



**UNIVERSITY OF THE INCARNATE WORD - ATHLETIC TRAINING EDUCATION
COMPETENCY AND PROFICIENCY MATRIX (4TH EDITION)**

**COMPETENCIES AND PROFICIENCIES LISTED FOR
ATHP 3170 – ATHLETIC TRAINING CLINICAL EXPERIENCES III**

ORTHOPEDIC CLINICAL EXAMINATION AND DIAGNOSIS

Course(s) Taught	Course(s) Evaluated	
XXXXXX	XXXXXX	CP1 - Demonstrate a musculoskeletal assessment of upper extremity, lower extremity, head/face, and spine (including the ribs) for the purpose of identifying (a) common acquired or congenital risk factors that would predispose the patient to injury and (b) a musculoskeletal injury. This will include identification and recommendations for the correction of acquired or congenital risk factors for injury. At the conclusion of the assessment, the student will diagnose the patient's condition and determine and apply immediate treatment and/or referral in the management of the condition. Effective lines of communication should be established to elicit and convey information about the patient's status. While maintaining patient confidentiality, all aspects of the assessment should be documented using standardized record-keeping methods.
ATHP 2315	ATHP 2315 ATHP 3170 ATHP 4390	CP1.1 – Foot and toes
ATHP 2315	ATHP 2315 ATHP 3170 ATHP 4390	CP 1.2 – Ankle
ATHP 2315	ATHP 2315 ATHP 3170 ATHP 4390	CP 1.3 – Lower leg
ATHP 2315	ATHP 2315 ATHP 3170 ATHP 4390	CP 1.4 – Knee
ATHP 2315	ATHP 2315 ATHP 3170 ATHP 4390	CP 1.5 – Thigh
ATHP 2315	ATHP 2315 ATHP 3170 ATHP 4390	CP 1.6 – Hip, pelvis and sacroiliac spine
ATHP 2315	ATHP 2315 ATHP 3170 ATHP 4390	CP 1.7 – Lumbar Spine

ACUTE CARE OF INJURIES AND ILLNESSES

Course(s) Taught	Course(s) Evaluated	
XXXXXX	ATHP 2170 ATHP 3170	CP1 - Demonstrate the ability to manage acute injuries and illnesses. This will include surveying the scene, conducting an initial assessment, utilizing universal precautions, activating the emergency action plan, implementing appropriate emergency techniques and procedures, conducting a secondary assessment and implementing appropriate first aid techniques and procedures for non-life-threatening situations. Effective line of communication should be established and the results of the assessment, management and treatment should be documented.



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THERAPEUTIC MODALITIES

Course(s) Taught	Course(s) Evaluated	
XXXXXX	XXXXXX	CP1 - Synthesize information obtained in a patient interview and physical examination to determine the indications, contraindications and precautions for the selection, patient set-up, and evidence-based application of therapeutic modalities for acute and chronic injuries. The student will formulate a progressive treatment and rehabilitation plan and appropriately apply the modalities. Effective lines of communication should be established to elicit and convey information about the patient's status and the prescribed modality(s). While maintaining patient confidentiality, all aspects of the treatment plan should be documented using standardized record-keeping methods.
XXXXX	ATHP 3320 ATHP 3120 ATHP 3170 ATHP 4170 ATHP 4190	CP1.1 – Infrared modalities
XXXXX	ATHP 3320 ATHP 3120 ATHP 3170 ATHP 4170 ATHP 4190	CP1.2 – Electrical stimulation modalities
XXXXX	ATHP 3320 ATHP 3120 ATHP 3170 ATHP 4170 ATHP 4190	CP1.3 – Therapeutic ultrasound
XXXXX	ATHP 3320 ATHP 3120 ATHP 3170 ATHP 4170 ATHP 4190	CP1.4 – Mechanical modalities
XXXXX	ATHP 3320 ATHP 3120 ATHP 3170 ATHP 4170 ATHP 4190	CP1.5 – Massage and other manual techniques

UPDATED 12/16/2008