



KINESIOLOGY

Non-Certification Track

Ila Faye Miller School of Nursing & Health Professions

Program Overview The program of study leading to the Bachelor of Science in Kinesiology prepares students to teach physical education in several environments. Students can choose from three different tracks: The All-Level Certification track, the Non-Certification track, and the Personal Training track. The All-Level Certification track enables students to complete a teacher certification in Elementary and Secondary Physical Education. Details for the requirements for Teacher Certification are explained in the Education section of the Undergraduate Bulletin. The Non-Certification track is prescribed for individuals who want to work in the private sector, camps and fitness centers. The Personal Training track is designed for individuals who would like to work as a personal trainer.

Professional School Opportunities Graduate options include a Master's Degree in Kinesiology or related areas.

Career Opportunities Many school districts seek graduates from the University of the Incarnate Word. While most of our graduates stay in Texas, there is also the opportunity to teach in other states. For those wanting work in the private sector, the degree qualifies the individual for entry into the many different sports/recreation businesses.

As a Kinesiology major, students will be prepared to work in the following areas:

- K-12 Physical Education Teacher/Athletic Coach
- YMCA/YWCA
- Community Recreation
- Boys and Girls Club
- Sports Facilities
- Fitness and Health Clubs

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Bachelor of Science in Kinesiology with a Non-Certification Track
ILA FAYE MILLER SCHOOL OF NURSING & HEALTH PROFESSIONS
2015-2017

| Freshman Year: Fall | | Hrs. | Freshman Year: Spring | | Hrs. |
|--|--|------------|--|--|-----------|
| DWHP 1200 Dimension of Wellness | | 2 | ENGL 1312 Composition II | | 3 |
| ENGL 1311 or 1311L Composition I | | 3 | History Core | | 3 |
| PHIL 1381 Introduction to Philosophy | | 3 | MATH 1304 College Algebra | | 3 |
| Social Science Core | | 3 | RELS 1305, 1315, 1325, 1335 or 1327H | | 3 |
| PEHP 1190 Physical Activity Core | | 1 | Individual/Dual Activity Course | | 1 |
| Team Activity Course | | 1 | Minor Course | | 1 |
| Total hours | | 13 | Total hours | | 14 |
| Sophomore Year: Fall | | | Sophomore Year: Spring | | |
| PEHP 3301 Motor/Fitness Develop Children | | 3 | PEHP 3302 Motor/Fitness Develop Pre-Adol | | 3 |
| PEHP 3312 Motor/Fitness Develop Adol. | | 3 | PEHP 3314 Theory of Coaching | | 3 |
| PEHP 2301 Tests and Measurement | | 3 | ENGL 2310 World Literature Studies | | 3 |
| Modern Language I | | 3 | Modern Language II | | 3 |
| Rhythmic Activity Course | | 1 | Minor Course | | 3 |
| 3000+ Level Religious or Philosophy Course | | 3 | Aquatic Activity Course | | 1 |
| Total hours | | 16 | Total hours | | 16 |
| Junior Year: Fall | | | Junior Year: Spring | | |
| PEHP 3350 Theory of Movement Forms | | 3 | PEHP 3371 Care & Prevention of Injuries | | 3 |
| PEHP 3315 Principles of Health | | 3 | PEHP 4301 Principles of Human Move. | | 3 |
| PEHP 3307 Worksite Health Promotion | | 3 | PEHP 4333 Human Performance | | 3 |
| BIOL 2321 Anatomy and Physiology I | | 3 | BIOL 2322 Anatomy and Physiology II | | 3 |
| BIOL 2121 Anatomy and Physiology I Lab | | 1 | BIOL 2122 Anatomy and Physiology II Lab | | 1 |
| 3 Individual/Dual or Team Activity Courses | | 3 | Minor Course (Advanced Hours) | | 3 |
| Total hours | | 16 | Total hours | | 16 |
| Senior Year: Fall | | | Senior Year: Spring | | |
| PEHP 4345 Psychomotor Development | | 3 | PEHP 3305 Motor Develop Fit and Health | | 3 |
| 3 Individual/Dual or Team Activity Courses | | 3 | PEHP 4395 Practical Experience | | 3 |
| Developmental Activity Courses | | 2 | Minor Course or Elective | | 3 |
| Minor Course (Advanced Hours) | | 3 | Elective as Needed | | 3 |
| Fine Arts Core | | 3 | | | |
| PEHP 1113 Physical Conditioning | | 1 | | | |
| Total hours | | 15 | Total hours | | 12 |
| Core Curriculum - Total Hours | | 43 | Major - Total Hours | | 75 |
| Degree - Total Hours | | 118 | | | |