UIW keeps eye on swine flu

Administrators at the University of the Incarnate Word are monitoring daily reports about swine flu and remaining a course of action in the event the school had to close for a week.

“The University is currently reviewing operating procedures in the unlikely event that the University had to close for a week,” said Doug McDonnell, vice president for finance and technology who is chairing a response team.

“Tuesday afternoon about 30 administrators met to discuss the University’s response to reported cases of swine flu influenza in the area,” Endsley said. “A response team of eight administrators has been designated to deal with the situation as it develops.”

In addition, “we are also reviewing current operating procedures in housekeeping and food services in order to lower the likelihood of disease transmission,” Endsley said.

“I would say the university is continuing to monitor the situation with the public health authorities and will update faculty, staff and students on any new developments and flu preventive practices,” McDonnell said.

KATE GRIMMANN/LOGOS STAFF

15 monitors set up at various locations around campus.

UIWtv makes debut via Internet

The TV station plans to offer the viewers a good selection of shows. “The students decided to have three types of shows: sports, news and entertainment,” McDonnell said. “They want to have three types of shows.”

Cesar Alvado, a communication arts major, directs camera shots of the first spring football game from a room in the fieldhouse.

By Karla Torrado

Incarcase Word’s TV station – UIWtv -- is coming this fall, Station General Manager Hank McDonnell said.

“The reason we are not broadcasting is because we are not ready to go out on the air and because we do not have a website yet,” said McDonnell, coordinator for the Department of Communication Arts.

UIWtv made its debut on the Internet on April 8, broadcasting the first-ever spring football game (see related story on Page 7).

“It went real well,” McDonnell said.

Continued on Pg. 2

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Continued on Pg. 2

UIWtv
Students to get new loan relief

Graduating students will have a little more help paying back their loans come July because of the College Cost Reduction and Access Act from two years ago, according to the Office of Financial Assistance.

The new repayment options include IBR (Income Based Repayment) and PSLF (Public Service Loan Forgiveness). The IBR is a new repayment plan that the government hopes to reduce the amount of debt that the student has to take on.

The IBR plan allows the borrower to pay only 10% of their income each month. However, if the borrower's income increases, the payments will increase. If the borrower's income decreases, the payments will decrease. The borrower can also choose to pay based on their family size.

The PSLF plan allows the borrower to pay only 10% of their income each month. However, if the borrower's income increases, the payments will increase. If the borrower's income decreases, the payments will decrease. The borrower can also choose to pay based on their family size.

The best part about getting the station going is working with the students, listening to their ideas and watching them through any unforeseen situation. She emphasized there have been no disruptions.

It is our sincere hope that this will continue until the end of the semester and the completion of graduation," Doyle wrote in an e-mail. "However, we have had some preliminary meetings to discuss contingency planning should circumstances overtake us.

The station will have a schedule yet."
Calcium does a body good

Erica Mendez/Logos Staff

Like many other University of the Incarnate Word students, 24-year-old John Fabian Avina is holding down a job while at-tending full-time class. But few friends can say they have a job like Avina’s. His marketing manager for the San Antonio territory, pushing a locally originally energy drink called NERD.

Avina, a communication arts major, said NERD’s story began with a idea by a University of Texas-San Antonio pre-med stud-en-t, Vinicio Otto Montes, about a drink that could aid memory retention and give an energy boost at the same time.

Reportedly, Montes was studying for a test one night and saw a buddy pop two pills followed by a Red Bull energy drink. The buddy explained he followed by a Red Bull energy drink and saw a buddy pop two pills and then take a crash later. No other energy drink in the market offers that, he claimed.

Growing sales of the $1.99 product led to distribution cen-ters being opened in March 2008 in H-E-B and last September in Austin, Avina said. His mar-keting strategy has involved a low-cost, grassroots plan in-cluding handing out samples on campuses and using cyberspace social networking.

“We’ve been handing mar-keting so well that Valero has picked us up on their Texas ac-count,” Avina said. Adding that NERD is looking into a business deal with Big Red, Dr Pepper and Snapple.

And NERD now can be found in H-E-B, Walgreens and on college campuses in, near and around the city except for UWH, which has a contract with Coke and cannot bring in a ris-ing competitor in energy drinks, Avina said.

“We really want to get into Incarnate Word, eventually. I’ll come here,” he stressed.

School of Math, Science and Engineering, contributed one of his paintings for viewing.

Members of Quirk’s editorial staff shared work by Dr. Roberta Leichnitz, Roxanne Mayorga, Dr. Amalia Mondri-guez and Brian Smith.

Quirk, sponsored by the English Department and pro-duced by its Editing and Pub-lishing class, is filled with short stories, poetry and art-work of various forms con-tributed by UIW students, staff and faculty.

“Calcium does a body good” by Melissa Hernandez

Calcium does a body good. Yeah, milk has a lot of nutrients our body needs with one specifically being calcium. Did you know calcium is the most abundant mineral found in your body? It’s stored in bones and teeth but also plays a role in vital functions such as muscle contraction, nerve impulse transmission, blood clotting, and cell metabolism. So when it comes down to it, milk does do a body good. But there are other ways of getting calcium in your diet besides just drinking milk.

Since people are unable to absorb all the milk and milk products and others choose not to drink milk or eat dairy products, it is important to know what other sources you can obtain calcium from. If you don’t meet your daily calcium needs, you put your body at risk for developing osteoporosis later in life. Lead-ing up to your 30s is a crucial pe-riod of time that requires getting adequate calcium because your bones haven’t reached their peak mineral density yet. In your early to mid-30s is when age-related bone deterioration begins. But don’t worry too much about that if you eat foods with calcium and are physically active. Doing those two simple things will put you at a lower risk of developing bone problems down the road.

Milk and milk products have always been the No. 1 food source for calcium. Nonfat milk and yo-gurt are excellent calcium sources and contain little or no fat and have a small amount of calories. Other significant sources of calcium include veg-etables, tofu and fortified juices and cereals. The most popular vegetables are broccoli, Brussels sprouts, cabbage, collard, kale, spinach, cauliflower, canned tomatoes, soybeans, and sweet po-tatoes, and some canned tomato products.

The final piece of information you need to know is how much calcium your body needs each day. The Adequate Intake (AI) recommendations were set forth by the U.S. Department of Agriculture to minimize the risk of osteoporosis. Everyone ages 9-18 years needs 1,300 mil-ligrams a day and people ages 19-50 need 1,000 milligrams a day. Anyone over the age of 51 needs 1,200 milligrams a day.

One of my favorite websites for looking up nutrients in foods is www.calorieking.com. Take about 10 minutes to add up all of the calcium you consumed in one day to get an idea of how close you are to reaching the amount you need to keep your bones healthy and strong. If you aren’t quite there yet, then you can use the database to find other foods you enjoy that can help you meet your body’s calcium needs. If you learn you are getting adequate calcium for your age range, then keep up the good work.

Nutrition is a daily adven-ture. Some days you will get everything you need and other days you may fall short. What’s so fantastic about it is you can always make up the nutrients you may have missed yesterday in the meals you choose to eat today. Make healthy food choices and you’ll reap so many wonderful benefits. As once said by La Rochefoucauld, “Aset is a necessary, to eat intelligently is an art.”

E-mail Avey at avey@uiwtx.edu
Historical moment in New Mexico

New Mexico Gov. Bill Richardson signed a law abolishing the death penalty in his state on March 18. Others may follow suit. The United States remains among the top five countries in executions.

Richardson’s decision will be the lawyers’ first time having to defend a capital case in his state. Their expertise and knowledge, more widespread than ever before, will not be enough to save someone sentenced to death.

Richardson’s departure from the death penalty, while a difficult decision in my personal opinion, will save many lives and will be a tremendous victory for those who support death penalty abolishment efforts.

If you would like to find out more about the death penalty and support abolition efforts, please consider the new group on campus: Humankind: Students Against Government Executions.

E-mail Caldwell at caldwell@uiwtx.edu

Goodbye, farewell to Logs, UTW

E-mail Ramirez at amaril11@uiwtx.edu

LOGOS STAFF

Editor: Melissa Hernandez
Assistant Editors: Maggie Callahan and Rachel Walker
Photo Editor: Nick Baker
Cartoonist: Matt Ilgenfritz

In this issue:

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E-mail Caldwell at caldwell@uiwtx.edu
Galveston recovery takes slow pace

It's been nearly seven months since Hurricane Ike batters like a fist into the Boil-ervi-ol-river, the Bolivar Peninsula, Galveston Island, and the East End of Galveston, but recovery efforts are nowhere near completion.

Although cleanup began im-mediately after the storm, resi-dents still have a huge mess left to deal with. The Island itself, home to more than 56,000, is still covered in debris and some areas are still inaccessible. The University of Texas at Galveston and the only hospital on the is-land still remain closed.

But’s more than likely saved the heart of Galveston Island and the East End Galveston, but even there things were nowhere near complete.

Many homes in the East Beach area were completely destroyed. The Bolivar Peninsula is now the home of thousands of travel trailers people want to rebuild. Some homes without the lift had to be aban-doned on the inside by the raging storm surge.

As the recovery process con-tinues, many residents are now fac ed with a difficult decision. To build or not to build. That is the question. Galveston and the Bolivar Peninsula may never fully recover, but the spirit of these Texas communi-ties will never vanish.

E-mail Hall at jhl@uiwtx.edu.
Whose Holy Land? Israel's Palestinian conflict-sinners

If we are serious about ending all wars and terrorism, a new approach to the region will be required.


Rick Perry in Texas: the man who wants to be president of the United States. Perry has campaigned — and continues to campaign — for the Republican nomination in 2012.


Gov. Rick Perry content to do what he believes is right

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Troubadours minister with music

By Kele Torchado

Demetrios Smith and Alejandro Flores, better known as the Troubadours, entertain anyone who passes their way twice a week near the Chapel Building.

The two men represent Campus Ministry when they play and sing 12:30-1:30 p.m. Monday and Wednesday.

The practice started with the late Father Philip Lamberty, who was UW chaplain until he resigned due to failing health last spring. Lamberty died last June.

A plaque in his honor is on the Chapel Building porch where he often played several instruments with Smith and Flores often accompanying him.

Smith said Lamberty taught him how to play the guitar on that very porch.

“This porch is dedicated in memory of Father Philip,” the Troubadours said. “We want students to enjoy what they are doing just as [he] wanted.”

Smith, a 21-year-old art and religious studies major came up with the idea to call himself and Flores the Troubadours. He said he was in a group with the same name in high school.

Flores, also 21, is majoring in Spanish and education. He often shares his musical talents outside UW, especially during retreats for the choir at St. Anthony Catholic High School.

The Troubadours like their name and take it seriously. Since “the word ‘troubadours’ means travelers musicians,” as Smith pointed out, the two plan to live up to their name next semester and travel around campus.

“I love the way they play Christian music,” said passer-by Amanda Gonzales. “It’s very peaceful to hear them on the way to class. I think what they do is great.”

Smith, who is also a peer minister for Campus Ministry, had stage fright at first.

“I was always a singer,” Smith said. “After Father Philip taught me how to play the guitar, he helped me come out of my shell and now I am more comfortable playing in public.”

The Troubadours have followed Lamberty’s example and helped another musician to come out of her shell.

“I’ve been really shy and they’ve helped me to feel more comfortable with my voice.” Christina Lake, 19, said.

Performances always end with the Troubadours’ favorite songs.

“I never get tired of playing “Here I am to Worship,”’ Smith said. Flores added, “My favorite is “Out of Wonders,” [so] we always save them for last.”

‘Left Behind Alternative’ conference set

A two-day ministry conference featuring on “The Left Behind Alternative: Reflections on Apocalyptic Literature” is set June 12-13 at the University of the Incarnate Word.

The conference will be conducted at Dr. Burton E. Grossman International Conference Center under the auspices of UW’s Pastoral Institute.

“The overall objective of (the conference) is to enable participants to reflect upon the fact that God will triumph over evil, said Sister Edish Ryan, director of the Pastoral Institute. “We don’t know how or when, but we live in hope of God’s promise.”


Her book provides “an informative and superbly presented instructional insight into Christian apocalyptic literature,” a reviewer wrote.

Through the use of “careful research and sound scholarship,” the book “unmasks a generally unrecognized and positive perspective of the Christian faith’s understanding and basis of ‘Last Days’ theology.”

Jonaitis, an assistant professor at the University of Dallas School of Ministry, is a Dominican Sister of the Congregation of Our Lady of the Sacred Heart based in Grand Rapids, Mich.

Ryan said Jonaitis will present the Catholic teaching on apocalyptic texts, “especially in relation to Rapture imagery in the Book of Revelation,” through a series of

Dr. Dorothy Jonaitis

Noted composer to lead music workshop at UIW

A music journalist who also is a pianist, recording artist and bilingual composer will lead the 14th Annual Workshop in Pastoral Music during the summer Pastoral Institute.

Peter Kolar, senior editor of Hispanic Music for World Library Publications in Chicago, will be featured June 5-6 at the workshop in Our Lady’s Chapel.

Kolar, who also is founding editor of the bilingual missal, Celebremos/Let Us Celebrate, is “recognized for his innovative blend of classical music with Latin-American styles,” said Sister Edish Ryan, longtime director of the Pastoral Institute at the University of the Incarnate Word.

Kolar is “widely considered one of the leading liturgical pianists in the country,” Ryan said.

Workshop sessions will be 6-9 p.m. June 5 and 9 a.m.-3 p.m. June 6. For more information, contact the institute.
Graduating volleyball player Kim Kvapil has been named Student-Athlete of the Year and Female Athlete of the Year while swimmer Aliksandr Yatsko repeats as Male Athlete of the Year.

Kvapil, a communication major from La Vernia, was noted as possibly compiling “the longest list of honors ever by an individual in a single UIW year with her performance in the classroom,” Sports Information Director Wayne Witt wrote in a news release.

Kvapil, who maintained a 3.74 grade point average, was voted All-American by 15 different national organizations.

Kvapil was named Daktronics and American Volleyball Coaches Association player of the year in the Heartland Conference. She was Daktronics regional player of the year and a Daktronics and American Volleyball Coaches Association, for her play on the volleyball court. She was Daktronics regional player of the year and computer information systems major from Minsk, Belarus, in the eastern part of Europe, repeated his freshman win as Male Athlete of the Year. Last spring, he was an NCAA national champion by winning the 500-meter freestyle event. He repeated that victory this past March, making him a two-time All-American and two-time national champion.

In his two years at UIW, Kvapil has never lost a 500-meter freestyle race.

In this past season, Yatsko was named Rocky Mountain Conference male swimmer of the year. After he won seven first places in the championship meet. Along the way he set five UIW school records and swam on three record-setting relay teams.

For more on sports news from the University of the Incarnate Word, you can visit kvapil@uiwtx.edu. E-mail Stafford at esstaff@uiwtx.edu.

Feeling low energy? Need a boost?

Everyone knows eating a balanced diet, exercising regularly, and getting enough sleep gives you more oomph. However, this isn’t an easily attainable routine for most college students. The idea here is to tap into something you have probably been ignoring: your brain. Your body and mind are connected in continuous communication through tiny molecules called neurotransmitters. When you are really stressed out these neurotransmitters tell your body to release chemicals that only increase the already present feelings of stress, tennsiveness, and extreme exhaustion. On the upside, when you are feeling happy, relaxed and energized, your brain creates endorphins that keep your immunity up and give you more lift than an energy drink (Red Bull, Rockstar, Monster, etc.) ever could.

Here’s how to engage your brain.

1. Think positive thoughts: we all get down on ourselves from time to time and replay negative thoughts in our minds. This can be very draining. Try thinking positive thoughts instead. So you got a “C” on the paper you studied? Tell yourself you can make an “A.”

2. Envision yourself getting what you want. When you hit a slump, visualize yourself full of energy.

3. Blast your favorite music: it is a proven fact that music can keep you invigorated. So crank up those tunes when you are at the gym, for a longer, more enjoyable workout. Want to chill out while studying? Try turning on some more soothing music in the background.

4. Allow yourself some personal, quiet time. Meditation might seem to “new age” for most people, but it is easy to do and actually lowers your heart rate, eases muscle tension, and provides a burst of endorphins that make you feel happier and more alert. It also helps you release all the stress you are carry- ing around and it makes room for a clearer mind.

5. Try a new form of exercise: bored of the same running routine? Try a cycling class. Stuck in a rut with your yoga class? Amp it up with some Pilates. Keeping yourself healthy and fit provides you with excess energy.
The defense won the first-ever spring game 49-23 at Benson Field in front of several hundred fans and spectators at the University of the Incarnate Word.

The spring teaser kicked off at 7 p.m. on Wednesday, April 8, featuring the Incarnate Word offense (white team), against the Incarnate Word defense (black team).

The game was the culmination of the first-ever spring drills for the team, which will kick off its first regular season Aug. 29 at home against Monterrey Tech.

Six-foot-three-inch linebacker Dakota Mawyer from Smithson Valley led the black team defensively. Mawyer had eight and a half defensive tackles for the night.

The defense overwhelmed the offense 49-23 at Benson Field.

The white team until Thomas Specta, a 6-foot-3-inch quarterback from Reagan, connected with Robert Williams, a 5-foot-8-inch wide receiver from Florenceville on a 52-yard touchdown strike with 1:09 remaining in the first half.

In the second half, the white team got into the end zone twice, one off a three-yard keeper from Eric Massoni, a 6-foot-2-inch quarter- back from Cedar Park.

Massoni’s run capped the longest touchdown drive of the second half with 10 plays for 73 yards eating up 5:50 in the third.

The white team’s other touchdown and final score came from Smithson Valley’s Trent Rios, a 5-foot-8-inch running back who ran two yards to paydirt.

The black team finished with three forced fumbles, one interception and four sacks while the white finished with 341 yards passing and a Rios 38-yard punt return.

Off the field, one of the football players, freshman Caleb Koscian, learned later in the month he had been named one of 15 college students throughout the nation as a Kemper Foundation Scholar.

Kocsin, an international business major who graduated from Judson High and was among Incarnate Word’s first football signees, will receive a three-year scholarship from the Chicago-based foundation that includes two summers with projects and internships.

The Cardinal defense in black lines up against the offense in white at the first spring football game for the fledging team at Benson Stadium. The team plays its first regular home football game Aug. 29.

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The Cardinal defense in black lines up against the offense in white at the first spring football game for the fledging team at Benson Stadium. The team plays its first regular home football game Aug. 29.

The defense won the first-ever spring game 49-23 at Benson Field in front of several hundred fans and spectators at the University of the Incarnate Word.

The spring teaser kicked off at 7 p.m. on Wednesday, April 8, featuring the Incarnate Word offense (white team), against the Incarnate Word defense (black team).

The game was the culmination of the first-ever spring drills for the team, which will kick off its first regular season Aug. 29 at home against Monterrey Tech.

Six-foot-three-inch linebacker Dakota Mawyer from Smithson Valley led the black team defensively. Mawyer had eight and a half defensive tackles for the night.

The defense overwhelmed the offense 49-23 at Benson Field.

The white team until Thomas Specta, a 6-foot-3-inch quarterback from Reagan, connected with Robert Williams, a 5-foot-8-inch wide receiver from Florenceville on a 52-yard touchdown strike with 1:09 remaining in the first half.

In the second half, the white team got into the end zone twice, one off a three-yard keeper from Eric Massoni, a 6-foot-2-inch quarterback from Cedar Park.

Massoni’s run capped the longest touchdown drive of the second half with 10 plays for 73 yards eating up 5:50 in the third.

The white team’s other touchdown and final score came from Smithson Valley’s Trent Rios, a 5-foot-8-inch running back who ran two yards to paydirt.

The black team finished with three forced fumbles, one interception and four sacks while the white finished with 341 yards passing and a Rios 38-yard punt return.

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Sister takes on chancellor’s role

By Rachel Cywinski

Sister Helena Monahan has had a few months to become accustomed to her new role as chancellor of the University of the Incarnate Word after leading the university’s relationship with the state for the past eight years.

Last summer, Monahan ended six years as legislative counselor to the Sisters of Charity of the Incarnate Word. In that role, Monahan served as a liaison between the university and the board of regents.

Monahan is no stranger to the university. “I’ve been in that role in some capacity for most of her adult life,” said Sister Mary Jane Kilkani, former chancellor and a member of the order.

Monahan’s goals for the university’s relationship with the state include increased funding for research and a stronger focus on green living.

Monahan also plans to facilitate other “existing developments” such as the university’s relationship with Fort Sam Houston and a cooperative agreement with Alamo Colleges, Trinity University, the City of San Antonio, Witt Museum, Broadway San Antonio condominiums and local businesses to develop green space in the former Playland area and other areas along Broadway.

Monahan’s goals for UIW include increased allotments for the fine arts, development of ethnic components in all courses and the transition to “green living” for campus facilities.

Monahan said she was first drawn to the Sisters of Charity while attending Incarnate Word Academy in St. Louis.

“Every life choice has been a blessing with a whole lot of energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I really enjoy using that energy and I 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Moore prepares for Moody role

By Marisa Ayon
LOGOS STAFF WRITER

Dr. Mary Ruth Moore remains overwhelmed by her selection as the new Moody Professor which calls for her to tote a ceremonial mace and deliver graduation speeches and public lectures.

“The Moody award is a huge honor because it was selection from my peers,” said Moore, an education professor who was named the Moody Professor at the annual Faculty Appreciation Luncheon in March. “Selection/election from your peers is very meaningful. “(Ralph Waldo) Emerson said you would have many facets by which you would know you’re successful, but in his poem ‘Success’ it reminded me that for others to recognize your work, it’s enough. I’ve been very blessed in my teaching career.”

Moore has been teaching 16 years at the University of the Incarnate Word and 25 years before that. She has received numerous awards including Teacher of the Year at local, district and state levels, as well as the Piper Professor of Texas award in 2003.

The Piper award “recognizes 15 professors each year in the state of Texas and every college, every community college, every university, every seminary, anybody who has any kind of collegiate program with professors can nominate,” Moore said. As Moody Professor Moore accepts responsibilities to write and deliver a lecture that correlates to her research interests and a fall graduation commencement speech in December. Although the lectures are not until a later time, Moore is considering several topics.

“I’m looking at possibly pulling from the different disciplines, like sociology, history, the humanities, and share how education, the American Kindergarten movement came out of the different issues of the time, the turn of the century, the early 1900s, late 1800s. And how it really grew out of a whole series of movements that involved many of the great women who would go to found other movements.”

Moore will lecture at UIW and Our Lady of the Lake University. She will speak mostly to the faculty and administration of different disciplines and hopes she can relate to each one through her lecture.

As for carrying the ceremonial mace to lead commencement processions, Moore said, “The mace is similar to a baton or a scepter that you carry and you lead the faculty to graduation. It’s then placed on the stage and it’s always part of our tradition here at the university.”

A spotlight shines on anyone being Moody Professor, but Moore revels even more in the success of her students.

“I think about […] how very blessed we are to be on a campus that has a wonderful faculty and student body, and the legacy of the Sisters of Charity, so I think it just helps me to feel more blessed to be a part of this institution, and to have folks recognize your work. (After) 41 years of teaching, I’m still excited every day that I can get up and teach students and I want to be able to carry that out through the rest of my career. I don’t know how long that will be but I’m thankful. I’m probably most happy when I think about the fact my students are now teachers.”

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The Logos’ first photo contest has ended in a “photo” finish. Several photos were submitted electronically between the contest’s announcement in the February issue and the April 12 deadline. The “shooters” were invited to submit an artist statement or description in 50 words or less.

**On-Campus Winner**

"Light the Way"
By Brittany Witt

This photo was taken in the student center, where I spend most of my free time. I almost didn’t realize the writing was a cast shadow, but when I did, I took a picture of it immediately!

**Creative Winner**

"Wings"
By Brittany Witt

I took this photo for a series of off-campus landscapes for my Landscape Photography class earlier this year. This photo was taken across the street from campus, and it includes the reproduction of my favorite sculpture, The Winged Victory of Samothrace (also known as Nike of Samothrace.)

**Documentary Winner**

"Untitled"
By Samantha Casares

This photo was taken at the Martin Luther King March in San Antonio, Texas, on Jan. 19, 2009. There’s a feeling of irony with the American “peace” flag in front of a police car.
Miss Texas International past
Student envisions running own pageant system after relinquishing title

By Nina Chen
LOGOS STAFF WRITER

At the age of 21, Alyssa Michelle Perez has already lived one of her lifelong dreams coming Miss Texas International 2008. At the age of 21, Perez has already finished her year’s reign as the titleholder where she made many new friends, developed new platforms and is settling back into her normal routine as a communication arts major concentrating in media protection of gynecological care.

Perez has been actively participating in pageants since she was 15 and has overall participated in 11 pageants. She started out trying out and has previous cheerleading experience, even though any previous training is not required.

Perez and her dreams -- becoming Miss Texas International and promoting a platform, “As every college student knows, school can be a very stressful,” Perez said. “I think the way I did it was it by just using your time management skills. As a participant in pageantry, the lifetime friends that you make during competition week.”

Perez also worked with the D.A.R.E. (Drug Abuse Resistance Education) program and was invited to attend its international conference to present the Lifetime Achievement Award.

“There are so many great experiences and opportunities that I was given this year that I am truly grateful for,” Perez said, adding that her most memorable experience during her reign was her trip to Chicago to compete in the 2008 Miss International Pageant.

The year ended a little short. On March 22, 2009, Perez’s ultimate career goal is to own her own national pageant system. Through this, she wants to teach young women important skills, such as interviewing and poise.

While she will continue to promote her platform on gynecological care, Perez wants to use her experience to inspire others to achieve their dreams.

“I strongly believe that the future belongs to those who are not afraid to experience life, reach for the stars and follow their dreams.”

Once off the squad, girls will attend practices for tumbling on Sundays, and regular practices for games and events Mondays and Wednesdays from 5:30 to 7:30 P.M. Due to the kick-off of the first football season at UIW, the team will be pushed to greater limits in their performances and skills, as well as keep the girls working for some extra practice.

“We have practices Sundays and Monday,” Coyle said. “Next month there’s going to be Wednesdays, too, and then we’re going to have football games so..."
Hollywood to roll out summer sizzlers

Summer brings the pleasures of time off for many students. What better way to spend that time off than at the movies? The summer movie extra- vaga- nza begins first week of winter. While not a preview of every big summer movie coming out, this article focuses on three movies I believe will do quite well in the box office and also with viewers.

Transformers: Rise of the Fallen
In theatres June 24.
Shia Labeouf and Megan Fox return in the second installment of the franchise, two years after the first one earned a worldwide $700 million (BoxOffice Mojo.com).
Growing up with the cartoon earns a Day One viewing for myself. Let’s hope Michael Bay can keep his theatrics out of it (although the slow-motion female screaming scenes aren’t too bad on the eyes) and rely on the special effects of the movie to wow audiences.

Harry Potter and the Half-Blood Prince
In theatres July 15.
It’s OK. You can admit it. You’re a sucker for Harry Potter. J.K. Rowling’s latest release of the movie proves to cater to the older fans with a darker film, much like the book. What else needs to be said about the movie? It’s more than likely going to shatter box-office records in some form, so just accept it.

'Eleemosynary' ends spring season

For redemption is on the table.

Fans of the series were ultimately let down with the film as well such as a guest appearance in but several mutants make and how he came to be, "X-Men: Origins: Wolverine."
This movie focuses on the story of Wolverine and how he became the new mutant-filled role of Wolverine in the second installment of the franchise, two years after the first one earned a worldwide $700 million.

The National Spelling Bee
In theatres June 24.
Artie is helpless and laments to leave Echo to live with her uncle. Unexpectedly, Echo comes back and gives her mother a second chance; because after all, every one of us is Eleemosynary.

E-mail McDaniel at jj.medina@gmail.com

Favorite songs help you get along

Do you have a v e r y t h a t a song? The one that just hits you up when you’re down, puts a smile on that frown, or better yet, gets your body mov- ing? I do. Yes, I do. Not just one, but a lot. I even have some that make me cry (only about a handful), some that make me think, and a few that even get me angry. How strange that a song, just a simple song, can make my day.
If you really think about it, music possesses the ability to change not only our moods, but our fashion, and even the way you behave in everyday life. You can put on “Do You Believe in Music?” by the Lovin’ Spoonful and feel good, or I said it that way. But it’s my feel-good song. I’m not afraid to admit it.

Do you listen to MyS- pace. We add music to our playlists because the songs are cool, the lyrics might mean something, but overall, somehow we react to it. Look at the punk fashion out there. It’s a clear statement of rebellion and angst or political say, that punk music is known for. It’s meant to start a revolution,
Cherish the Ladies to sing for WGC

Cherish the Ladies, an all-women’s, Irish-American group specializing in Celtic music, will perform a benefit concert at 7:30 p.m. Sunday, May 31, for Women’s Global Connection. The concert will be at Sunset Station. Gates will open at 6:30.

The WGC is a ministry of the Sisters of Charity of the Incarnate Word. Sister Teresa Stanley, a longtime member of the order, is accustomed to cherish the Ladies founder Joanne Madden.

Cherish the Ladies, which was nominated for a Grammy for its "The Celtic Album" collaboration with the Boston Pops Symphony, last visited San Antonio eight years ago. Since then, the group has appeared on "CBS This Morning," ABC’s "Good Morning America," C-Span, PBS and NPR in the United States and on BBC and RTE radio and television overseas.

The group, which is known for its vocals, instrumental and step-dancing, has won international Group of the Year at the Celtic Connections Festival in Scotland, Entertainment Group of the Year from the Irish Voice newspaper, Best Musical Group from the BBC and top North American Celtic Act by NPR’s "Thistle & Shamrock" rock.

Proceeds will benefit the WGC, which seeks to promote justice and sustainability in the world by empowering women. In Africa, the ministry has worked with local and global organizations to promote learning experiences of global citizenship through Internet cross-cultural dialogues, services for early childhood and children in crisis, teacher training and peer mentoring, serving as a conduit for micro-financing business plans and through Reach Out Africa immersion trips.

How to Get Tickets for the Benefit Concert

Advance tickets are available through all Ticketmaster outlets. For more information, call Sunset Station’s box office at (210) 488-3352. The Women’s Global Connection at may be reached at 832-3208.

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HOW TO GET TICKETS FOR THE BENEFIT CONCERT

The $50 ticket (plus handling fees) includes a food coupon and two drink coupons. Students who are currently registered can receive the ticket for $40. For more information, e-mail event coordinator Cynthia Aguirre at caguirre@satx.rr.com or call her at (210) 488-3386. The Women’s Global Connection at may be reached at 832-3208.

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‘Cutting Edge’ designs dazzle audience

By Kirsten Johnson

By Kirsten Johnson

The University of the Incarnate Word presented its 29th annual edition of its official Fiesta event, “The Cutting Edge” fashion show, on Monday, April 20 at Marriott Rivercenter.

In the lobby, tables laden with silent auction items. Numerous goodie bags for fashion-ista eyes awaited bidding. Among the items were dolls entered in the “Dress the Doll Contest” held on campus of Excited faces filled the Marriott ballroom as the start of the show drew near. Decked-out guests took their seats, conversing with one another, eager to see the design students had to reveal.

KSAT 12 news anchor Ursula Pari, the mistress of ceremonies, welcomed more than 750 guests. The start of the show — nine UIW fashion students — stayed backstage until it was time to make their designer debut. After each collection the designer proudly stepped onstage to greet the audience beside their designs.

The first collection presented on the catwalk was Allison Andrews’ “C’est La Vie” collection. Her six pieces were based upon the shapes and colors of flowers. Each one of her garments was hand-dyed and featured either handmade flowers or hand-painted details. Denise Garza’s inspiration came from floral designs associated with special occasions such as weddings and anniversaries. Her “In Full Bloom” collection included a yellow empire dress accented by vermicelli embroidery and floral stamps.

Grace Manley’s garments were constructed from taffeta and organza. Her “Alluring Sins” collection was inspired by Dante’s Inferno. Each ensemble resembling a deadly sin.

N. Celeste Hill crafted the vibrant colors of New Orleans as inspiration for her “Laissez Le Bon Temps Roulet” collection. Constructed of dupioni silk, her garments embodied classic silhouettes and non-traditional detail.

Giselda Aguirre’s inspiration for her “The First Dandelion” six-piece collection came from keeping a particular person — her “ex-boyfriend’s sister” — in mind because “she just happened to be in my target market” for “younger, professional, and fashion-forward women.”

A designer has to have a target market because “everyone can’t be pleased with everything.” Griselda Aguirre’s inspiration for her “The First Dandelion” collection was “ex-boyfriend’s sister” — her grand-sister. “Thoroughly Modern Millie,” and her grandmother.

“I have a lot of old photographs of my grandmother and great-grandmothers from back in the 1920s during the Depression,” Patton said. “Whenever I think of blue for some reason, because of that.”

Preparing for the show, Patton said, “a lot of work because I’m a one ensemble a week that you have to turn in. It’s hard when you’re taking a whole bunch of classes and working at the same time. So, last semester was really stressful. I spent a lot of late nights and early mornings trying to finish everything for class.”

Patton is unsure about what career path she will take after graduation. However, her heart is set on one thing.

“I would like to travel,” she said. “That’s what I’m going to do afterwards and then I’ll find a job.”

The show came to a close with Winona Johnson’s “Change” collection which featured leather, leather and more leather! Her collection included a gorgeous, single-shoulder princess dress.

Johnson said her collection “incorporates femininity and demonstrates that women can look very sexy wearing leather.”

Dr. Melinda Adams instructs the seasonal collections course, which is the Capstone course for design students.

Fashion instructor Teri Lopez’s Fashion Show Production Class helped keep everything together from judging day until the fiesta occasion. The students were divided into six committees: Designer, Model, Dresser, Stage/Technical, Advertising and Silent Auction.

Senior fashion merchandising major Magaly Martinez, a member of the Model Committee, said her folks were “in charge of fitting the models and making sure if any adjustments to the garments needed to be made.”

Twenty models walked the catwalk, each having a total of five ensemble changes throughout the show. Models are picked based on measurements and some have worked “The Cutting Edge” fashion show before. Each model had their own dresser so the model and her clothes stayed in one place avoiding chaos.

“It was really nerve-wracking and crazy up until the show but everything came together and I’m really happy with how everything turned out.”

Rachel Ross was influenced by the music and costumes of Swan Lake. Her collection — “Tchaikovsky’s Swans” — featured garments embellished with feathers, crystals, and embroidery.

“The inspiration for his ‘English Estate’ collection came from a desire to capture the essence of luxury and glamour. He used silk crepe, sequins, and feather embellishments in his designs.

Helen Patton’s “A Trunk in the Attic” collection was inspired by the movie, “Thoroughly Modern Millie.”

“I have a lot of old photographs of my grandmother and great-grandmothers from back in the 1920s during the Depression,” Patton said. “When I think of blue for some reason, because of that.”

A model wears a wrap skirt from Grace Manley’s ‘Alluring Sins’ collection. ‘Envy’ is the name of this outfit with a wrap skirt from Grace Manley’s ‘Alluring Sins’ collection.
Winners

Best of Show: Allison Andrews.  
Best construction: Andrews, first; Rachel Ross, second; and Griselda Aguirre, third.  
Best design: Andrews, first; Grace Manley, second; Denise Garza, third.  
Best collection: Andrews, first; Manley, second; Garza, third.

Clockwise from top left, models wear Jason Avey’s dress with a collar and feather embellishment; N. Celeste Hill’s short-sleeved coat dress with front zipper; Griselda Aguirre’s strapless, bubble type jumpsuit; Denise Garza’s charcoal grey princess bodice dress accented with vermicelli embroidery; Grace Manley’s ‘Wrath’ dress with a high-collared sheath with pleated yoke and wrap skirt, covered in individually placed diagonal squares; Rachel Ross’ chiffon draped corset with a feathered bolero, with hot pants, embroidered tiered skirt and train; and Helen Patton’s light blue embroidered silk chiffon dress.
Back to the future with conceptual knowledge engines – Part II

My last article was not easy to read, was it? I crammed a lot of information into it by interjecting parallel thoughts inside parentheses. On the one hand, this simulates how we think and learn, by associating what we hear or see with past experiences or ideas. On the other hand, it also simulates the world of information overload and interruptions we experience today. Instead of taking time to reflect, make critical judgments, and assimilate new information, information deluge and interruptions can force you to simply accept, reject, or ignore new information as it comes at you. [Could this explain our divided nation? Accept one side, reject the other, and ignore anything beyond a sound byte?]

In “Desk Set” (1957), the first movie to depict a computer I believe, Katherine Hepburn played a human “search engine.” Companies called her for information and she provided it from memory or from books in floor-to-ceiling bookcases surrounding her (no Internet or Web in those days). Spencer Tracy played an “efficiency expert” with a new computer nearly as large as the bookcases, making Ms. Hepburn concerned the machine would replace her. Fifty years later, no human could ever take the place of a search engine. A University of California-Berkeley study estimated the sum volume of all human information (books, videos, audios) generated up to 2000 was 12 exabytes. Today the world generates 1.2 exabytes of digital information each day! No wonder “information overload” on Google gives you more than a million hits. As Kathleen Parker in the April 3 San Antonio Express-News describes our condition so eloquently, “life’s background music has become one prolonged car alarm,” as she points out that we risk the ability to process the “Big Ideas” when we are so connected to the world (good editorial – look it up).

But what is the solution? We may choose not to be so immersed in information, but this hardly seems possible with the frenetic pace of most jobs and information being power. We may choose to at least turn off the flow of information after work, but in this day of cell phones, instant messaging, e-mail, social networks, and 20 minutes of advertising for every hour of (most) TV, we would have to disconnect from electronic media altogether, which many people find uncomfortable. So the answer might be to “work smarter, not harder.”

Steven Wolfram (Ph.D. from CalTech at 20) and his group of researchers has developed a computational device based on Mathematica (see http://mathworld.wolfram.com) that does not just return hits on sites with keywords like a standard search engine, and does not just code the Web so it will return intelligent sorts from natural language questions like semantic Web devices, but promises to actually compute an answer to a natural language question from the algorithms and heuristics of all fields of human knowledge applied to trillions of bytes of data. The search device is geared towards delivering unambiguously factual answers and cannot answer “fuzzy” questions such as “Where is the best ___?” (who can). And, of course, GIGO (Google that). That said, Wolfram acknowledges the hand-curated data may reflect his team’s biases, but Wolfram Alfa promises to deliver not only a consensual answer but alternative answers and sources. In my first draft of this article I was all prepared to lambast this development as another easy way out of having to think, but, on reflection, and after a little research of my own, I eagerly await trying out this new way of cutting through the fog of information that surrounds us.

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May 2009
Vegans, vegetarians find little on menu

By Gladye Sholar
DDOGS STAFF WRITER

Roommates April Lynn Downing and Caitlin Stultz have been frustrat-
ed most of their freshmen year at the University of the Incarnate Word when they get hungry.

Dining is a perscrut-
ian, a person who abstains from eating all meat and animal flesh with the ex-
ception of fish. Stultz is a vegan — a person who does not eat or use animal products.

So the two, both 19, don’t have many vegetar-
ian food choices when they go to Marian Hall Student Center. They’ve even put their complaint in writing to Sodexho which manages food ser-
vices on campus.

There are many rea-
sions why people decide to live a vegetarian lifestyle. Some people do not eat meat because of religious issues. Others choose vegetarianism because of its healthy food options. Others simply do it to be environmentally friendly.

This popular lifestyle is now common among teens. Although vegetar-
ian cooking is simple and can be incorporated, it is sometimes difficult to find food options in university dining areas.

Finnegan’s Coffee Shop and Java on the
top have soy milk and fresh fruit available. But
Marian Hall Café — the largest dining area — often
lacks vegetarian products. Students who are campus residents such as Dow-
ing and Stultz have a meal plan. A large portion of the meal plan for Mar-
ian Café use only.

The deficiency of vegetarian dishes in the cafeteria forces students to spend money eating elsewhere.

Making matters worse is also the fact of Marian Hall Café closing the deli and the small “vegetar-
ian” section on weekends. Downing and Stultz, who are trying to start a Veg-
gie Lovers Club, would like the cafeteria to make dishes that accommodate vegans and vegetarians.

“People are not a lot of vegetarians or veg-
sans, but there are a lot of people who are lactose in-
tolerant,” Downing said. “And almost everything is cooked with cheese and butter.” These students feel like they are not ask-
ing for much. Just make for ex-
ample, spaghetti with a

“Having a salad bar is
not the only thing that could be vegetarian,” Downing said. “There are
many other dishes. We are not asking to go to extremes and get faux
meat. Just make for ex-
ample, spaghetti with
tomato sauce and have
the cheese optional for the vegans.”

They would also like for mushrooms to be
more available in dishes
since they have “the same amount of amino acids as meat.” They would also find it useful for the ingredients of dishes to
be posted on the campus dining website or by the
dish itself. “We are here to cater to the students, we believe we can do better and will do better,” Richard Morgan, general manager for Sodexho’s
campus office, said in response to learning about the vegan-vegetarian is-
sue. He’s brought back a cook in the vegetarian section on
the hot line, what you want and we are
willing to try. Everyone, but the dining services in the university are willing to try.

“I want to empower
students to have a voice and learn to be their own
advocates.” Moore said.
GET STARTED!
1) PRINT YOUR DEGREE PLAN AND TRANSCRIPT: This will help you and your advisor plan your courses.
2) VISIT THE STUDY ABROAD OFFICE: Pick up information on host school, find out about requirements and deadlines.
3) RESEARCH the host university by visiting their website. (find it at http://www.uiw.edu/studyabroad/schools.html)
4) MEET WITH YOUR ADVISOR: Confirm the courses you have chosen to see whether they fit into your degree plan.

Going abroad this fall? You need:
1. A VALID PASSPORT: If you don’t have one yet, APPLY NOW!
2. A STUDENT VISA: Required for certain countries such as Italy, Spain and Hong Kong. You can’t get started until you have your passport and acceptance letter.
3. An ACCEPTANCE LETTER: Have you applied and been accepted?
THE CLOCK IS TICKING!!

STUDY ABROAD THIS FALL
IT'S NOT TOO LATE!!!

Schiller International University
France, Germany, Spain, UK
Application Deadline: Rolling Admissions
www.schiller.edu

London College of Fashion
London, England
Application Deadline: July 6
www.fashion.arts.co.uk

Universidad de Vina del Mar
Vina del Mar, Chile
Application Deadline: June 1
www.oie-vm.cl

Universidad Francisco de Vitoria
Madrid, Spain
Application Deadline: June 15
www.ufv.es

John Cabot University
Rome, Italy
Application Deadline: June 1
www.johncabot.edu

Hult University
London, England
Application Deadline: Rolling Admissions
www.hult.edu

Universidad Austral
Buenos Aires, Argentina
Application Deadline: July 15
www.austral.edu.ar

For more information on studying abroad, contact:
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