Student Learning Outcomes

Prevention and Health Promotion

- PHP 34 - Describe contemporary nutritional intake recommendations and explain how these recommendations can be used in performing a basic dietary analysis and providing appropriate general dietary recommendations.
- PHP 37 - Identify, analyze, and utilize the essential components of food labels to determine the content, quality, and appropriateness of food products.
- PHP 38 - Describe nutritional principles that apply to tissue growth and repair.