UIW Behavioral Health: Counseling Services

- **Services:** Crisis Intervention, Individual, and Couples Counseling
  - Common Concerns: Anxiety, depression, trauma, addiction, relationship issues, career, personality, mood, and eating disorders
- **Phone Number:** (210) 832-5656
- **Website:** uiw.edu/counseling
- **Making an Appointment:** Call or go online for an in-person, Zoom, or phone sessions (if you are currently in Texas)
- **Hours:** M-F 8:00 a.m. - 5:00 p.m.
- **Location:** Broadway Campus, Administration Building, Suite 438
UIW Health Services

**Services**
- Primary Care Clinic
- Urgent Care - cough, colds, sore throat, or fever
- Physical exams
- Well-woman exams
- Immunizations
- Blood pressure, blood sugar, and cholesterol management
- Physical Therapy
- Psychiatrists
- Telemedicine Exams- Texas only

**Hours** - 8:00 am – 5:00 pm
**Days** - Monday – Friday
**Phone Number** - 210-829-6017
**Website** - [https://my.uiw.edu/health/index.html](https://my.uiw.edu/health/index.html)
**Location** - behind the nursing building
**Appointments** - call to schedule, walk-ups welcome
**Insurances** - Most major insurances accepted (Aetna, BCBS, Humana, United Healthcare, Cigna, Tricare)
**Self-Pay** - $35 for exam
CARE Team

• Prevention and Education
• Review
• Communication
• Intervention
• Coordination

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