



NUTRITION

Bachelor of Science

School of Mathematics, Science & Engineering

Program Overview

The Nutrition and Dietetics (Didactic Program in Dietetics) track prepares students to enter dietetic internships and careers in food and nutrition. The Undergraduate Nutrition Science track prepares students for successful entry into health profession programs such as medicine, physical therapy, and pharmacy as well as graduate programs in nutrition science fields. The Nutrition and Dietetics curriculum at the University of the Incarnate Word integrates the study of biology, chemistry, behavioral sciences, and business into various areas of nutrition, including food preparation, food service, community nutrition, nutrition education, and nutrition science and clinical nutrition.

The Mission of the University of the Incarnate Word Nutrition Program is to prepare professionals committed to providing nutrition and dietetic services to improve the health and well-being of individuals and groups. The program emphasizes the importance of scientific and evidence-based practice, ethical decision-making, and understanding of social justice issues including local through global ecological dimensions of food and nutrition.

Career Opportunities

Graduates of the University of the Incarnate Word Nutrition programs have been primarily placed in positions related to food and nutrition. A majority of our graduates obtain placement in a dietetic internship, pursue graduate education, or find employment in food and nutrition related positions after receiving their bachelor's degree.

Graduates of the University of the Incarnate Word are employed in the following areas: health care, food service management, food industry, community nutrition programs and governmental agencies, private practice, wellness, sales, research, and media communications.

Contact

Neeta Singh, PhD, RD, MBA
Chair, Nutrition Program
University of the Incarnate Word
4301 Broadway, Box 311
San Antonio, TX 78209
Telephone: (210) 829-3167
FAX: (210) 829-3153
E-mail: singh@uiwtx.edu

Beth C. Senne-Duff, PhD, RD
DPD Director
University of the Incarnate Word
4301 Broadway, Box 100
San Antonio, TX 78209
Telephone: (210) 829-3165
FAX: (210) 829-3153
E-mail: beths@uiwtx.edu

Website

<http://www.uiw.edu/nutrition>

Bachelor of Science in Nutrition
SCHOOL OF MATH, SCIENCE, & ENGINEERING
2015-2017

Freshman Year: Fall	Hrs.
NUTR 1102 Intro to Dietetics	1
ENGL 1311 Composition I	3
CHEM 1301 Chemical Principles I	3
MATH 1304 College Algebra or higher	3
DWHP 1200 Dimensions of Wellness	2
Foreign Language I	3
Total hours	15

Sophomore Year: Fall	Hrs.
BIOL 2421 Anatomy & Physiology I and Lab	4
CHEM 2311-2111 Organic Chemistry and Lab	4
NUTR 2341 Intro to Nutrition	3
NUTR 2231/2131 Prin. of Food Preparation & Lab	3
MATH 2303 Intro to Probability & Statistics or PSYC/SOCI 3381 Statistics for Behavioral Science	3
Total hours	17

Junior Year: Fall	Hrs.
CHEM 4351 Biochemistry I	3
NUTR 3433 Food & Nutrition Services Management I	4
NUTR 3342 Nutrition in the Life Cycle	3
BMGT 3340 Management Theory and Practice or MBGT 3354 Human Resources Management	3
SPCH 2341 Business and Professional Communications	3
Total hours	16

Senior Year: Fall	Hrs.
NUTR 4340 Clinical and Nutritional Assessment	3
NUTR 4460 Community & World Nutrition	4
NUTR 4470 Human Nutrition & Metabolism	4
NUTR 4100 Dietetics	1
ENGL 2310 World Literature	3
HIST 1311, 1312, 1321, 1322	3
Total Hours	18

Freshman Year: Spring	Hrs.
ENGL 1312 Composition II	3
CHEM 1203L General Chemistry Lab	2
CHEM 1302 Chemical Principles II	3
PHIL 1380 Intro to Philosophy	3
Physical Activity	1
Foreign Language II	3
Total hours	15

Sophomore Year: Spring	Hrs.
BIOL 2422 Anatomy & Physiology II and Lab	4
CHEM 2312 Organic Chemistry II	3
BIOL 1402 Unity of Life and Lab	4
NUTR 3332 Experimental Foods	3
PSYC 1301 Intro to Psychology or SOCI 1311 Intro to Sociology	3
Total hours	17

Junior Year: Spring	Hrs.
BIOL 2474 Intro to Microbiology and Lab	4
NUTR 3234/3134 Food & Nutrition Services Management II & Lab	3
Religion Core	3
NUTR 4139 Nutrition Practicum or NUTR 3310 Food Recovery & Gleaning	1-3
ECON 2301 Principles of Macroeconomics	3
Nutrition Elective	2-3
Total hours	16-19

Senior Year: Spring	Hrs.
NUTR 4375 Nutrition Therapy	3
NUTR 4335 Nutrition Education & Counseling	3
Fine Arts	3
Religion or Philosophy	3
ACCT 2301 Accounting for Non-Business Majors	3
Total Hours	15

Core Curriculum - Total Hours 88
Major - Total Hours 41-44
Degree - Total Hours 129-131