

September 1, 2020

Dear Inaugural Fellows of the San Antonio Compassionate Institute:

As we look into the Labor Day weekend, I am reminded of you and your commitment to San Antonio, especially of your very specific role in providing the education of compassion within every level of education in our city. We are looking forward to the strategies of compassion in action coming out of each of your twelve cohorts during the 20/21 academic year.

There are a few things that I would like to mention to help affirm and strengthen your efforts:

- 1. In case you were unable to attend, here is the link to the helpful video from our SA Compassionate Institute 2020 press conference: <u>https://www.youtube.com/watch?v=RGk7QCt27hk</u>
- 2. Here is a sample strategy that I am proud of and from my alma mater, Trinity University: <u>https://www.facebook.com/TrinityUniversity/videos/1170248100023516</u>
- 3. Remember, the City would like to honor your institution and gift you with a tree (or a grove of trees) to help proclaim you as a Compassionate Institution of Education. <u>https://www.sanantonio.gov/ParksAndRec/Want-to-Help/Compassion-Tree-Project</u>
- 4. There is a global Lesson of Compassion being offered to all the ~450 Compassionate Cities, specifically for 18-34 year old, on the World Day of Peace, September 21. It comes from the same people who created the Compassionate Integrity Training that you and I have taken to strengthen Compassionate SA. <u>https://citmgiep.paperform.co/</u>
- 5. SACRD.org is a community resourcing directory that I helped to launch and encourage you to utilize for yourself, others, and the system in which you labor and serve. <u>https://sacrd.org/directory/</u>

You all have my gratitude for your yearlong commitment of service to our city. Thanks also go to those who planned and made the Institute a reality. And thanks to UTSA for providing CEUs on your behalf. If you should have further questions about any of the above, feel free to send those to ann.helmke@sanantonio.gov.

I will be thinking about all of you this Labor Day.

Sincerely,

