Athletic Training Educational Competencies
ATHP 1310 – Introduction to Patient Care

Student Learning Outcomes

Acute Care of Injuries and Illnesses

- AC 2 - Differentiate the roles and responsibilities of the athletic trainer from other pre-hospital care and hospital-based providers, including emergency medical technicians/paramedics, nurses, physician assistants, and physicians.
- AC 21 - Explain aseptic or sterile techniques, approved sanitation methods, and universal precautions used in the cleaning, closure, and dressing of wounds.
- AC 37 - Select and apply appropriate splinting material to stabilize an injured body area.
- AC 38 - Apply appropriate immediate treatment to protect the injured area and minimize the effects of hypoxic and enzymatic injury.
- AC 39 - Select and implement the appropriate ambulatory aid based on the patient's injury and activity and participation restrictions.
- AC 43 - Instruct the patient in home care and self-treatment plans for acute conditions.

Clinical Examination and Diagnosis

- CE 6 - Describe the basic principles of diagnostic imaging and testing and their role in the diagnostic process.
- CE 13 - Obtain a thorough medical history that includes the pertinent past medical history, underlying systemic disease, use of medications, the patient's perceived pain, and the history and course of the present condition.

Healthcare Administration

- HA 1 - Describe the role of the athletic trainer and the delivery of athletic training services within the context of the broader healthcare system.
- HA 9 - Identify the components that comprise a comprehensive medical record.
- HA 10 - Identify and explain the statutes that regulate the privacy and security of medical records.
- HA 16 - Describe federal and state infection control regulations and guidelines, including universal precautions as mandated by the Occupational Safety and Health Administration (OSHA), for the prevention, exposure, and control of infectious diseases, and discuss how they apply to the practicing of athletic training.
- HA 17 - Identify key regulatory agencies that impact healthcare facilities, and describe their function in the regulation and overall delivery of healthcare.
- HA 30 - Describe the role and functions of various healthcare providers and protocols that govern the referral of patients to these professionals.

Prevention and Health Promotion

- PHP 7 - Implement disinfectant procedures to prevent the spread of infectious diseases and to comply with Occupational Safety and Health Administration (OSHA) and other federal regulations.
- PHP 24 - Summarize the general principles of health maintenance and personal hygiene, including skin care, dental hygiene, sanitation, immunizations, avoidance of infectious and...
contagious diseases, diet, rest, exercise, and weight control.

- PHP 25 - Describe the role of exercise in maintaining a healthy lifestyle and preventing chronic disease.
- PHP 29 - Explain the basic concepts and practice of fitness and wellness screening.
- PHP 33 - Educate clients/patients on the importance of healthy eating, regular exercise, and general preventative strategies for improving or maintaining health and quality of life.