Dr. Louis J. Agnese Jr., who's nearing his 25th year as president, speaks in J.E. and L.E. Mabee Library Auditorium.

While the economy has hurt the University of the Incarnate Word in terms of endowment, UIW is still growing and attracting new students, the president said in an annual address.

"Size equals access," said UIW President Dr. Louis J. Agnese Jr., who's nearing his 25th year as president, speaking in J.E. and L.E. Mabee Library Auditorium Sept. 24. "If we don't have all that equals continued growth," the UIW president said, "we have trouble attracting new students in that area.

Another original goal for 2012 included making ADCap program for students online and online enrollment, an extensive campus and inter-national initiatives.

Agnese also mentioned UIW will continue expanding through under-graduate day enrollment, graduate and professional programs, ADCap and online enrollment, an extensive campus and international initiatives.

Volunteers prepare for ‘Light the Way’

Some University of the Incarnate Word students sport the last two Saturday mornings carrying community service hours required for graduation by inspecting Christmas lights.

"Another goal has been to have students inspect lights," said UIW’s Office of Special Events Coordinator Omar Torres. "Our motto is ‘It takes a village to light a world.’

The Office of Special Events crew delivers thousands of strings of lights before the scheduled Dec. 17 daylight and following day to help passersby volunteer in the replacement of the bulbs on the University’s approximately 2,000 lights. The crew will return Friday morning to replace additional lights before the ceremony. We are trying to focus more on making the event more alumni-oriented," said UIW’s Office of Public Relations said.

UIW sets record for graduation by inspecting Christmas lights.
**New pharm class wears white coats**

A fallen member of the Class of 2013 was remembered Friday, Sept. 24, before the 99-member Class of 2013 received their white coats from John and Rita Feik School of Pharmacy.

Dr. Arcelia John-Fannin, founding dean, paid tribute to the late Michael Gniw, who would have been in the first class to graduate in May from the school.

The keynote speaker, Dr. Paul F. Davis, advised the class that their education and gaining the trust of patients will be vital to their futures.

“It’s your responsibility,” said Davis, executive director of the Texas Society of Health-System Pharmacists. “You will make decisions that people’s lives as a pharmacist.”

Davis pointed out that advances in science and medicine have changed the work of pharmacists and will continue to advance in the future. He offered words of advice: "It’s your responsibility..."; Davis is. Davis was pleased with much of what Agnese addressed, but had some concerns over the rapid level of growth on the main campus.

New pharm class wears white coats

**Pharm student**

Dr. Gary Keith, a professor of political science, spoke about religion and the future. He offered words of advice: “We are willing to sacrifice growth to improve quality, which is why we’ve shaping enrollment through supporting both the academic credentials of incoming undergraduates and retention rates of current students.”

Agnese said construction for a small center for spiritual reflection near the Angel of Hope is in the works. Additional seating in Benzon Stadium and a new fine arts building are among the construction projects on campus.

Junior music major Janice D. Reed said she is still trying to cope with his death. “We have had concerns over the rapid level of growth on the main campus.”

Meanwhile, the school is still trying to cope with his death. “We have had concerns over the rapid level of growth on the main campus.”

**Annual address from pg. 1**

Agnese said he was pleased with much of what Agnese addressed, but had some concerns over the rapid level of growth on the main campus.

“We think it’s good,” said he was pleased with much of what Agnese addressed, but had some concerns over the rapid level of growth on the main campus.

**Out of this world**

China holds its 60th anniversary of Communist rule.

Iranian President Mahmoud Ahmadinejad seeks friendship with America. In turn, President Barack Obama and Western leaders worked publicly with a statement Friday, Sept. 25, accusing Iran of having a secret nuclear weapon fuel plant.

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“We think it’s good,” said he was pleased with much of what Agnese addressed, but had some concerns over the rapid level of growth on the main campus.

**Bullied voters**

Afghanistan has its second presidential election since 2004, but Taliban intimidation voted and 53 percent turned out to vote compared to last election’s 70 percent.

Out of this world

**Water, water, everywhere**

NASA

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**Bullied voters**

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Student journalists cover Panama military operation

Nine Incarnate Word communication arts students from UIWtv, KUIW and the Logos staff writer Maureen Johnson, right, talk to soldiers inside the command tent at Camp Bullis. The Panama military operation involved 20 countries in the 2009 exercise, currently, 20 countries take part in the exercise, including Brazil, Canada, Colombia, Dominican Republic, El Salvador, Guatemala, Nicaragua, Paraguay, Peru and Uruguay.

The students learned about Panama's ¾ military training exercise at Camp Bullis. Panama's military operation involved 20 countries in the 2009 exercise. Currently, 20 countries take part in the exercise, including Brazil, Canada, Colombia, Dominican Republic, El Salvador, Guatemala, Nicaragua, Paraguay, Peru and Uruguay.

One of the coolest things about walking through campus during fall is being surrounded by the fashionable students who study here.

A taste of MSG (monosodium glutamate)

If you look at the ingredients of every processed food you encounter, more often than not you will find a long list of foods, spices, additives, colorings and preservatives. It is this enchanted blend of ingredients that satisfies your palate and fills your stomach. Also ingredients that satisfies your palate.

The Dorm Diet

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Sodexho shares story behind food

By Melissa Hernandez
Logos Editor

It feels as though UIW students always have a gnawing about the quality, variety, or variety of the dining options offered by Sodexho.

The burgers and fries are sitting under heat lamps. I’d rather see it made in front of me.

In previous years, the burger patties were made before the lunch crowd arrived and then tossed in water to await your order, which is a health hazard; they were only heated up in front of you. Now, the chef “batch cooks” eight-12 burgers at a time. Although you may not see the cooking happening before your very eyes anymore, in reality the burger you buy has probably only been sitting out for about five minutes.

I’d like grilled chicken, but I don’t see it at the grill anymore. The term “water chicken” is enough to turn any waiting.

I’m vegetarian. I don’t see a lot of options for me on the menu. It may not be seen on the menu, but Sodexho always has a tofu product available. There is also soy milk offered.

Sodexho said they will accommodate any of your food needs if you just speak up and are willing to wait a few minutes for your food to be prepared.

I’m trying to eat healthy; some dishes are made too buttery and salty I don’t know what I’m eating when it comes to pre-packaged food either.

First off, keep in mind the Sodexho staff is cooking for the masses. You may not like it, but the 30 people in line behind you find it tastes just-like-mom’s. However, if you’d like the chef to whip up some green beans—save the butter—simply ask and prepare to wait a few minutes. As far as the salt is concerned, Sodexho has switched to sea salt, which is healthier than iodized salt. Sodexho now puts nutritional facts and date labels all of the prepared products you find in Hortencia’s, Finnegans, and Java on the Hill. Expect to see a difference before the end of the fall semester.

There are times I pay for a buffet and then walk right back out after I see what’s on the menu. Can the displays of each dish be put back in front so I can see what I’m in for before I pay?

The day’s menu is always on display before you walk through the door. Sodexho also has presentations at each serving station. There are reasons it can’t be displayed at the door. “We just don’t have room to put a display table with the line right next door; it creates too much traffic. Plus, you always have that one customer that likes to pick at the food.” Head Chef Yancey Voges said.

Sodexho has acknowledged the suggestion and said they will work to provide a solution.

Logos Assistant Editor Maggie Callahan contributed to this story.

Follow the food

Events is the calendar feature free food if you would like to know more, please contact Logos at logos@uiwtx.edu. Provide what, when, where and event sponsors.

CAMPUS
UNIVERSITY OF THE INCARNATE WORD
September 2009

MOVING?
One call connects them all.

When you get a new place, call CPS Energy first to turn on your lights. Then let First Connections hook up all your other services.
In just a few minutes, you can connect lights, gas, phone, television, internet, security systems — almost any service you need for your home — and at no charge to you.

210-353-2222
Students, faculty, staff and volunteers spent the morning and early afternoon of Friday, Sept. 11, assisting various community organizations during the annual "Meet the Mission." The UIW-University of the Incarnate Word statement says UIW is committed to edu-
cational excellence, promoting lifelong learning and the devel-
oment of the whole person. In keeping with that tradition, Meet the Mission requires participants to go out into the community and help certain agencies or organizations with their services.

The morning began in Mari-
ian Hall Ballroom, where Father Tom Dymowski, Campus Min-
lain, and the Rev. Dr. Trevor Alexander, assistant director of Campus Ministry, led an orientation for the volunteers and a prayer.

"We are here to fulfill the mis-
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Get ready to relax

Deep breathing: Stop and breathe slowly from your abdomen. A lot of people tend to breathe from the chest, which restricts airflow. Breathe in through your nose and out through your mouth a few times and you can immediately lower your stress level and increase your energy.

Muscle relaxation: I should warn you about this one – it’s best to do it right before you go to sleep because you won’t want to get up afterwards. It’s a great way to let go of the physical tension that builds up when you’re anxious. The idea is to isolate different muscle groups (www.breathguide.org recommends targeting the face, calves, thighs, hips, stomach, back, arms, shoulders and face) and systematically tense them, then release.

Visualization: Sometimes you just need to stop and imagine yourself somewhere where you’re not. There’s not a waste of time, it’s a really useful technique to use in getting rid of anxiety and worry. The more sensory details (right, sounds, smells, etc.) you imagine, the more effective this is.

For more details on how to relax, visit the Amazon River, respectfully. If you think you might be able to relax before you even start meditating, consider visiting the U.S. Department of Agriculture, as demonstrated by a recent video.

After having taught the History of Brazil ev- ery other year for 37 years at UIW and after having passed the last director of the Brazil Studies Program that trained and took our students for a five-year internship in Brazil and took them through the U.S. Department of Agriculture, as demonstrated by a recent video.

From then on, I made it to school. And, lo and behold, I’m going back to school, internship, social service. (They warned us, ‘Get community service done early.’) Here we are, senior year: work, school, internship, social service. All life, now, and try and add this to your graduation application. It does take practice, but it’s not that difficult to get the key up feeling that wears the body down, the keyed-up feeling that is so pivotal to the stress response, which is the opposite of the stress response balances you out.

After completing 90 hours at UIW, students receive an e-mail containing the graduation packet whether you aim to graduate in August, December or May. The packet contains a new letter, pamphlet, audit checklist and... the graduation application. The first of these graduation deadlines, is—get ready for this—Friday, Oct. 2.

By Friday, review your degree plan and evaluation, obtain your advisor’s signature on the graduation application form and complete all paperwork for 41 hours of community ser- vice. (They warned us, ‘Get community service done early.’) Here we are, senior year: work, school, internship, social service. All life, now, and try and add this to your graduation application. It does take practice, but it’s not that difficult to get the key up feeling that wears the body down, the keyed-up feeling that is so pivotal to the stress response, which is the opposite of the stress response balances you out.

Mom and Dad said, ‘You must go to college, you must graduate.’

Well, Mom and Dad, I made it to school. And, lo and behold, I’m going back to school, internship, social service. (They warned us, ‘Get community service done early.’) Here we are, senior year: work, school, internship, social service. All life, now, and try and add this to your graduation application. It does take practice, but it’s not that difficult to get the key up feeling that wears the body down, the keyed-up feeling that is so pivotal to the stress response, which is the opposite of the stress response balances you out.

The registrar’s office audits all the applications and will send a review of the classes still needed so you can graduate on the intended date. If it just so happens you are unable to make all the classes ready to graduate just yet, don’t fret. You haven’t missed your only chance at gradu- ation. The registrar’s office will continue to send you a graduation packet until you turn one in.

Close your mouth, please. Sounds nice, right?

Get community service done early. Here we are, senior year: work, school, internship, social service. All life, now, and try and add this to your graduation application. It does take practice, but it’s not that difficult to get the key up feeling that wears the body down, the keyed-up feeling that is so pivotal to the stress response, which is the opposite of the stress response balances you out.

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Close your mouth, please. Sounds nice, right?
Reflections of 9/11: I still get chills

I still get chills when I think of 9/11. It is a kind of shock that feels like everything is nothing with the magnitude of our lives just gone in an instant. But we could not seem to understand what we were going through. It is like I have fallen into this hole where I cannot find my way back in time where I was before.

I knew that for everybody, Sept. 11 was devastating but for me and my family, we were just stopped in our tracks for a moment. That day, and even months later, when I could get rolling again.

I was in the seventh grade in 1993 at a small Catholic school in the po

The World Trade Center begins its morning collapse on Sept. 11, 2001.

The World Trade Center begins its morning collapse on Sept. 11, 2001. Who would be there for our brothers and sisters? Who would take care of our parents? We knew, of course, that our parents would take care of us. We knew, of course, that our parents would take care of us. But how could we know that we would never see them again? We never expected to see them again.

My family eventually was able to go home but all taken in stride until we noticed that the teachers were gone. Some dark foreboding must have fouled us and we began to feel the ground shake and it has been eight years.


Charles Le Bun’s Entry of Alexander into Babylon 1644

Charles Le Bun’s Entry of Alexander into Babylon 1644

Babylon was a city-state of ancient Mesopotamia, the remains of which can be found in present-day Iraq. The Old Testament calls Babylon “the city of confusion, the gate of death.” In response, the New Testament says, “Babylon was the seat of the devil” and “the mother of prostitutes, the harlot-mother of all the earth” (Revelation 17:5).

At the time, Germany and the United States were both at war, so a German Catholic could not refrain from mentioning to his French colleague: “Oh,” he said, “von Hofenhuber, Reverend? Yes, I found...” when it became apparent that all who live in the United States and that debates of such gravity were beyond the parameters of rational, civil arguments.

Edward Kennedy, a man who always had the poor and needy at heart yet was still a member of the corporate class, that claims to speak for “the American way” and “the American dream” is so naive as to plan to shape a healthcare system that will find itself across America illustrating the core question: specifically, the democratic dialogue that seeks the common good of all who live in the United States and that debates of weight and importance are beyond the parameters of rational, civil arguments.

During the 1846 congressional session, Pope Gregory XVI presented the case of Sarah Talbot and Distinctions does not strike me as patriotic. The American way? Doesn’t it smack of racism when we see cartoons like those of Madrid Fillmore in the San Antonio Express newspaper our president as a “monkeyshank.”

Why is that Fox TV, some radio and cable TV show hosts and not talk to him. My mom and I are not much alike in vision as we took refuge at a friend’s house in town. As we hid in a field behind a fence, from formation in any source... The two bridges that were destroyed were not mentioned and we was never near enough to talk to him. My mom and I are not much alike in vision as we took refuge at a friend’s house in town. As we hid in a field behind a fence, from formation in any source... The two bridges that were destroyed were not mentioned.

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Phil Joel & Band

Oct 8th @7pm

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Volleyball: bump, set, spike, win

Team wins home opener

By Paulo Corgnato
LOGOS STAFF WRITER

The volleyball team won its first home Heartland Conference game Sept. 18 against Oklahoma Panhandle State University. The Lady Cardinals dominated in three sets with scores of 25-14, 25-13 and 25-14, respectively.

The positive energy was palpable in Alice McDermott Center. The bleachers were filled with parents, students, faculty and cheerleaders. The game set a tone of anticipation for the remaining Heartland Conference games. Seniors Edie Weise and Emily Kopecki had 12 kills each. Sophomore Ana Herr and Chelsea Grapason aided their teammates with several spikes.

At the beginning of the third set, the Aggies seemed to be gaining momentum. However, within 10 minutes the Cardinals had tied the set 7-7, and gone on to win.

By Paola Ortega
LOGOS STAFF WRITER

The volleyball team started the season with a bang, winning six out of seven matches. The first 10 games, two UIW players received Heartland Conference honors in the same week. Senior Edie Weise was named Heartland Hitter of the week and junior Sarah Nordman received Heartland Setter of the week.

Weise led Incarnate Word with 114 kills in the 7-2 run in the first nine matches. Nordman averaged more than eight assists a set with her high being 55 assists in the 3-2 win against Pittsburg State.

Nordman also has been named Heartland Setter of the week for the first three weeks of play. Adding to the mix after three weeks of play, Emily Kopecki also was named to the Incarnate Word list of honorees for Heartland hitter of the week. She led Incarnate Word with 19 kills in two wins.

The Lady Cardinals currently stand second in conference play. With a record of 13-4, the Cardina

astin maintains their top-ranked status in the conference.

Several women’s soccer players are earning Heartland Conference honors as they help the team win and maintain their top-ranked status in the conference.

The Lady Cardinals beat a tough Abilene Christian team on the road with a score of 3-0. Emily Hernandez scored two goals and was named Heartland Conference Player of the Week for the second week of play.

Shortly after, the Lady Cardinals lost their first game of the season, 10-0, to Angelo State University.

Women’s soccer keeps top ranking

By Pamela Martinez
LOGOS SPORTS EDITOR

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Take safety precautions when training

- Wear safety gear such as helmets and reflective clothing.
- Carry a whistle or other signal device to attract attention.
- Inform a friend or family about your training route.
- Use a personal safety app or device to monitor your location.
- Listen to music or podcasts to stay entertained and focused.
- Keep your phone charged and easily accessible.
- Check the weather forecast and train in safe conditions.
- Avoid training during peak traffic times.
- Stay aware of your surroundings and be prepared for any unexpected situations.
Volunteers sought to boost recycling

By AnaMaria Ramrez
LOGOS STAFF WRITER

The University of the Incarnate Word's recycling efforts are resulting in the collection of tons of material but volunteers are needed to maintain and elevate the effort, officials said.

"We rely heavily on volunteers right now," said Dr. Bob Connelly, chair of UIW's Recycling Program Sustainability Committee. "We have to have participation by many people.

Efforts have been ongoing to get new blood in the Recycling Club, which in the past has been the leader among campus groups concerning recycling. But most of those students graduated.

The pre-existing recycling program began last year. In 2008 alone, UIW helped divert 23 tons of recyclable material. With that, an estimated 59 trees were saved from being cut down and processed. The resources saved include 95,000 gallons of water as well as 25 hours of electricity.

The way the recycling program works is that co-mingled recycling bins are placed throughout the campus as well as the School of Optometry, St. Anthony's Catholic High School and Incarnate Word High School. Ideally, these blue bins are adopted by different organizations on campus. For the most part, work-study students for the Humanities of Arts and Social Sciences office, where Connolly is the dean, are assigned this task.

After the co-mingled bins are taken care of, the next step is delivering materials to the Toters, the green bins. These bins are then picked up by a company named Green Star. From there, everything is sorted out into the correct category.

Up to 15 community service hours can be earned for doing a good deed not only for the earth, but for the future of human existence through the recycling program, Connelly said.

Heritage, Peace days coming in October

Two special occasions – Heritage Day, sponsored by the Office of Mission Effectiveness and Peace Day – are on tap in October.

Heritage Day highlights the history of the Sisters of Charity of the Incarnate Word while Peace Day takes a multivaried look at ways to promote peace and social justice in the world.

Heritage Day Events

"Mission Continence," awards presentation 4 p.m. Tuesday, Oct. 13, Brackenridge Hall.

Boudreaux, properbehavior 8 a.m. Oct. 4; Green's ceremony between the Chapel of the Incarnate World and Central Market.

Fair of the chapel and Student Government members of the order and Student Government Associations, 3 p.m. Thursday, Oct. 14.

Peace Day Events

"Sewing Grams Together," a quilt program, 3-6:30 p.m. Monday, Oct. 20 and Tuesday, Oct. 21, McClue Library Auditorium.

"Ray Day for Peace," 10:15-11 a.m. Oct. 21, Central Library (Parade will end at the case of rain.)


"Understanding and Coping with Severe Stress," 6-8:30 p.m. Marian Hall.


"Refugee Crisis in South Asia: The Case of the Bhutanese/Burmese settlers," 3 p.m. Oct. 27, room 212 of Fine Arts Building.

"The Memory of the Past," 10 a.m. Oct. 28, Central Library Auditorium.


"Not on our Watch March," 10:30 a.m.-noon, Marian Circle.

"The Way the Recycling Program Existence through the recycling program, for the earth, but for the future of human existence through the recycling program, Connelly said.

Students try out for debate team

By ByanaHernandez
LOGOS STAFF WRITER

"Should learning be of- fensive punishable by law?" That's the question some candidates for the campus debate team tackled Thursday, Sept. 24, at try- outs held in Henry Browne Science Hall.

There are two openings on the debate team for the Ethics Debate Soci- ety, and Sonia Ramirez, the president, said what they're looking for in the applicants who might have the opportu- nity to compete across at St. Mary's University and out of town in Fort Worth, Texas. Ohio, also is a possibility if they win the top place.

"We're looking for debat- eful characters and good speaking, and provide cohesive argu- ments," Ramirez said. "It's how fast you can think on your feet.

After applicants presented their views, they were asked questions about the subject in a fast-paced manner. Im- mediately, the participants had to present the given in- formation and reply in a calm, but assertive answer.

Stephen Lucke, a sopho- more, and a candidate for at- large senator in the Student Government Association, was the first applicant up.

"I think I did all right," Lucke said afterwards. "I can communicate with people. I was able to answer questions clearly.

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The Universe is Yours™
Like SARS, the bird flu and even the common flu, swine flu (renamed novel H1N1 viral infection) throws populations to panic when it hit the market last April.

Health Services Director Marveen Mahon reported six of the 17 patients seen at UIW Sept. 23 had what doctors and clinics are calling Influenza Like Illness (ILI).

“Doctors and clinics aren’t testing for H1N1. It costs almost $500 and must be sent to a certified clinic,” Mahon said. “Instead, samples are screened for influenza type A or B. If the specimen comes back positive, clinics are calling Influenza Like Illness (ILI).

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“It’s speculated H1N1 is picking on a younger-age group for many reasons. “First off, students live in cluster groups and share easily,” said David Allwein, assistant director of Health Services. Health Services is urging students to practice better cough/sneeze etiquette, prepare a flu kit, and take their flu shot and H1N1 shot when they become available.

“Seasonal flu will be here any day,” Mahon said. “If the student lives on campus, we are asking that they return home if it isn’t too far,” Mahon said. “For students that can’t find a way home, we are asking that they isolate themselves in their dorm and get a flu buddy — someone to take care of them and get them things they need.”

“Dr. Carlos Sanchez is a local physician. ‘My dad was sick was two weeks ago. He slept 15 hours a day and spent two days not eating. He sent a sample to be tested for influenza A and determined it was most likely swine flu. My symptoms are so similar I went straight to pick up a prescription.’

Reyna treated herself with Tamiflu, the same prescription for the common flu. The directions are to wait a day after your prescription is up to return to work or school.

“I’ve been washing my hands a lot, keeping everything as clean as possible and washing with hot water. If you feel sick, go see a doctor and get medicine right away.”

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HEALTH CARE

UNIVERSITY OF THE INCARNATE WORD

September 2009

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Panic or pandemic: bugs cause a stir

By Melissa Hernandez

It starts off small, adapts from person to person, balloons when it breaks surface. Rumors have that effect and rumor has it UIW student Danielle Reyna has swine flu.

At the time of her interview, Reyna, a communication arts major, was on day three-of-five for treatment she claims in the Novel H1N1 viral infection formerly known as swine flu.

“I don’t feel so bad anymore,” Reyna said. “I did feel ill a week before. I just thought it was stress, workloads. The main difference I felt between the common flu and this is that all the symptoms hit at once. I had chills. My eyes were burning and watering. I had a fever of 103.”

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A day in the life: ‘I have swine flu’

By Melissa Hernandez

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Worried you have the Novel H1N1 viral infection? Before jumping to conclusions, compare your symptoms.

| Symptom            | H1N1         | Cold
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td>must have</td>
<td>rare</td>
</tr>
<tr>
<td>Coughing</td>
<td>dry cough</td>
<td>severe</td>
</tr>
<tr>
<td>Aches</td>
<td>not common</td>
<td>common</td>
</tr>
<tr>
<td>Stuffy nose</td>
<td>yes</td>
<td>no</td>
</tr>
<tr>
<td>Chills</td>
<td>moderate-severe</td>
<td>fairly mild</td>
</tr>
<tr>
<td>Tiredness</td>
<td>no</td>
<td>yes</td>
</tr>
<tr>
<td>Sneezing</td>
<td>suprises</td>
<td>creeps</td>
</tr>
<tr>
<td>Sore throat</td>
<td>must have</td>
<td>rare</td>
</tr>
<tr>
<td>Chest discomfort</td>
<td>severe</td>
<td>mild-moderate</td>
</tr>
</tbody>
</table>

Chart adapted from Baptist Health’s ‘Know the difference between cold and swine flu symptoms.’ created by Melissa Hernandez, editor
Health Services to give flu shots

**Prepare: Cardinal Care Kit**

- Moistened tissues
- Sugar-free lozenges
- Lipton Teabags
- Hand sanitizer
- Moore Medical antiseptic hand reliever
- Moore Medical ibuprofen tablets

**UTW team responds to influenza attack**

If you have a fever, stay home! The best friend, the Internet, the next big thing, a像 Facebook and Google, could also be a stickler and keep you in class, but...
October Movies

A Texas State University music professor who has performed with orchestras here and abroad will be featured in a piano recital at 7:30 p.m. Friday, Oct. 23 in Palacios Hall.

Dr. Washington Garcia, the featured artist for the recital at the University of the Incarnate Word, is an assistant professor of piano at Texas State and coordinator of its piano program.

The Music Department is proud to offer this event for the benefit of UIW students and the enjoyment of the San Antonio community,” said Dr. Ladin Podruz, an assistant professor of music at UIW.

Garcia will perform Beethoven’s ‘Appassionata’ Sonata, his “best-known” composition, and other works. Two other compositions will round out the program, which includes “Kreutzer” Sonata and “Cool” Sonata.

Dr. Washington Garcia, an accomplished pianist, will perform Oct. 23.

Curtains set to open on ‘Mary’s Wedding’

“The play begins on the eve of Mary’s wedding there. She needs to re-member and relive her life with Charlie and find renewal of spirit before she can move forward. She is trying to let go of the yearning for love and peace and feel contentment in the enjoyment of the San Antonio community,” said Dr. Ladin Podruz, an assistant professor of music at UIW.

Garcia has received first prizes in numerous competitions and is an accomplished soloist. Most recently, Garcia toured Italy with the Texas State University Chamber Orchestra, performing Beethoven’s Triple Concerto.

Noted pianist to give recital


dr. washington garcia: “i heard washington garcia in concert in 2008 and i was particularly impressed by his ability to draw a wide array of emotional dynamics and shades from the piano.” pedrada said. “in addition, garcia is highly proficient in both classical european repertoire and latin-american repertory, which makes his programs wonderfully diverse.”

Garcia is a native of Quito, Ecuador. Garcia began his musical studies and performed his first public recital at the age of 12. Garcia is a graduate of the National Conservatory of Music in Ecuador, and master’s and doctoral degrees from the Peabody Institute of Johns Hopkins University in Baltimore.

Garcia and his wife, Dr. Elen Garcia, are long-time residents of El Paso, Texas.

Lucy Petters is ‘Mary’ and more. She is a whimsical girl filled with passion and strength, who is trying to let go of Charlie and find renewal in her possible new life. She needs to re-member and relive her love with Charlie through her dreams in order to find peace and feel contentment with her future.”

As for “Charlie,” Anderson, a freshman from El Paso, said his character is a very simple person who knows what he loves and although he’s strong, he’s very sweet and kind and in-nocent to a certain extent.

“Mary’s Wedding,” which opens at 8 p.m. Friday, Oct. 1, features two theatre arts majors playing three roles. Lucy Petters plays Mary as well as Charlie’s sergeant, Flowerdew, and Lucy Petters, who said she auditioned for the part by Stephen Mas-tiere, under the direction of asistant Professor Mark J. Stringham, who gradua-ted five years ago with his bachelor’s in theatre arts from the University of the Incarnate Word. Here’s the scenario for the play by Stephen Mas-tiere: “The Music Depart-ment there. She needs to remember and relive her life with Charlie and find renewal of spirit before she can move forward. She is trying to let go of the yearning for love and peace and feel contentment in the enjoyment of the San Antonio community,” said Dr. Ladin Podruz, an assistant professor of music at UIW.

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Connections - Radar, Ovens, Space Probes, Lasers and Computers

Put on your best Face(book)

By Phil Youngblood

How to be really photogenic without really trying:

1. Wear colors that suit you: Obviously, there are some colors that enhance your eyes and skin. Tip: stick to light and cool colors and stay away from horizontal lines.
2. Determine your angle: Good angles exist. Do you look better from the right or left?
3. Slightly profile: Usually models turn their head so that 3/4 of their face is exposed to the camera, as opposed to a direct frontal shot.
5. Smile with your eyes: Open them up and think of something mischievous.
6. Maintain the model posture: For the best posture, keep one foot in front of the other. Turn slightly and rest your weight on one sole.
7. Never look directly at the lens: Always, look slightly above.

Put on your best Face(book)
Study Abroad

Study Abroad Fair

The Annual Study Abroad Fair was held Thursday, Sept. 17, in Marian Hall Ballroom. This year’s fair included representatives from Universidad de Monterrey (Mexico), Southwest Jiaotong University (China), and Deree College (Greece). UIW students had the opportunity to meet sister school representatives as well as international students, former study abroad students, and faculty.

Study abroad is a very exciting idea that many students dream about but are nervous in pursuing. The Study Abroad Fair assists students in making this dream a reality by allowing them to meet representatives from the host country and learn what living and studying in that country would be like. Students learn not only about the host school, housing, and courses, but also about the people, their traditions, culture and daily life.

Can I study abroad this spring?

YES!!!

It’s not too late to study abroad next semester. To get started:

- Visit the Study Abroad Office (ICC 1, F106)
- Research the host school and courses
  - Meet with your advisor
  - Apply to the school

For more information, please e-mail studyabroad@uiwtx.edu.

Studying Abroad in Chile

Lauren Wappelhorst, a sociology and Spanish major, is studying at Universidad Vina del Mar in Chile. Vina del Mar is on the coast of Chile. As our winter is beginning, the Chilean winter is coming to an end. Though the weather is still cool, Lauren takes advantage of living near the beach. Imagine taking morning runs along the ocean and spending afternoons napping on the beach. Lauren says we should all be very jealous.

“I am so grateful for my home here in Chile. I have an amazing family and I live in a gorgeous city.”

For more information on studying abroad, contact:
Alanna Taylor, Study Abroad Coordinator
Phone (210) 805-6709 E-mail: studyabroad@uiwtx.edu
Grossman International Conference Center, F106