Athletic Training Educational Competencies
ATHP 3130 – Therapeutic Rehabilitation Lab

Student Learning Outcomes

Prevention and Health Promotion

- PHP 31 - Instruct a client/patient regarding fitness exercises and the use of muscle strengthening equipment to include correction or modification of inappropriate, unsafe, or dangerous lifting techniques.

Therapeutic Interventions

- TI 11 - Design therapeutic interventions to meet specified treatment goals including: (a) Assess the patient to identify indications, contraindications, and precautions applicable to the intended intervention; (b) Position and prepare the patient for various therapeutic interventions; (c) Describe the expected effects and potential adverse reactions to the patient; (d) Instruct the patient how to correctly perform rehabilitative exercises; (e) Apply the intervention, using parameters appropriate to the intended outcome and (f) Reassess the patient to determine the immediate impact of the intervention.
- TI 15 - Perform joint mobilization techniques as indicated by examination findings.
- TI 17 - Analyze gait and select appropriate instruction and correction strategies to facilitate safe progression to functional gait pattern.
- TI 20 - Inspect therapeutic equipment and the treatment environment for potential safety hazards.