexander
  - *Learn the basics of dart rotation, adding fullness, and creating seams on patterns.*
  - **Supplies:** *bring paper scissors, a pencil, eraser, a ruler, and tape (magic or Scotch tape is preferred).*
- **Adobe Illustrator – Fashion Logo:** Friday full day, Jun 12, 9 AM – 4 PM, Taught by Lalon Alexander
  - *Build your Adobe Illustrator confidence while creating a complete fashion brand logo from concept to final design, learning essential tools and techniques that translate into student projects for digital fashion illustration and brand identity development.*