



# KINESIOLOGY

Certification Track

Ila Faye Miller School of Nursing & Health Professions

## Program Overview

The program of study leading to the Bachelor of Science in Kinesiology prepares students to teach physical education in several environments. Students can choose from three different tracks: The All-Level Certification track, the Non-Certification track, and the Personal Training track. The All-Level Certification track enables students to complete a teacher certification in Elementary and Secondary Physical Education. Details for the requirements for Teacher Certification are explained in the Education section of the Undergraduate Bulletin. The Non-Certification track is prescribed for individuals who want to work in the private sector, camps and fitness centers. The Personal Training track is designed for individuals who would like to work as a personal trainer.

## Professional School Opportunities

Graduate options include a Master's Degree in Kinesiology or related areas.

## Career Opportunities

Many school districts seek graduates from the University of the Incarnate Word. While most of our graduates stay in Texas, there is also the opportunity to teach in other states. For those wanting work in the private sector, the degree qualifies the individual for entry into the many different sports/recreation businesses.

As a Kinesiology major, students will be prepared to work in the following areas:

- K-12 Physical Education Teacher/Athletic Coach
- YMCA/YWCA
- Community Recreation
- Boys and Girls Club
- Sports Facilities
- Fitness and Health Clubs
- Personal Trainer

## Department Chair

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## Contact

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## Website

[www.uiw.edu/kinesiology](http://www.uiw.edu/kinesiology)

**Bachelor of Science in Kinesiology with a Certification Track**  
**ILA FAYE MILLER SCHOOL OF NURSING & HEALTH PROFESSIONS**  
**2015-2017**

<b>Freshman Year: Fall</b>		Hrs.	<b>Freshman Year: Spring</b>		Hrs.
Fine Arts Core	3		Modern Language I	3	
DWHP 1200 Dimension of Wellness	2		ENGL 1312 Composition II	3	
ENGL 1311 or 1311L Composition I	3		History Core	3	
PHIL 1381 Introduction to Philosophy	3		MATH 1304 College Algebra	3	
Social Science Core	3		RELS 1305, 1315, 1325, 1335 or 1327H	3	
PEHP 1190 Physical Activity	1		Individual/Dual Activity Course	1	
<b>Total hours</b>	<b>15</b>		<b>Total hours</b>	<b>16</b>	
<b>Sophomore Year: Fall</b>			<b>Sophomore Year: Spring</b>		
PEHP 3301 Motor/Fitness Develop Children	3		PEHP 3302 Motor/Fitness Develop Pre-Adol	3	
PEHP 3312 Motor/Fitness Develop Adol.	3		PEHP 3314 Theory of Coaching	3	
PEHP 2301 Tests and Measurement	3		ENGL 2310 World Literature Studies	3	
Modern Language II	3		EDUC 3345 Critical Concepts Secondary Ed	3	
Rhythmic Activity Course	1		BIOL 2321 Anatomy and Physiology I	3	
EDUC 2305 – Foundations of Education	3		BIOL 2121 Anatomy and Physiology I Lab	1	
<b>Total hours</b>	<b>16</b>		<b>Total hours</b>	<b>16</b>	
<b>Junior Year: Fall</b>			<b>Junior Year: Spring</b>		
PEHP 3350 Theory of Movement Forms	3		PEHP 3371 Care & Prevention of Injuries	3	
PEHP 3315 Principles of Health	3		PEHP 4301 Principles of Human Move.	3	
3000+ Level Religious or Philosophy Course	3		PEHP 4333 Human Performance	3	
BIOL 2322 Anatomy and Physiology II	3		EDUC 3383 Integ Ped in Secondary & MS	3	
BIOL 2122 Anatomy and Physiology II Lab	1		EDUC 3385 Cultural Responsive Teaching	3	
Team Activity Course & PEHP 1113 Physical Conditioning	2		Aquatic Activity Course	1	
<b>Total hours</b>	<b>15</b>		<b>Total hours</b>	<b>16</b>	
<b>Senior Year: Fall</b>			<b>Senior Year: Spring</b>		
EDUC 3373 – Learning Theories	3		EDUC 4305 Teaching Applications Seminar (3)	3	
EDUC 3380 – Pedagogy in Secondary & MS	3		EDUC 4605 Teaching Apprenticeship (6)	6	
Team Activity Course (1)	1		EDUC 3340 Technology in Education (3)	3	
PEHP 4345 - Psychomotor Development	3				
2 Individual/Dual Activity Courses	2				
Elective	1				
<b>Total hours</b>	<b>13</b>		<b>Total hours</b>	<b>12</b>	
<b>Core Curriculum - Total Hours</b>		<b>43</b>			
<b>Major - Total Hours</b>		<b>76</b>			
<b>Degree - Total Hours</b>		<b>119</b>			