



**UNIVERSITY OF THE INCARNATE WORD - ATHLETIC TRAINING EDUCATION
COMPETENCY AND PROFICIENCY MATRIX (4TH EDITION)**

**COMPETENCIES AND PROFICIENCIES LISTED FOR
ATHP 1170 – ATHLETIC TRAINING CLINICAL EXPERIENCE I**

RISK MANAGEMENT AND INJURY PREVENTION

Course(s) Taught	Course(s) Evaluated	
ATHP 1310 ATHP 1170	ATHP 1310 ATHP 1170	C17 - Explain the principles and concepts related to prophylactic taping, wrapping, bracing, and protective pad fabrication.
ATHP 1310 ATHP 1170	ATHP 1310 ATHP 1170	C18 - Explain the principles and concepts related to fabrication, modification, and appropriate application or use of orthotics and other dynamic and static splints. This includes, but is not limited to, evaluating or identifying the need, selecting the appropriate manufacturing material, manufacturing the orthosis or splint, and fitting the orthosis or splint.
XXXXX	XXXXX	P4 - Select and fit appropriate standard protective equipment on the patient for safe participation in sport and/or physical activity. This includes but is not limited to:
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P4.1 – Shoulder pads
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P4.2 – Helmet and headgear
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P4.3 – Footwear
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P4.4 – Mouth guard
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P4.5 – Prophylactic knee brace
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P4.6 – Prophylactic ankle brace
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P4.7 – Other equipment (as appropriate)
ATHP 1310 ATHP 1170	ATHP 1170 ATHP 4190	P5 - Select, fabricate, and apply appropriate preventive taping and wrapping procedures, splints, braces, and other special protective devices. Procedures and devices should be consistent with sound anatomical and biomechanical principles.
XXXXXX	ATHP 1170 ATHP 2170 ATHP 4190 ATHP 4390	CP2 - Select, apply, evaluate, and modify appropriate standard protective equipment and other custom devices for the patient in order to prevent and/or minimize the risk of injury to the head, torso, spine and extremities for safe participation in sport and/or physical activity. Effective lines of communication shall be established to elicit and convey information about the patient's situation and the importance of protective devices to prevent and/or minimize injury.

ORTHOPEDIC CLINICAL EXAMINATION AND DIAGNOSIS

Course(s) Taught	Course(s) Evaluated	
ATHP 1310 ATHP 1170	ATHP 1170	C16 - Explain medical terminology and abbreviations necessary to communicate with physicians and other health professionals.
ATHP 1310 ATHP 1170 ATHP 2310	ATHP 1170 ATHP 2310	C17 - Describe the components of medical documentation (e.g. SOAP, HIPS, and HOPS).



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ACUTE CARE OF INJURIES AND ILLNESSES

Course(s) Taught	Course(s) Evaluated	
ATHP 2301	ATHP 2301 ATHP 1170	C2 - Describe the availability, content, purpose, and maintenance of contemporary first aid and emergency care equipment.
ATHP 2301	ATHP 2301 ATHP 1170	C3 - Determine what emergency care supplies and equipment are necessary for circumstances in which the athletic trainer is the responsible first responder.
ATHP 1310 ATHP 2301	ATHP 2301 ATHP 1170 ATHP 2170	C31 - Describe the proper immobilization techniques and select appropriate splinting material to stabilize the injured joint or limb and maintain distal circulation.
ATHP 1310 ATHP 2301	ATHP 2301 ATHP 1170 ATHP 2170	C32 - Describe the proper ambulatory aid and technique for the injury and patient.
XXXXXX	XXXXXX	P3 - Implement appropriate emergency treatment strategies, including but not limited to:
ATHP 1310 ATHP 2301	ATHP 2301 ATHP 1170 ATHP 2170	P3.1 - Activate an emergency action plan

CONDITIONING AND REHABILITATIVE EXERCISE

Course(s) Taught	Course(s) Evaluated	
ATHP 1310 ATHP 3330	ATHP 1170 ATHP 3330 ATHP 4190	C8 - Explain the effectiveness of taping, wrapping, bracing, and other supportive/protective methods for facilitation of safe progression to advanced therapeutic exercises and functional activities.

NUTRITIONAL ASPECTS OF INJURIES AND ILLNESSES

Course(s) Taught	Course(s) Evaluated	
PEHP 4333 ATHP 1170	PEHP 4333 ATHP 1170	C18 - Describe the principles and methods of body composition assessment (e.g., skinfold caliper, bioelectric impedance, body mass index [BMI]) to assess a patient's health status and to monitor progress in a weight loss or weight gain program for patients of all ages and in a variety of settings.

HEALTH CARE ADMINISTRATION

Course(s) Taught	Course(s) Evaluated	
ATHP 1310 ATHP 1170 ATHP 3340	ATHP 1170 ATHP 3340	C2 - Identify components of a medical record (e.g., emergency information, treatment documentation, epidemiology, release of medical information, etc.), common medical record-keeping techniques and strategies, and strengths and weaknesses of each approach and the associated implications of privacy statutes (Health Insurance Portability and Accountability Act [HIPAA] and Federal Educational Rights Privacy Act [FERPA]).
ATHP 2315 ATHP 2320	ATHP 2315 ATHP 2320	P5 - Use appropriate terminology and medical documentation to record injuries and illnesses (e.g., history and examination findings,



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ATHP 1170		progress notes, and others).
ATHP 3340 ATHP 1170	ATHP 3340	P7 - Use a comprehensive patient-file management system that incorporates both paper and electronic media for purposes of insurance records, billing, and risk management.

UPDATED 12/16/2008